

靈氣

JUST FOR TODAY

Our Monthly News from Reiki Tradition School of Reiki
Healing & Training Centre

REIKI NEWS... more than just a Newsletter

靈氣 伝統

Welcome

We're so happy you're here!

Thank you to all our subscribers, old and new!

Here, you'll get quarterly updates, course info,
announcements and all things Reiki

We're thrilled to have you!

IN THIS ISSUE



School of Reiki
LINEAGE TRACING SYSTEM
With Thousands of Masters, covering multiple Reiki Systems, inclusive of both Western and Eastern Detailist over 15 generations.
Reiki Lineage

Upcoming Events

Byosen

Reiju

Gokai

Plus all things Reiki

ACCREDITED, CERTIFIED & VERIFIED BY



Welcome to *JUST FOR TODAY*

Issue No. 8

靈氣

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Who we are and what we do.....

We are a **Healing and Training Centre and School of Reiki** based in the picturesque village of Springhead, Oldham in Lancashire....

where you become a Happier Healthier You

You can see why students attend our courses from all over the UK

Rest assured, when selecting **Reiki Tradition School of Reiki** as your Reiki Training Provider, you will be receiving the very best training within the Reiki Industry.



Martin Robert Thirlwell
10th Generation Reiki Master

Martin holds **AET Level 3 Award in Teaching and Education**; the highest standard.

Our teaching is **fully inclusive**, meaning we can also teach **disabled children** and **adults with special needs**.

Martin also holds an **Accredited Distinction in Regression and Psychoanalysis**.

Reiki Tradition

靈氣 伝統 School of Reiki 靈氣 伝統

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I'LL TAKE
YOU DIRECT TO
THE WEBSITE

FOLLOW US

You can find out more about Reiki Tradition and see what we've been up to via our social media pages:



www.facebook.com/reikitradiation



www.instagram.com/reikitradiation/



www.youtube.com/reikitradiationschoolofreiki

Foreword.....

MARTIN R THIRLWELL
MFHT, MCHP, CNHC REGISTERED
OWNER REIKI TRADITION



靈氣 傳統

Hi Everyone,

The Heart of Reiki: Walking Beside Another's Healing

There is something profoundly human about offering Reiki to another person. It is a moment where two paths meet gently, respectfully, without expectation. In that shared stillness, healing becomes a conversation without words.

Reiki teaches us that we do not need to push, persuade, or diagnose. Instead, we learn to accompany. To sit beside someone's experience with compassion. To hold space with steadiness. To trust that the body and spirit know how to find their way home when given the right conditions.

When we place our hands with intention, we offer more than energy. We offer presence. We offer safety. We offer the reminder that no one is alone in their journey.

Healing through Reiki is not dramatic; it is deeply human. It is the softening of tension that has been held too long. It is the quiet exhale after a day of carrying too much. It is the subtle shift that says, "I am supported. I am seen. I can rest."

As practitioners, we become caretakers of calm. We become witnesses to transformation. We become part of a lineage that values kindness as a form of strength.

Every session is a privilege—an invitation to honour another person's story with humility and grace. And in offering this gentle support, we often discover that our own hearts open a little wider, our own breath deepens, and our own spirit is nourished.

Reiki reminds us that healing is not something we give; it is something we share. A meeting of energies. A meeting of intentions. A meeting of souls.

And in that meeting, something beautiful unfolds.

Namaste

Martin x

Welcome.....

MR MARTIN R THIRLWELL
EDITOR



When you teach from the *Heart*
You reach the *Soul* of the Student

YOUR TEACHER

Teacher Insights

Martin Robert Thirlwell

10th Generation Reiki Master

EXPERIENCE

- 40 years' experience in Reiki; solely in the traditional Usui Shiki Ryoho System of Natural Healing, (no other therapies taught)
- Speaker/Lecturer in Reiki supporting the Federation of Holistic Therapist (FHT)
- Co-ordinator for the FHT Manchester North Local Support Group
- Works with AGE UK Manchester Dementia clients providing Reiki
- Works supporting Oldham NHS Amputee Day Care Unit with Reiki
- Works supporting Reiki at all local Hospitals and Hospices in Oldham and surrounding areas, and training all current Reiki Practitioners to an Accredited Level to the Core Curriculum
- Works with Jane Tomlinson-Wightman, Safe Active Birth in Kendal. Teaching midwives to an Accredited Level to the Core Curriculum to allow them to work with Reiki in an NHS environment
- Works with PossAbilities in Heywood. PossAbilities are a social enterprise organisation that supports vulnerable people so that they can live the life they choose



QUALIFICATIONS

- FHT Accredited Reiki Level 1, 2 and 3 (Master Teacher)
- 10th Generation Reiki Master (Usui Shiki Ryoho System of Natural Healing)
- FHT Full Professional Member
- CNHC Accredited Registered
- CHP Full Member
- AET Level 3 in Teaching and Education (the highest standard); this also allows teaching disabled children and adults with special needs
- Accredited Distinction in Regression and Psychoanalysis

LINEAGE TRACING SYSTEM

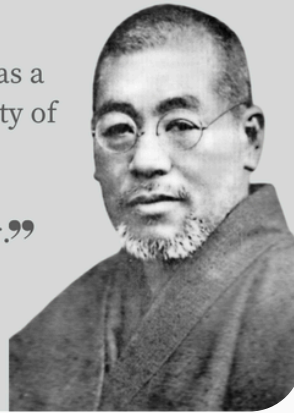
Brought to you by Reiki Tradition, School of Reiki



“ The seeker of knowledge also has a responsibility to respect the purity of the lineage,

There is no weakened Master.”

