

靈氣

JUST FOR TODAY

Our Monthly News from Reiki Tradition School of Reiki
Healing & Training Centre

REIKI NEWS... more than just a Newsletter

靈氣 傳統

Welcome

We're so happy you're here!

Thank you to all our subscribers, old and new!

Here, you'll get quarterly updates, course info,
announcements and all things Reiki

We're thrilled to have you!

IN THIS ISSUE



Development Days



Best Price Policy



Balens Insurance



Integrated Health



Statutory Settings

Plus all things Reiki

ACCREDITED, CERTIFIED & VERIFIED BY



Welcome to *JUST FOR TODAY*

Issue No. 6

靈氣

Contents

Content.....	2
Forward.....	3
Your Teacher.....	4
Development Days.....	5
Best Price Policy.....	6
Balens Insurance.....	7
Integrated Healthcare.....	8
Statutory Settings.....	13
CNHC Membership.....	15
Competition Time.....	16
Therapy Rooms.....	17
Congratulations.....	18
Membership.....	19
Back Cover.....	22

Who we are and what we do.....

We are a **Healing and Training Centre and School of Reiki** based in the picturesque village of Springhead, Oldham in Lancashire....

where you become a Happier Healthier You

You can see why students attend our courses from all over the UK

Rest assured, when selecting **Reiki Tradition School of Reiki** as your Reiki Training Provider, you will be receiving the very best training within the Reiki Industry.



Martin Robert Thirlwell
10th Generation Reiki Master

Martin holds **AET Level 3 Award in Teaching and Education**; the highest standard.

Our teaching is **fully inclusive**, meaning we can also teach **disabled children** and **adults with special needs**.

Martin also holds an **Accredited Distinction in Regression and Psychoanalysis**.

Reiki Tradition

靈氣 伝統 School of Reiki 靈氣 伝統

ACCREDITED, CERTIFIED & VERIFIED BY

FHT
CNHC
Complementary & Natural Healthcare Council
professional standards authority
accredited register
Reiki Council

CONTACT US

176 Oldham Road
Springhead
Saddleworth
Oldham
OL4 5SJ

Email: info@reikitradiation.me.uk

Office: 0161 627 5413

Mobile: 07966 149 365

Web: www.reikitradiation.me.uk



I'LL TAKE
YOU DIRECT TO
THE WEBSITE

FOLLOW US

You can find out more about Reiki Tradition and see what we've been up to via our social media pages:



www.facebook.com/reikitradiation



www.instagram.com/reikitradiation/



www.youtube.com/reikitradiationschoolofreiki

Foreword.....

MARTIN R THIRLWELL
MFHT, MCHP, CNHC REGISTERED
OWNER REIKI TRADITION



靈氣 傳統

Hi Everyone,

And welcome to this No 6 edition, of our Newsletter 'Just for Today' Reiki-News it's more than just a Newsletter.

As we step into a brand-new year, I want to take a moment to wish you clarity, momentum, and meaningful progress in everything you're building. A new year isn't just a date on the calendar — it's a reset, a chance to refine what matters, let go of what doesn't, and move forward with purpose.

May the months ahead bring you opportunities that feel aligned, challenges that strengthen you, and successes that reflect the effort you've invested. Growth rarely happens all at once; it shows up in the small decisions, the steady habits, and the courage to keep going even when the path isn't perfect. I hope this year rewards your consistency and opens doors you didn't even know were waiting for you.

Here's to fresh starts, renewed energy, and the confidence to shape the year on your terms. Wishing you a bright, steady, and successful New Year filled with progress you can feel and moments worth celebrating.

Martin x

Namaste

Welcome.....

MR MARTIN R THIRLWELL
EDITOR



When you teach from the *Heart*
You reach the *Soul* of the Student

YOUR TEACHER

Teacher Insights

Martin Robert Thirlwell

10th Generation Reiki Master

EXPERIENCE

- 40 years' experience in Reiki; solely in the traditional Usui Shiki Ryoho System of Natural Healing, (no other therapies taught)
- Speaker/Lecturer in Reiki supporting the Federation of Holistic Therapist (FHT)
- Co-ordinator for the FHT Manchester North Local Support Group
- Works with AGE UK Manchester Dementia clients providing Reiki
- Works supporting Oldham NHS Amputee Day Care Unit with Reiki
- Works supporting Reiki at all local Hospitals and Hospices in Oldham and surrounding areas, and training all current Reiki Practitioners to an Accredited Level to the Core Curriculum
- Works with Jane Tomlinson-Wightman, Safe Active Birth in Kendal. Teaching midwives to an Accredited Level to the Core Curriculum to allow them to work with Reiki in an NHS environment
- Works with PossAbilities in Heywood. PossAbilities are a social enterprise organisation that supports vulnerable people so that they can live the life they choose



