

靈氣

AUTUMN 2024 | ISSUE NO. 3

# JUST FOR TODAY

Our Quarterly News from Reiki Tradition Healing & Training Centre

REIKI NEWS... more than just a Newsletter

靈氣 傳統

# Welcome

we're so happy you're here!

Thank you to all our subscribers, old and new!

Here, you'll get quarterly updates, course info, announcements and all things Reiki

We're thrilled to have you!

## IN THIS ISSUE



Prince of Peace



Giving Back



Trusted Reviews



Reiju



Balanced Healing

Plus all things Reiki .....

ACCREDITED, CERTIFIED & VERIFIED BY



# Welcome to JUST FOR TODAY

Issue No. 3

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### Who we are and what we do.....

We are a Healing and Training Centre and School of Reiki based in the picturesque village of Springhead, Oldham in Lancashire....  
*where you become a Happier Healthier You*

You can see why students attend our courses from all over the UK

Rest assured, when selecting Reiki Tradition School of Reiki as your Reiki Training Provider, you will be receiving the very best training within the Reiki Industry.



Martin holds **AET Level 3 Award in Teaching and Education; the highest standard.**

Our teaching is **fully inclusive**, meaning we can also teach **disabled children and adults with special needs**.

Martin also holds an **Accredited Distinction in Regression and Psychanalysis**.

**Martin Robert Thirlwell**  
10th Generation Reiki Master

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ACCREDITED, CERTIFIED & VERIFIED BY

### CONTACT US

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Springhead  
Saddleworth  
Oldham  
OL4 5SJ

Email: [info@reikitradition.me.uk](mailto:info@reikitradition.me.uk)

Office: 0161 627 5413

Mobile: 07966 149 365

Web: [www.reikitradition.me.uk](http://www.reikitradition.me.uk)



SCAN  
ME

I'LL TAKE  
YOU DIRECT TO  
THE WEBSITE

### FOLLOW US

You can find out more about Reiki Tradition and see what we've been up to via our social media pages:

- [www.facebook.com/reikitradition](http://www.facebook.com/reikitradition)
- [www.instagram.com/reikitradition/](http://www.instagram.com/reikitradition/)
- [www.youtube.com/reikitraditionschoolofreiki](http://www.youtube.com/reikitraditionschoolofreiki)

# Foreword.....

MARTIN R THIRLWELL  
MFHT, MCHP, CNHC REGISTERED  
OWNER REIKI TRADITION



靈氣 傳統

Hi Everyone,

And welcome to this issue of our 'More than a Newsletter'; Just for Today.

Where is time going, I still remember January and mentally saying, only 12 months till Christmas, gosh 12 months later, we are here again in no time.

When we experience time evolving so quickly, then energy around us is also evolving quickly. Most of us don't appreciate energy, vibration, frequency simply because we can't see it nor touch it.

When we can't see any connections to energy, vibration, frequency, we don't appreciate it, things we can't see we simply have no connection; we don't appreciate it, we don't respect it.

But just take a moment for the things you do appreciate and have respect for but you can't see any connection; bluetooth, wireless speakers, Internet, wireless headphones etc. All these items and much more all work without a physical connection we can't see. But you appreciate them because they are part of your working life. It's like you need them to exist.

For Energy, Vibration and Frequency we can't see, we must appreciate it, have respect for it, because it's there always evolving around us. Namaste Martin X

# Welcome.....

ALISA BROOK  
EDITOR



Hello, and thank you for joining us for our 3rd issue

Firstly, apologies we're running a bit late with this edition, we hope to squeeze the Winter issue in before the end of this year and then we will hopefully be back on track with the every quarter publishing.... as Martin mentioned above, the time flies.

Again, Martin has put together a brilliant edition here with incredible reads and insights, I must admit I feel mighty privileged to be the first to read them as the newsletter takes shape in front of me. I can't go on without thanking Alyson from our Assistants' Panel for offering help in proof reading the publication before we 'go live'..... after a while the 'word-blindness' creeps in and I see what I want to see and not what is actually in black and white on the page in front of me; so a BIG heartfelt and sincere thanks to you Alyson.

Martin is desperate to give away a FULL box of Nag Champa in our competition... so after Martin's impressive technical skills, he's managed to make the magic happen; see page 5 on what's changed.



When you teach from the *Heart*  
You reach the *Soul* of the Student

Alisa

What's New!

You heard it here first...

LIVE

# BREAKING NEWS

WOW

SPECIAL  
OFFER

WOW

## FLEXIBLE LEARNING

WHERE YOU LEARN AT YOUR OWN PACE

### REIKI LEVEL 1 & 2

ACCREDITED or NON-ACCREDITED

NEW!

from  
£10  
PER WEEK  
NON-ACCREDITED

COMING  
SOON

COMMENCING  
12 NOVEMBER 2024  
TUESDAY 7PM - 9PM

THEN CONTINUE AT YOUR OWN PACE  
ATTENDING ANY TUESDAY 7PM TO 9PM

FOR FULL COURSE INFO GO TO  
[www.reikitradition.me.uk](http://www.reikitradition.me.uk)

REIKI TRADITION  
School of Reiki

We value the importance of teaching to high standards & sharing the infinite knowledge of the  
Usui Shiki Ryoho System of Natural Healing

Certified &  
Verified by



FHT

CNHC



More info  
on page 10

More  
info  
on page 43

NEW • NEW • NEW • NEW • NEW  
Shop Online at  
Reiki Tradition  
[www.reikitradition.me.uk/students-shop](http://www.reikitradition.me.uk/students-shop)

CLICK HERE

Sage Incense Crystals  
Salt Lamps

CDs Oil

FREE

Freebie  
on page 24

FREE

# ANNOUNCEMENTS



## COMPETITION TIME

JUST FOR TODAY PUZZLE

NO WINNING ENTRIES



THIS MADE US REALLY SAD.....