靈氣 伝統



Reiki Tradition
School of Reiki

LINEAGE TRACING SYSTEM

With Thousands of Masters, covering multiple Reiki Systems, inclusive of both Western and Eastern Detailing over 15 generations.

ADD YOUR REIKI LINEAGE TO OUR DATABASE

Name	Student No	Lineage
	269	Usui Reiki
	276	Usui Reiki
	281	Usui Reiki
	292	Usui Reiki
	295	Usui Reiki
	307	Usui Reiki
	308	Usui Reiki

Follow the link to our website or click above

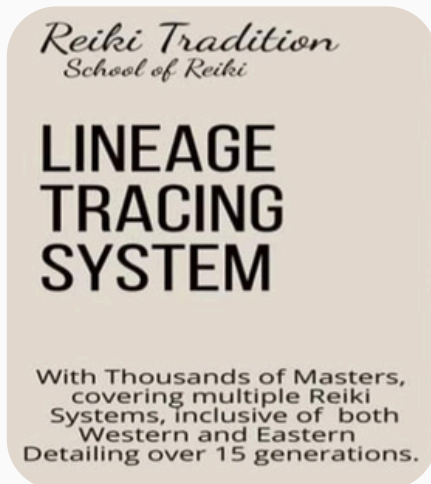
www.reikitradeion.me.uk/lineage



Preservation & Conservation

LINEAGE TRACING SYSTEM

Brought to you by Reiki Tradition, School of Reiki



Feature by



Martin R Thirlwell
10th Generation Reiki Master

Around July 2016 I was inspired to create a Reiki Lineage Tracing System. Reiki Tradition School of Reiki continue the preservation and conservation of Reiki as it's intended in its original Eastern form and entirety.

The idea behind a Reiki Lineage Tracing System is to easily record all Masters in the Usui Shiki Ryoho System.

Once Masters are listed in the system it then becomes easy to search the name and produce a line back to Usui Mikao Sensei 1st Generation.

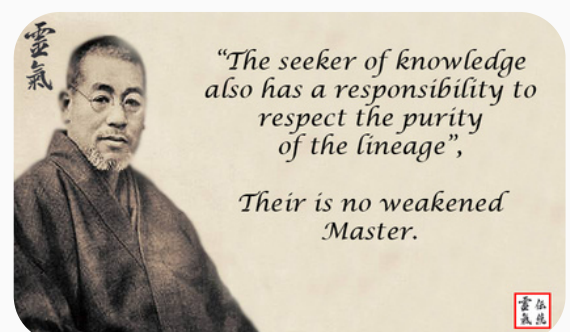
It took almost 6 years to develop the database and test for functionality. The system became live in 2022 and we now have over 10 thousand Master's listed on the system covering 8 specialities over 15 generations from both Western and Eastern.

There are only 2 Companies in the whole of the UK and Ireland offering such a tracing system; The UK Reiki Federation (UKRF) and Reiki Tradition School of Reiki.

The UKRF are specific to their own members with a cost of £25 per search.

Reiki Tradition School of Reiki is a **FREE** service to use, and we are not specific to our own students; our system is for anyone Worldwide.

It is fast becoming any Reiki Practitioner requiring membership to any organisation requires to hold a Reiki Lineage, this lineage should go back to Usui Mikao Sensei 1st Generation.



2022 we saw Northern Ireland creating the start of 15th Generation Reiki Masters.

Reiki Tradition School of Reiki continuation of our Tracing System is to archive the system for public access on a 24/7 basis.

A Reiki Lineage is a (tree) listing all Past Masters; it has to be emphasised, only Master's are listed on a Lineage along with the year they became Master.

To know if your lineage is a viable Usui Reiki lineage under the Core Curriculum (CC) and National Occupational Standards (NOS) some guidelines are given and listed below.

Lineages that follow a Western teaching Strategy and understanding, will always have these master's at the beginning of the lineage:

1st Generation

Mikao Usui Sensei

2nd Generation

Chujiro Hayashi Sensei

3rd Generation

Hawayo Takata Sensei

All lineages from Mrs Hawayo Takata Sensei would include one of the following Masters as 4th Generation.

They were the 22 Masters taught by Hawayo Takata Sensei.

- George Araki
- Dorothy Baba
- Ursula Baylow
- Rick Bockner
- Patricia Ewing
- Barbara Brown
- Fran Brown
- Phyllis Furumoto
- Beth Gray
- John Gray
- Iris Ishikuro
- Harry Kuboi
- Ethel Lombardi
- Barbara McCullough
- Mary McFayden
- Paul Mitchell
- Bethel Phaigh
- Shinobu Saito
- Virginia Samdahl
- Wanja Twan
- Barbara Weber Ray
- Kay Yamashita

If your Reiki Master is in the Hawayo Takata Sensei lineage, and his/her Lineage does not include one of those names listed above, you should ask your Master for verification or contact me for assistance.