QUALIFICATIONS

- FHT Accredited Reiki Level 1, 2 and 3 (Master Teacher)
- 10th Generation Reiki Master (Usui Shiki Ryoho System of Natural Healing)
- FHT Full Professional Member
- CNHC Accredited Registered
- CHP Full Member
- AET Level 3 in Teaching and Education (the highest standard); this also allows teaching disabled children and adults with special needs
- Accredited Distinction in Regression and Psychoanalysis

Development Days

Further Education



At Reiki Tradition School of Reiki we offer 5 Development Further Education Teaching Days. These are form part of the Core Curriculum (CC) and National Occupational Standards (NOS)

Lets take a look what our Development days are



The CC and NOS indicate and states for Accreditation students must undergo 65 hours of training. Within these 65 hours incorporates 5 Further Education Development days. Our Development days run for a period of 7 hours each usually on a weekend Sunday 10:00am till 5:00pm. Students can gain Continuous Professional Development Points (CPD) by attending our Development Days 2 points per day can be gained.

Our Development days are designed around our Accredited Qualification Reiki Students. these days are limited to 6 attendees only. Accredited students these days are compulsory for your Accreditation and Hours they are also free to attend for Accredited Students.

Not a Accredited Student, Don't worry we will not turn you away. Although priority places have to go to Accredited Students and places remaining on any development day can be filled by Non-Accredited Students. Non-Accredited students I apologise but a small door entry fee of £20 will be applied.

Our Development days can include

- **Working with the Energy System**
- **Byosen & Balanced Healing**
- **Unborn Babies and Mums to be**
- **Working with the Spiritual body and Energy**
- **Working with Spirit**
- **Dementia**
- **Cancer Patients**

If you are interested in attending any of our Development days its better if you contact me to be placed on our waiting list.

Best Price Policy

Affordable Prices



Here at Reiki Tradition School of Reiki, we offer a Best Price Policy. Meaning if you find the same like for like course cheaper we will not only Match it we will beat it.

Reiki, seems to be becoming more the norm with Complementary Therapist, we are seeing Reiki being offered in almost every environment. Sadly what we are currently experiencing are no standards attached to Reiki being Given. Reiki seeks you as a Lightworker and is not a 'fad' or 'something to do'; Reiki is a serious and spiritual commitment and undertaking formal training is a significant step on your spiritual journey.

It's very sad when we see Reiki being offered as a 'add on' Therapy to other therapies like Massage, Meditation etc.

As part of our 'Best Price Policy' we also offer our FREE 0% Payment plans for students to easily afford our course cost, where the Student selects their own Monthly cost and repayable duration from 2 to 12 months.



Balens Insurance

Affordable Discounted Insurance

BALENS 75 CELEBRATING
YEARS

Reiki Tradition School of Reiki have now teamed up with the industries leading Complementary Therapies Insurance Company Balens. We now offer superb discounted Public Liability and professional Indemnity Insurance to all our Students. Best prices now for all our Students even Accredited Students undergoing Case-Studies, and Professional Animal Insurance specific for Reiki Practitioners working with animals.

Students requiring animal insurance are required to have attended our Reiki Animal Accredited course.

‘The Pawsome World of Reiki for Animals’.

Our Student Insurance Package covers all Accredited Students when you are working with the General Public whilst working with Case-Studies. We also offer full insurance to all 2nd and 3rd degree students. Work professional and keep safe.

For all further information Please contact me

DID YOU KNOW?

**IF YOU REQUIRE
Discounted Public
Liability Insurance**

THEN CONTACT ME NOW



INTEGRATED HEALTHCARE

What this means



More and more Hospitals, Hospices, Care Homes and even Veterinary Surgeries, Animal Shelters and Homes are becoming more aware of the Syllabus Standards for Integrated HealthCare.

Reiki Tradition School of Reiki visit many Hospitals and Hospices speaking regarding the Standards required and awareness when working with Complementary Therapists within Statutory Settings **“Standing up for Standards”**.

I have to emphasise, it’s sad and a reality just how many do not know the Standards required. It’s almost like a ripple effect as one hospice knows the Standards required then others soon follow.

It’s been a difficult few years work, but we are getting there. Soon all Hospitals, Hospices, Care Homes etc will be working to the new Standards.

If you require any materials, posters, handouts etc for your business to explain the CNHC Standards then please let me know. Perhaps you need a inspirational speaker; again please let me know. We are here at Reiki Tradition School of Reiki to work with you.

Reiki Tradition School of Reiki only specialise and work with Reiki, so this is the **only** complementary therapy I can speak about.

Basically Integrated Healthcare require any Reiki Practitioner requiring to work within Statutory Settings to have the following:

BEEN

- Taught to the Core Curriculum

COMPLETED

- 65 hours training
- 175 case studies

REGISTERED

- On the CNHC Accredited Register
- A full member of one of the verification organisations of the CNHC

Reiki Tradition School of Reiki can help and assist any student to become registered with the CNHC.

This is a very difficult task as you just cannot become a member of the CNHC, there is a special route Students need to take, we work with verifying organisations and assist our own students to get this prestigious registration.

Please contact Martin if you require any further information

CORE CURRICULUM

What is it and what does it mean?



Dr Michael Dixon and the Integrated Medicine Alliance meet with the then HRH The Prince of Wales (now King Charles III) at Clarence House

One thing we specialise in at Reiki Tradition School of Reiki is the Core Curriculum. Let's take a look how Integrated Healthcare started.

The Prince's Foundation for Integrated Health was a charity founded by the then Prince Charles, Prince of Wales in 1993 to promote Complementary and Alternative Medicine (CAM). The Prince lobbied for its inclusion in the National Health Service (NHS).

In 1996 the foundation launched the Integrated Medicine Initiative (IMA) to research and develop CAM treatments.

The foundation closed in 2010, and The Integrated Medicine Alliance (IMA) was started February 2019. King Charles III is the Patron for the IMA.

The IMA is a group of organisations that have been brought together for the purpose of encouraging and optimising the best use of complementary therapies alongside conventional healthcare for the benefit of all.

The idea for this group was conceived by Dr Michael Dixon of the College of Medicine in discussion with colleagues associated with the College. The initial meeting to convene the group was held in February 2019.



Reiki Tradition School of Reiki are full members of the IMA and College of Medicine we also work with the FHT with all aspects of Reiki.

Continued over...

What this means



CNHC Membership

As we now know from reading the above section “Core Curriculum” the CNHC was set up by Parliament to produce a set of standards that will protect the general public working within Statutory Settings.

The CNHC also have the Accredited Register.



The Complementary and Natural Healthcare Council (CNHC) is a regulatory body in the United Kingdom which provides a voluntary register of complementary, rather than alternative medicine, therapists. The key purpose of CNHC is to act in the public interest and enable proper public accountability of the complementary therapists that it registers.

The CNHC was founded in 2008 with government funding and support, and became fully operational in early 2009.

In 2013 it was approved as the holder of an 'Accredited Voluntary Register' by the Professional Standards Authority for Health and Social Care (PSA).

In December 2014 it became an 'Accredited Register', for the PSA.