Reiki Tradition School of Reiki

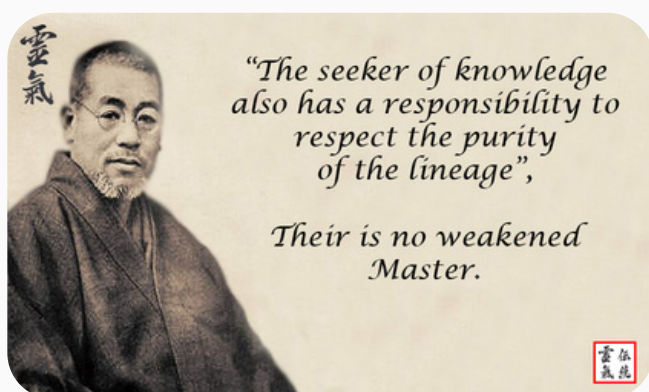
An insight into our Preservation of our Lineage



Preserving Our Reiki Lineage a Living Heritage for Future Generations

Within Reiki Tradition, lineage is far more than a historical record – it is the living thread that connects every student to the origins of Reiki itself. It is our shared heritage, our professional foundation, and the anchor that ensures the integrity of our practice remains strong for generations to come.

At a time when many complementary therapies are modernising, adapting, and sometimes losing sight of their roots, Reiki Tradition has taken a different path: one of stewardship, conservation, and unwavering respect for the teachings passed down to us.



A Lineage Worth Protecting

Every practitioner who trains with Reiki Tradition becomes part of a lineage that stretches back to Mikao Usui. This connection is not symbolic – it is documented, traceable, and preserved with the same care and precision we apply to all aspects of our governance and accreditation work.

Lineage matters because it:

- Ensures the authenticity of the teachings we pass on
- Protects the integrity of the Reiki system
- Provides students with confidence in their training
- Upholds professional standards recognised by governing bodies
- Connects each practitioner to a wider community and history

For many students, seeing their lineage for the first time is a moment of profound realisation: I am part of something bigger, something enduring.



Reiki Tradition School of Reiki

An insight into our Preservation of our Lineage



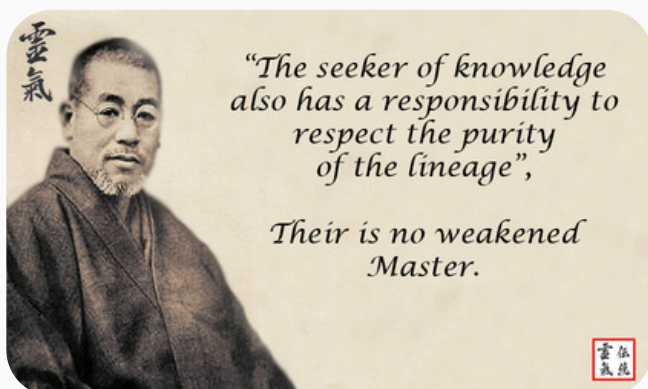
Conservation Through Innovation

In 2015, Reiki Tradition developed one of only two dedicated Reiki lineage-tracing systems in the entire UK – a milestone that positioned the school as a leader in professional Reiki education. This system was created not simply to record names, but to safeguard the authenticity of our lineage for decades to come.

Our lineage system allows us to

- Accurately trace every practitioner's lineage
- Preserve historical records in a secure, structured format
- Maintain transparency for accreditation and verification
- Support students who require lineage confirmation for insurance, membership, or professional progression
- Protect the integrity of the Reiki Tradition teaching family

This work is not static. It is ongoing, evolving, and carefully maintained as part of our wider commitment to governance, safeguarding, and professional standards.



Reiki Tradition School of Reiki

An insight into our Preservation of our Lineage



A Legacy for Future Students

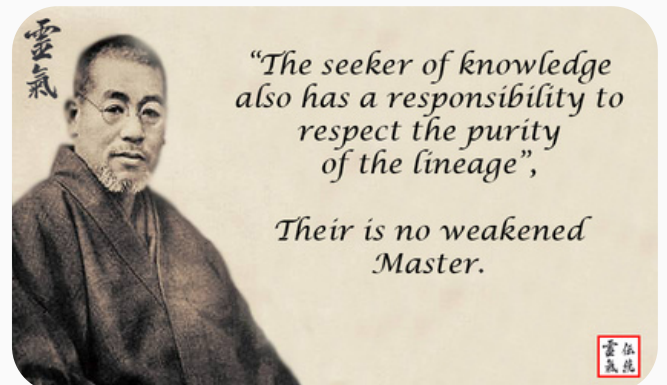
Every new student who joins Reiki Tradition steps into a lineage that has been nurtured, protected, and honoured. Our conservation work ensures that future generations will inherit the same clarity, authenticity, and connection that our current students enjoy.

Lineage is not just a record of the past – it is a gift to the future.

By preserving it with such care, Reiki Tradition continues to “Stand Up for Standards” and uphold the values that define our school: integrity, transparency, professionalism, and respect for the origins of Reiki.

Together, We Keep the Lineage Alive

As our community grows, so too does the living lineage we share. Every attunement, every class, every practitioner who steps forward to learn becomes part of this ongoing story. Reiki Tradition remains committed to protecting that story – for you, for your students, and for all who will walk this path in years to come



There are also some Japanese lineages (e.g. those including either Hiroshi Doi Sensei or Chiyoko Yamaguchi Sensei) available that follow Japanese teachings.

If you are unsure about your lineage or have queries, please don't hesitate to contact me.

If you would like to contribute your lineage to our ever-expanding database, to help and preserve Reiki Lineages for generations to come, please use the Lineage Submission form found below.