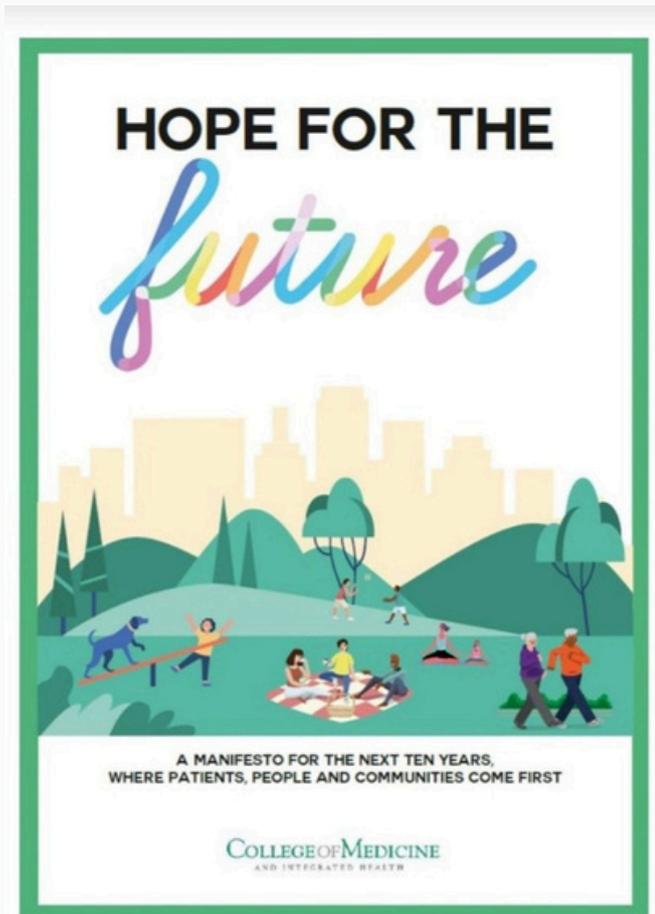
The need for regulation

In November 2000, the House of Lords Select Committee on Science and Technology reported on complementary and alternative medicine and considered the public health policy needs and NHS provision of these treatments.

In one of its many areas of consideration, the report considered the needs to provide public protection by regulating practitioners. It noted that those practices that could injure patients were either already statutorily regulated chiropractic and osteopathy or were soon to be herbalism and acupuncture.

The remaining largely placebo based therapies and those without a sound evidence base for their efficacy and robust regulatory systems e.g. reiki, massage therapy, aromatherapy, yoga and homeopathy, suffered from having a large number of fragmented registration bodies with considerable diversity of standards.

The IMA have a 10 year Manifesto regarding Integrated Healthcare called, 'Hope for the Future'.



The Complementary and Natural Healthcare Council (CNHC) was formed by the UK Government via the IMA to safeguard the general public. The CNHC operate the Accredited Register accountable to parliament for Safeguarding the general public with regards to alternative medicine practitioners.



The CNHC write the Core Curriculum for Reiki. This is something we adhere to at Reiki Tradition School of Reiki for all our Accredited Students.

Reiki Tradition School of Reiki are listed on this Accredited Register and are also listed on the CNHC Website as an Accredited Reiki Training Provider.



It's essential that any Reiki Practitioner requiring to work within Statutory Settings is the norm that all Statutory Settings require and ask for. This comes back to "Safeguarding the General Public", Standing up for Standards.

Below we explain what the Core Curriculum states;

Continued over...

The Core Curriculum states;

65 HOURS OF CLASSROOM BASED TRAINING

Therefore, this means any on-line course is not relevant

Reiki 1 (1st Degree)	15 hours	}	TOTAL = 65 HOURS TRAINING
Reiki 2 (2nd Degree)	15 hours		
Development Day 1	7 hours		
Development Day 2	7 hours		
Development Day 3	7 hours		
Development Day 4	7 hours		
Workshop Day 1	7 hours		

175 ONE HOUR DOCUMENTED CASE STUDIES

100 x One hour SELF-HEALING or RECEIVED TREATMENTS
THIS MUST INCLUDE;

Reiki 1 (1st Degree)	30	}	TOTAL = 175 DOCUMENTED 1 HOUR TREATMENTS
Reiki 2 (2nd Degree)	70		
4 People receive 10 one hour treatments each	40 hours		
35 Other People receive 1 one hour treatment each NB: 5 OF THESE MUST BE OBSERVED	35 hours		

Reiki Tradition School of Reiki are here to help and assist all our students to become Certified and Verified by the CNHC.

To take advantage of this or for more information please contact Martin.

GIVING BACK

Our volunteer work



Reiki Tradition School of Reiki have many alliances with hospitals, hospices and care homes throughout the UK. Here we are able to volunteer Reiki Treatments to sick and very poorly people.

Our feature hospital this issue is **Rochdale Pennine Acute Medical Ward**

It's always a great day attending the acute medical ward. Meeting all the Doctors, Nurses and Staff.

We were initially asked to attend by Deborah Stott a student of Reiki Tradition School of Reiki who is an active nurse at NHS Oldham Hospital and Hannah lead nurse at NHS Rochdale Pennine Acute Ward.

The day usually starts by taking over an empty ward.

We re-arrange the beds away from the wall taking off the head and bottom boards to allow us access all around.

Symbols are drawn into all corners, beds and crystals. Soft low volume music is played and the ambiance is set.



Empty Ward at NHS Pennine Accute Ward prior to moving beds away from wall



Beds are moved away from wall and head / foot boards removed for easy access.