<https://www.reikitradeion.org.uk/lineage>

The image shows two overlapping screenshots from the Reiki Tradition website. The left screenshot is the 'Add Lineage Record' form, which includes fields for Masterid (with a 'New' button), First Name, Middle Name, Last Name, Student Number, Description, and 13 generations of names (1st Gen Name to 13th Gen Name). The right screenshot shows a search results table with columns for Name, Student No, and Lineage. The table contains the following data:

Name	Student No	Lineage
me	269	Usui Reiki
	276	Usui Reiki
oft	281	Usui Reiki
	292	Usui Reiki
ts	295	Usui Reiki
	307	Usui Reiki
	308	Usui Reiki

Reiki Tradition
Linage Tracing System

Master List
Linage
Add Record

Todays Date 14/10/2022

Reiki Tradition logo (vertical text) and a red square seal with the characters '靈氣 伝統'.

Reiki Tradition
School of Reiki
Lineage Tracing System

The image shows a screenshot of the search results page. It features a search bar, a 'Search' button, and a table with columns for Id, First Name, Last Name, Student No, and Lineage. The table has 7 rows, with the first row containing data and the rest being empty. Below the table are buttons for 'Open Lineage', 'Bequery', and 'Clear Search'. The page also displays 'Todays Date 14/10/2022' and 'Real Time 19:24:26'. A red square seal with the characters '靈氣 伝統' is visible in the bottom right corner.

Simple & Easy Use

UPCOMING EVENTS 2026



HEAR it here **FIRST**

Awareness & Development



Two Events Yearly
Two dates to choose from
Start 7pm | Finish 9pm



ON THIS EVENT

This event is run over 12 consecutive weeks a full understanding of everything spiritual.

Working with Guides



Two Events Yearly
Two dates to choose from
Start 7pm | Finish 9:15pm



ON THIS EVENT

This event is all about working with Guides and for practitioners to have a better understanding how guides are at our side assisting in every treatment.

Reiju-Kai Meeting



Two Events Yearly
Two dates to choose from
Start 1pm | Finish 4pm



ON THIS EVENT

This is our annual Reiki Share meeting Come along meet like minded people and a chance to network.

Plus Much More



INTERESTED

in any of our upcoming events

CLICK HERE

UPCOMING EVENTS 2026



HEAR it here **FIRST**

Reiki Healing Surgery Treatments



Two Events Yearly
Two dates to choose from
Start 7pm | Finish 9pm



ON THIS EVENT

This event is run over 12 consecutive weeks a full understanding of everything spiritual.

Get Together Evening



Two Events Yearly
Two dates to choose from
Start 7pm | Finish 9:15pm



ON THIS EVENT

This event is all about working with Guides and for practitioners to have a better understanding how guides are at our side assisting in every treatment.

Reiki 1st Degree Courses



Five Events Yearly
Five dates to choose from
Start 10am | Finish 5:45pm



ON THIS EVENT

Accredited and Non-accredited courses available run over 2 consecutive days Saturday and Sunday.

Plus Much More

INTERESTED

in any of our upcoming events

CLICK HERE

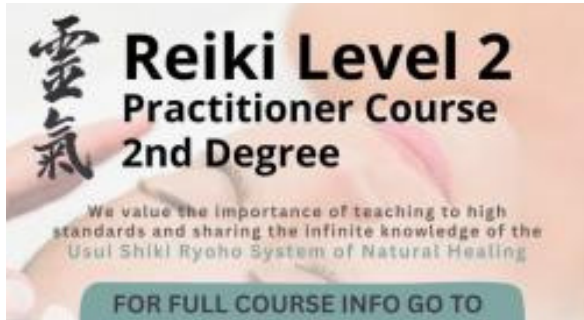


UPCOMING EVENTS 2026



HEAR it here **FIRST**

Reiki 2nd Degree Courses



Five Events Yearly
Five dates to choose from
Start 10am | Finish 5:45pm



ON THIS EVENT

Accredited and Non-accredited courses available run over 2 consecutive days Saturday and Sunday.

Reiki 3rd Degree Master Courses



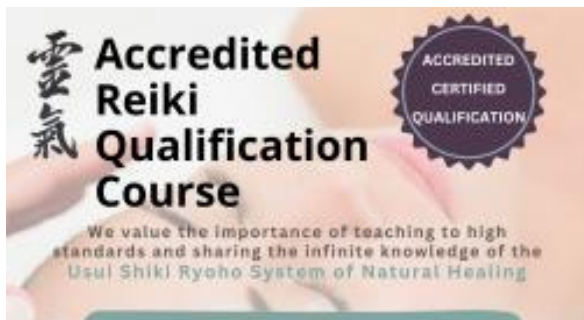
Two Events Yearly
Two dates to choose from
Start 7pm | Finish 9:15pm



ON THIS EVENT

A multiple evening course. 4 consecutive Monday evenings 7pm till 9:15pm. The final week its also run on the Friday / Saturday 7pm till 11:30pm

Reiki 1st Degree Courses



Five Events Yearly
Five dates to choose from
Start 10am | Finish 5:45pm



ON THIS EVENT

Accredited and Non-accredited courses available run over 2 consecutive days Saturday and Sunday.

Plus Much More



INTERESTED

in any of our upcoming events

[CLICK HERE](#)

UPCOMING EVENT 2026

AWARENESS & DEVELOPMENT

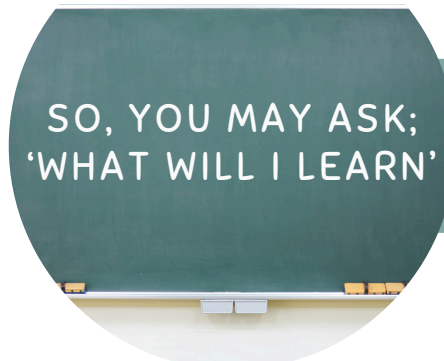
THIS IS A VERY SPECIAL EVENT LIMITED TO 8 ATTENDEES

NEXT AVAILABILITY
HELD OVER 12 CONSECUTIVE EVENINGS

Wednesday 17th June

THEN EACH CONSECUTIVE WEDNESDAY FOR 12 WEEKS

Start 7pm | Finish 9.15pm



Upon completion you will have the
ABILITY, KNOWLEDGE & FULL
UNDERSTANDING OF SPIRIT
Link to Spirit & give basic Readings & Messages

£120
ONLY £10 PER WEEK

All our Reiki Practitioners have a full understanding of Spirit & Guides
this event will definitely help in your work, either working on humans or Animals

EVENT INSIGHT

Our current Awareness & Development Group is a small group of 6 students which has been running since 2015.... I can honestly say within a period of only 12 weeks, (only around 26 hours). Students will fully understand the way Spirit communicate you will be able to give and receive basic messages.

Last Friday evening the group will meet Zoe Gregory a personal friend and practitioner of Reiki Tradition School of Reiki. Zoe demonstrated her skills of Physic Writing.

This is a superb evening with lots of student participation. Zoe and myself will guide the Guides to enable the students to pick up the pen and start to write from Spirit vibes and start to write from spirit.

WE HAVE SUPERB RESULTS, SPIRIT ARE ALWAYS EAGER TO SHOW AND DEMONSTRATE THEIR SKILLS



This event is a must for anyone curious or just simply wanting to work with Spirit

**UNDERSTAND
HOW WE &
SPIRIT
COMMUNICATE**



HERE'S WHAT YOU'LL LEARN

Next Page
FOR MORE
INFO

ON THIS EVENT

We start at the very beginning

AWARENESS

We then move on to

DEVELOPMENT

- Become aware of Spirit for the very first time
- Basic signs & communications skills
- Fully understand when Spirit are communicating & how easily to pick-up on this new energy
- How to communicate back
- Understanding presence

- Development continues on from Awareness
- Develop your new found skills of Awareness
- Development takes you into the area & field of Mediumship
- Makes the bond between physical & Spirit stronger

SPIRIT USE A WHOLE RANGE OF ITEMS IN OUR PHYSICAL WORLD TO COMMUNICATE

Here we demonstrate these items to you, you then have the opportunity to have a go yourself

UNDERSTANDING

- Opening Spiritual discussion
- Vibration, Frequency & Energy
- Our conscious mind
- Spirit; how we miss the signs & communication
- Gut feelings, Colours, Pictures or just a sense or feeling
- Auras;
 - Seeing each individual colour of our own & then looking & seeing other's Auras
- Spirit energy within our energy field
- How spirit communicate with us

COMMUNICATING

- Feel & sense for the first time Spirit communication
- We start to build on this communication
- Communication Skills
- We let Spirit give us chosen objects, colours, fabrics etc
- We start linking to other attendees and giving basic messages
- Flower reading

INTRODUCING

- Pendulums
- Tarot Cards
- Crystal Ball
- Physic writing - WITH GUEST SPEAKER
- Physic drawing
- Psychometry
- Transconfiguration

ALL of this and much more including GUEST SPEAKERS



UPCOMING EVENTS



HEAR it here **FIRST**

BEAT YOUR EGO



Two Events Yearly
Wednesday Evening
Start 7pm | Finish 9pm

ON THIS EVENT

Learn how to manage and work with ego, clear your mind of busy random thoughts, working with clear minds is essential when working with spirit and energy

AWARENESS & REGRESSION



Two Events Yearly
Two Consecutive Friday Evenings
Start 7pm | Finish 9pm

ON THIS EVENT

On the first session we learn how to become Aware of Spirit, the second we take you back to a past life you once lived



Reiju-Kai & Top up Attunements

Reiju-Kai REIKI SHARE Meetings

What is it?

Reiju-Kai Reiki Shares are a great opportunity to practice your Reiki, become more confident, meet and network with like-minded people.

Who is it for?

YOU!!..... whether you're a Reiki 1, 2, 3 (Master) or considering attending any of our Reiki Courses come along..... come along have a go, ask as many questions as you like; it's a great experience.

When is it?

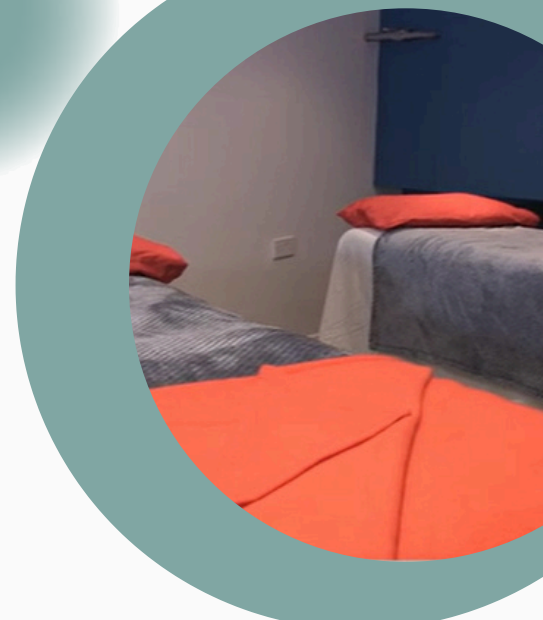
NEXT AVAILABILITY

Start 1pm | Finish 4pm

Sunday 17th May

We look forward to meeting you
Booking is essential via our
events page. Use the link below.