Here you can also see Sharon drawing Reiki Symbols in corners of the room

Hannah, lead nurse, does a superb job with a list of everyone ready to receive a Reiki Treatment.

Usually we do three treatments at a time for 20 minutes each.

We invite anyone to come join us, this gives the practitioner, confidence and knowledge and more understanding working within Statutory Settings, meeting new people and a chance to network.

We usually visit Rochdale Pennine Acute Medical Ward each quarter.



Sharon drawing Reiki Symbols on the bed prior to treatments commencing

To join us or if you require any further information please do not hesitate to contact me, I'll only be too pleased to offer my assistance.



MEMBERSHIP

Students can register with CNHC via Reiki Tradition School of Reiki



As Reiki is now evolving and becoming more known in mainstream medicine; people are discovering the possibilities and healing results around Reiki, especially within Hospitals, Hospices, Care Homes etc, within Statutory Settings alongside orthodox medicine, the more the standards are rising to work within these specialised Statutory Settings, then the standards 'Protecting the General Public' and protecting Public Health, are also evolving.

After our own research, Reiki Tradition School of Reiki, seem to be the only Accredited Reiki Training Provider specialising in Integrated Healthcare, equipped to work with our students to help them gain the necessary qualifications to work within these specialised settings.

We are seeing more and more so-called Accredited Reiki Training providers offering Accreditation, yet such providers, the Accreditation isn't worth the paper it's written on, everything we come across is fabricated.



I'm continually asked by our own Accreditors, what do I expect of Reiki for the future?, and what I would like to see of Reiki moving forward? I 'Stand up for Standards' and I support 'public health' and I would like to see Reiki governed and all practitioners registered on an Accredited Register which links to the Core Curriculum.

Social Prescribing (which we covered in Issue 2), GP referral system encourages practitioners to be Accredited.

The General Medical Council has now amended its referral guidelines to include Accredited Registers.

GPs like to refer to practitioners on the CNHC Register the main governing council. This Register is approved as an Accredited Register by the Professional Standards Authority for Health and Social Care.

Reiki Tradition School of Reiki, now encourage all our Accredited Students to Register with the CNHC.

This can be a very difficult and challenging experience done alone. However, at Reiki Tradition School of Reiki, we make the registration and membership process easy, our Accreditors are looking forward to registering you. The cost is under £150; for further information please contact me.

FURTHER INFORMATION CONTACT MARTIN



07966 149 365



info@reiki-tradition.me.uk

COMPETITION TIME

JUST FOR TODAY PUZZLE

Enter to Win

Enter our competition for your chance to WIN!

First one to email us the correct solution BEFORE Sunday 22nd February 2026 will win a FULL BOX of Nag Champa incense... that's 12 packs in the box worth £15!!



REIKI-RELATED JIGSAW



TO ACCESS

www.reikitradeition.me.uk/monthly-puzzle



CLICK the picture to go straight to the puzzle

Once you've completed the jigsaw.....

SCREENSHOT it and attach the photo in an email to;

EMAIL YOUR ENTRY TO
info@reikitradeition.me.uk

WINNER WILL BE PUBLISHED IN NEXT ISSUE.... GOOD LUCK FOLKS!!

CLOSING DATE

Sunday
22/02/2026

Please note, Terms and Conditions apply
Entries only open to those subscribed to our Newsletter

ROOM HIRE

Here at The Healing & Training Centre in our beautiful Saddleworth

DID YOU KNOW?



YOU can hire our rooms



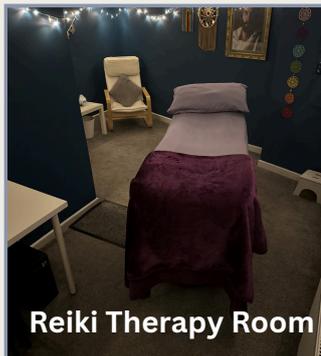
Counselling Room 1



Counselling Room 2



Training Room



Reiki Therapy Room

Rooms available

365 Days a year

24 Hours a day

2 Counselling Rooms

1 Reiki Therapy Room

1 Training Room (max 12 people)

FOR more info call Martin

07966 149 365

NEXT ISSUE: March 2026

SIGN-UP here

CLICK ME

www.reikitradiation.me.uk



SCAN ME



ALL LINKS TAKE YOU DIRECT TO OUR WEBSITE

Congratulations!