£5



Reiju-Kai & Top up Attunements

TOP-UP ATTUNEMENTS

What is it?

Feeling you are getting run down, tired, lethargic, Need a boost?... then come along for a Top-up Attunement

Who is it for?

Reiki 1, 2, 3 (Master) Reiki Tradition Course attendees

When is it?

NEXT AVAILABILITY

Start 1pm | Finish 4pm

Sunday 17th May

This event is very popular, waiting is guaranteed, please arrive anytime between 1pm and 4pm



£5



Reiki Tradition School of Reiki

The Art of Healing, Byosen & Hibiki



Reiki treatment does not just heal pains or superficial symptoms, it tackles the roots and origin of the sickness, here we explain more...

We preserve the authentic, original teachings of Mikao Usui Sensei.

Our practice is rooted in the belief that healing is a spiritual discipline that begins with the mind and heart, eventually manifesting as profound balance in the physical body.

let me explain and Let's look at the Foundation:

Mikao Usui's Vision is Central to our school and is a practical and systematic method created by the founder himself.

Mikao Usui Sensei did not want his students to guess where to place their hands; he wanted them to have a clear "map" to detect blockages within the physical body. To teach this, he specifically chose and created the term "Byosen".

Let's look at "The Anatomy of Byosen."

The word "Byosen" is composed of two specific Japanese Kanji that define exactly what a practitioner is searching for:

"Byo" (病): Representing "Ill," "Sick," or "Toxic."

and the word "Sen" (腺): Representing a "Lump" or "Gland."

Therefore, Byosen literally means an "Ill or Toxic Lump or Gland."

Usui-Sensei taught that before an illness takes hold, it often gathers as a "toxic accumulation" or a stagnant "lump" of energy, within the body's glands and tissues.

By finding the Byosen, we find the true source of the imbalance.

let me now explain a procedure, "Listening to the Body: we call Hibiki."

We will Emphasise on this subject in Future issues.



Reiki Tradition School of Reiki

The Art of Healing, Byosen & Hibiki



Reiki treatment does not just heal pains or superficial symptoms, it tackles the roots and origin of the sickness, here we explain more...

To locate these "toxic lumps," a student must learn to listen for Hibiki (響き), which translates to "Echo" or "Resonance" If the Byosen is the source of the problem, the Hibiki is the signal it sends out to the practitioner's hands.

Through the Reiki Tradition method, we train students to recognise different levels of Hibiki, which tell us the state of the blockage: as an example,

"Heat" (Netsu):

A "hunger" for energy, often indicating acute inflammation.

"Strong Heat": Signifying a significant buildup of toxins within the "Sen" (gland).

"Tingling or Pulsing":

A sign that the blood or lymph is congested and the blockage is beginning to move.

"Throbbing"

(Vibration):

Deep pressure or stress within the tissue.

"Pain" (Itami):

Felt in the practitioner's hands, this is the strongest signal of a deep-seated, toxic blockage.

Achieving Balanced Healing By identifying the Byosen through the language of Hibiki, we move beyond generic hand positions. We provide Balanced Healing by staying with and within the area until the sensations change,—signaling that the "toxic lump" is being neutralised and the body's natural harmony is being restored.

Through the Reiki Tradition School, we empower you to see with your hands and heal with the clarity that Mikao Usui Sensei intended. We simply move from a simple domestic practice, into a more professional working practice.



We will Emphasise on this subject in Future issues.

REIJU

Universal Enlightenment... the Reiki Attunement



Reiju is original Eastern terminology for Attunement, and simply means **Universal Enlightenment / Empowerment**

The word 'Reiju' has been carefully selected to bring together two Japanese Kanji characters;

'**Rei**' meaning '**Universal**', and '**Ju**' meaning **Enlightenment/Empowerment**

So one who is receiving a Reiki Attunement 'Reiju' is actually receiving Enlightenment/Empowerment; the attunement process also starts the process of making one aware who they actually are: “A Soul Divine Being” in a physical body having a human experience.

The below statement is regarding a question in relation to Attunements, the question was about our 'Crown Chakra' and why it is closed; why it doesn't stay closed forever, and how it is that someone giving an Attunement can open the Crown Chakra. In Western Reiki we relate to the Crown Chakra. But in Eastern Reiki terminology we relate more to “Energy Pipe”. So, throughout this statement, Crown Chakra and Energy Pipe are one and the same thing.

First of all, the wording “open the Crown Chakra” is a misleading description and creates a big misunderstanding in Western Reiki influence and teachings.

To be clear, that we are NOT opening up the crown chakra, nor the energy network! Everyone is born with an energy network and the crown chakra (Energy Pipe) is already open! We are not creating something new where nothing exists by doing an attunement. We are born with our energy network open... let's call it an energy pipe (Eastern Terminology).

Everyone should be able to do Reiki from birth, though, as our life goes on, we create strain on our hearts and bodies, and the (Crown Chakra, Energy Pipe,) starts to be polluted or narrowed. It's just like our blood vessels. Thus, if you don't do anything to maintain it, there will be some difference between maintained and non-maintained energy pipes.

The Attunement (Reiju) is a ritual to let Reiki flow through and clean the energy pipe. Just like pouring a large amount of water through a drainpipe to clean it; by doing so, Reiki starts to flow better.

Reiki flows through our physical body and brings this cleansing effect directly, but also, any anger and worries will be diminished by Reiki which helps to maintain the quality of our soul. This also helps to clean the energy pipe, indirectly. This pipe will not close up completely, although, it can get polluted and narrowed if your heart is in a negative condition, storing anger and worries, physically unhealthy, etc.



If you can use Reiki on a daily basis, the pipe will stay open wider. Thus, I would highly suggest you use Reiki every day to maintain the quality of your “Energy Pipe”.

If you can use Reiki every day, less or more, the energy pipe will maintain itself each time.

It would be a big influence if one would be given a brand-new energy pipe through attunement, (Reiju) after living with absolutely no energy pipe. It would be as shocking as being given an extra finger or making a hole in the middle of your palm; something that would never happen.

If that were the case, perhaps complications like side effects or losing your balance would occur.

However, attunements do not work like that. It is not unusual to hear the comment right after an attunement, “I don’t really feel any difference.” Because there is already an energy pipe and the attunement worked to improve the existing function better, comments like “I didn’t feel anything after attunements” simply confirm the fact that an attunement doesn’t provide something brand-new to our body”.

OUR STANDARDS MATTER



MORE INFO 
on page 39



Congratulations!

Reiki 2nd Degree Students

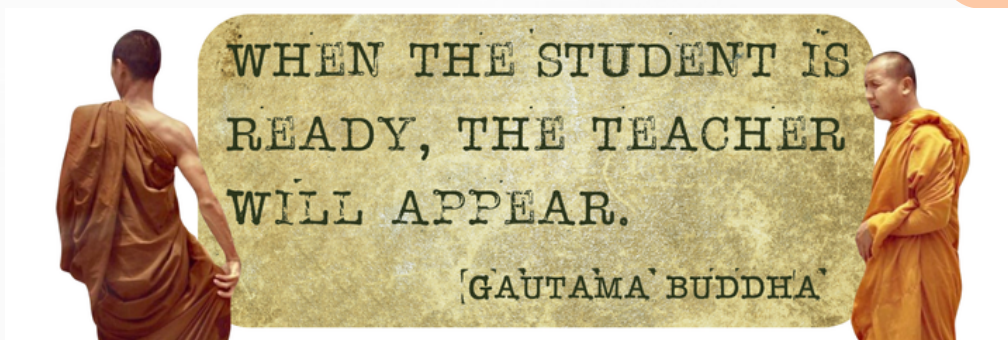


A HUGE CONGRATULATIONS TO Gary, Suzanne, Richard and Lisa

March 14th 15th 2026 completing the Reiki 2nd Degree course in the Lineage of the Usui Shiki Ryoho System. A joint course of both Accredited and Non-Accredited Students Attended.



A MASSIVE CONGRATULATIONS TO Gary, Suzanne, Richard and Lisa



Congratulations To Our Assistant

We couldn't do this without you, thank you



Richard McHugh

Celebrating Richard's Progression Within
Reiki Tradition School of Reiki.

Richard first walked through the doors of Reiki Tradition School of Reiki on 20th September 2025, beginning his Reiki 1st Degree journey. Very soon after joining us, he became part of our Assistants Group, generously offering his time and support to new students embarking on their own Reiki path.

From the very beginning, Richard has shown himself to be passionate, dedicated, and wholeheartedly committed to both his personal development and the wider Reiki community. His willingness to give back has made a meaningful difference to those starting their own journey.

Although Richard was initially able to assist only on our Reiki 1st Degree courses, his enthusiasm for learning has continued to grow. We are delighted to share that he successfully completed his Reiki 2nd Degree course on 14th–15th March 2026.

With this achievement, Richard is now eligible to assist on both 1st and 2nd Degree courses, further strengthening our teaching team and continuing his valued contribution.

Martin x

ROOM HIRE

Here at The Healing & Training Centre in our beautiful Saddleworth

DID YOU KNOW?



YOU can hire our rooms



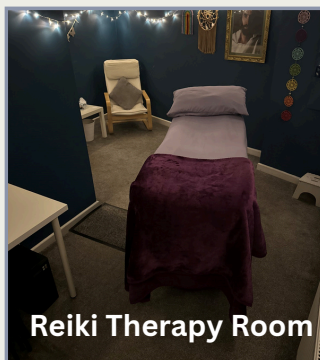
Counselling Room 1



Counselling Room 2



Training Room



Reiki Therapy Room

Rooms available

365 Days a year

24 Hours a day

2 Counselling Rooms

1 Reiki Therapy Room

1 Training Room (max 12 people)

FOR more info call Martin

07966 149 365

NEXT ISSUE: March 2026

SIGN-UP here

CLICK ME

www.reikitradiation.me.uk



SCAN ME



ALL LINKS TAKE YOU DIRECT TO OUR WEBSITE

COMPETITION TIME

JUST FOR TODAY PUZZLE

Enter to Win

Enter our competition for your chance to WIN!