We have decided to add this new page Congratulating Students attending our courses.

Reiki Tradition School of Reiki start a new year with our very first Reiki Course of 2026. A joint course of both Accredited and Non-Accredited Students Thank you to all Students attending.



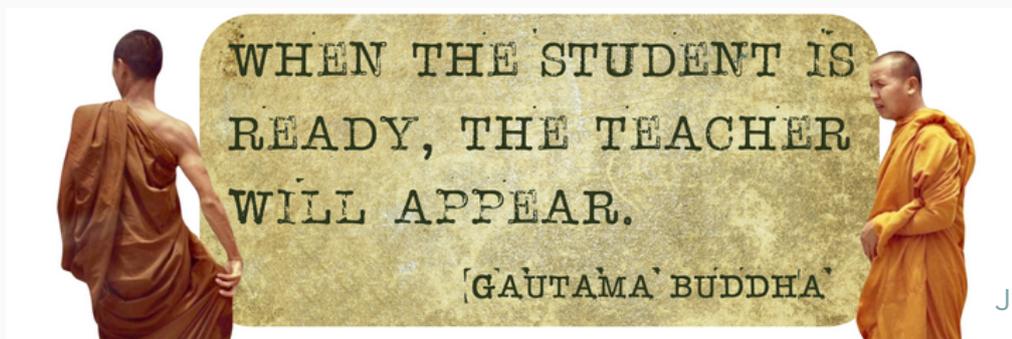
**A HUGE CONGRATULATIONS TO
Amy, Kath, Katie, Rachel, Jackie, Kotryna**

January 10th 11th 2026 completing the Reiki 1st Degree course in the Lineage of the Usui Shiki Ryoho System. A joint course of both Accredited and Non-Accredited Students Attended.



**A MASSIVE CONGRATULATIONS TO
Amy, Kath, Katie, Rachel, Jackie, Kotryna**

**THANK-YOU TO ASSISTANTS
Kerry, Zane, Julie, Shital**



NEW FOR 2026

Membership Packages

Now up and Running on website

NEW



<https://www.reikitradiation.me.uk/become-a-member-join-us>

For further
information or
assistance, please
contact Martin



**MEMBERS
ONLY**



NEXT





20 Great Reasons for becoming a member of Reiki Tradition School of Reiki

- 1, Free Directory Listing on Website
- 2, CPD Courses and events
- 3, Events – including Reiki Shares Reiju-Kai meetings, online Webinars and Annual Conference.
- 4, Member specific area on website, including member resources and the right to use the RTSOR logo
- 5, Constantly up to date with industry best practice.
- 6, Frequent updates through all media channels, including email, website, and social media
- 7, Working with professional organisations to improve Reiki standards
- 8, Discounted prices on our Accredited Courses
- 9, Discounted prices on our Non-Accredited Courses
- 10, Connecting Reiki with Integrated Healthcare

For further information or assistance, please contact Martin





20 Great Reasons for becoming a member of Reiki Tradition School of Reiki

- 11, Animal Reiki accreditation course
- 12, Just for Today magazine and newsletter
- 13, Balens scheme for discounted insurance
- 14, Due Diligence Check enhanced DBS checks
- 15, Federation of Holistic Therapist FHT 10% discount membership scheme
- 16, Lineage tracing service
- 17, Access to our online further development learning management system LMS
- 18, Option to join our Assistant Teaching Group
- 19, Access Exclusive Training Materials
- 20, To be part of one of the UK's Renowned and leading Accredited Reiki Training Providers

For further
information or
assistance, please
contact Martin



THANK YOU

for joining us on issue five of

JUST FOR TODAY

Our Monthly News from Reiki Tradition School of Reiki
REIKI NEWS... more than just a Newsletter

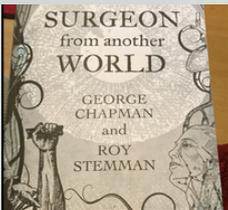
靈氣 伝統

we'd love to see you again

NEXT ISSUE: March 2026

Issue No.7 what's coming up....

Features include



Dr Lang



Prince of Peace



Balanced Healing



CPD Points



Master 3rd degree

Plus much, much more...



SIGN-UP here

ALL LINKS TAKE YOU DIRECT TO OUR WEBSITE



www.reikitradeition.me.uk



SCAN ME

CLICK ME

This newsletter is for you, and we'd love your feedback....
like to see something published?... then please give us a call