The fastest time wins. get it back to us before Sunday 19th April 2026, a chance to win a FULL BOX of Nag Champa incense... that's 12 packs in the box worth £15!!



REIKI-RELATED JIGSAW



TO ACCESS

www.reikitradiation.me.uk/monthly-puzzle

or CLICK the picture to go straight to the puzzle....you'll still need the PASSKEY below

PASSKEY

Puzzle2026

Once you've completed the jigsaw.....

SCREENSHOT it and attach the photo in an email to;

EMAIL YOUR ENTRY TO
admin@reikitradiation.org.uk

WINNER WILL BE PUBLISHED IN NEXT ISSUE.... GOOD LUCK FOLKS!!

CLOSING DATE

Sunday
19/04/2026

Please note, Terms and Conditions apply
Entries only open to those subscribed to our Newsletter

Our Assistants 2025/26

We couldn't do this without you, thank you

Reiki Master



Alyson



Harjinder



Shital



Lynnette



Piotr



Sharon



Steven



Zane

Reiki Practitioners



Richard



Kerry



Julie

DID YOU KNOW?

IF YOU ASSIST ON ANY OF
OUR COURSES YOU GAIN

2 CPD POINTS FOR EACH COURSE

FOR EXAMPLE
IF YOU ASSIST FOR 2 FULL DAYS YOU GAIN



*Since October 2025
we now operate a new system
this is a new Selective Process.*



CONTINUING
PROFESSIONAL
EDUCATION

New just released 25th March 2026



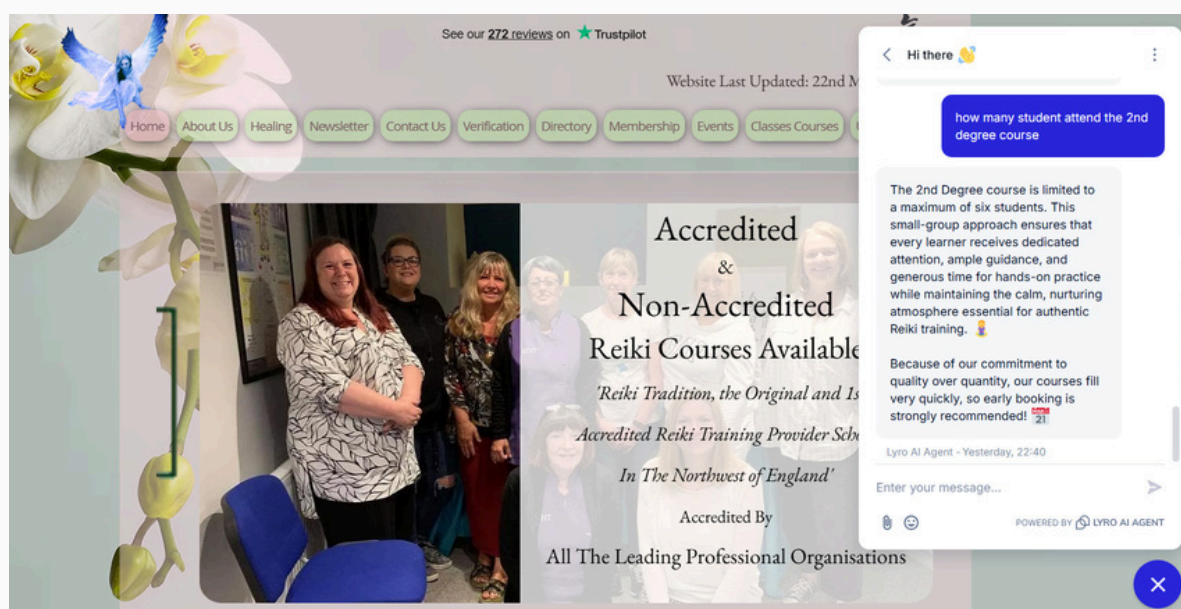
Reiki Tradition School of Reiki: Introducing Our New AI Chatbox – A Smarter Way to Explore Our Accredited School

Our New AI Chatbox Is Here to Help

Reiki Tradition now has a brand-new AI Chatbox available across our whole website, making it easier than ever to find the information you need. Whether you're checking what each Reiki level involves, looking into our accredited training, or exploring Animal Reiki, the Chatbox can guide you straight to the right place without any searching or scrolling.

It understands the full structure of our website and can answer questions about course content, safeguarding and DBS checks, insurance options, lineage, practitioner requirements, and how our accredited pathways work. It's available 24/7, so you can get quick, clear answers whenever it suits you.

The Chatbox is designed to support everyone—new visitors who want to understand what makes Reiki Tradition different, current students who need reminders or guidance, and organisations looking for accredited training information. It doesn't replace our personal teaching or support; it simply makes the website easier to navigate and helps you find what you're looking for with confidence.



THANK YOU

for joining us on issue eight of

JUST FOR TODAY

Our Monthly News from Reiki Tradition School of Reiki
REIKI NEWS... more than just a Newsletter

靈氣 伝統

we'd love to see you again

NEXT ISSUE: May 2026

Issue No.9 what's coming up....

Features include



SIGN-UP here

Signing up to our Newsletter means signing up to a membership package

Plus much, much more...



www.reikitradeition.org.uk



SCAN ME

CLICK ME

This newsletter is for you, and we'd love your feedback...
like to see something published?... then please give us a call