So sad that we had faces like this



....well almost, maybe a few years older



WE HAD A THINK... we asked around....

and 'by Jove, I think we got it!!!!

YAY!

THE PUZZLE NEEDED TO BE ONLINE  
easy to access, easy to complete, easy to submit



Full details on Page 44

## Welcome

Please join us in welcoming four students to our Assistants' Group. We could not do this without your help and assistance, we appreciate all you do, your dedication and commitment. Thank you



Zane

Zane first came through our doors at Reiki Tradition School of Reiki in February 2019 to attend her 1st Degree, 2 years later in June 2021 Zane attended her 2nd Degree. Just recently in June 2024, Zane attended her 3rd Degree Master/Teacher Course. Zane is the only student of Reiki Tradition School of Reiki who has 2 Reiki Babies.



Angela

It's always lovely and beautiful to see such passionate and dedicated students. Angela again is a relatively new student to Reiki Tradition School of Reiki. Angela attend her 1st degree in February 2024, six months later Angela attended her 2nd degree in September 2024.



Julie

Julie is a relatively new student to Reiki Tradition School of Reiki. Julie is currently undergoing her Accredited Qualification in Reiki completing her 1st degree level in February 2024. Julie also completed her 2nd degree level in May 2024. Julie had already completed her 1st & 2nd degree levels with another training provider, but after she knew the course wasn't taught to standards. This is when Julie decided to be Accredited to then use Reiki in her work.



Jackie

Jackie recently came through our doors to attend her Reiki 1st degree in September 2023. Some 7 months later Jackie attended her Reiki 2nd degree in May 2024. Jackie is passionate and dedicated to learning Reiki and to passing on the infinite knowledge to others. Jackie is due to attend her Reiki 3rd Degree Masters/Teachers qualification starting June 2025.

# Congratulations!

The start of November 2024 saw 3 new Masters completing the Reiki 3rd Degree Master/Teacher course in the lineage of the Usui Shiki Ryoho System.

Many Congratulations go to Piotr, Jodi and Anne.



PICTURED : Piotr, Jodi, Martin, Anne and Sharon

## STUDENT EXPERIENCE

### What's your story?



THIS PUBLICATION IS ALL  
**ABOUT**  
— *you* —

We'd love to hear from any of our amazing students if you have a personal story you'd like to share in the Newsletter.

Maybe a special treatment where you experienced something magical or an overpowering treatment you gave or received.

Please email Martin at [info@reikitradition.me.uk](mailto:info@reikitradition.me.uk)

# DID YOU KNOW?

what<sup>else</sup> we do

靈氣 Reiki Tradition PRINTING SERVICE

Reiki Level 1, 2 & 3  
Manual Printing

PROVIDED PRINTED & DELIVERED TO YOUR DOOR

CONTACT MARTIN ON 07966 149 365  
OR EMAIL [INFO@REIKITRADITION.ME.UK](mailto:INFO@REIKITRADITION.ME.UK)

- SIX DUPLEX LASER PRINTERS
- USUI LINEAGE
- QUICK TURN-AROUND
- WORLD-WIDE DELIVERY
- NO M.O.Q
- BRANDING AVAILABLE

ROOM HIRE AVAILABLE

FOR  
HIRE

THE HEALING ROOMS  
176 Oldham Road, Springhead, Saddleworth, Oldham, OL4 5SJ



Reiki Therapy Room



Training Room



Counselling Room 1



Counselling Room 2



24 HOURS PER DAY

7 DAYS PER WEEK

365 DAYS PER YEAR

FOR more info call Martin

07966 149 365

# YOUR TEACHER

Teacher Insights

## Martin Robert Thirlwell 10th Generation Reiki Master

### EXPERIENCE

- 40 years' experience in Reiki; solely in the traditional Usui Shiki Ryoho System of Natural Healing, (no other therapies taught)
- Speaker/Lecturer in Reiki supporting the Federation of Holistic Therapist (FHT)
- Co-ordinator for the FHT Manchester North Local Support Group
- Works with AGE UK Manchester Dementia clients providing Reiki
- Works supporting Oldham NHS Amputee Day Care Unit with Reiki
- Works supporting Reiki at all local Hospitals and Hospices in Oldham and surrounding areas, and training all current Reiki Practitioners to an Accredited Level to the Core Curriculum
- Works with Jane Tomlinson-Wightman, Safe Active Birth in Kendal. Teaching midwives to an Accredited Level to the Core Curriculum to allow them to work with Reiki in an NHS environment
- Works with PossAbilities in Heywood. PossAbilities are a social enterprise organisation that supports vulnerable people so that they can live the life they choose



### QUALIFICATIONS

- FHT Accredited Reiki Level 1, 2 and 3 (Master Teacher)
- 10th Generation Reiki Master (Usui Shiki Ryoho System of Natural Healing)
- FHT Full Professional Member
- CNHC Accredited Registered
- CHP Full Member
- AET Level 3 in Teaching and Education (the highest standard); this also allows teaching disabled children and adults with special needs
- Accredited Distinction in Regression and Psychoanalysis

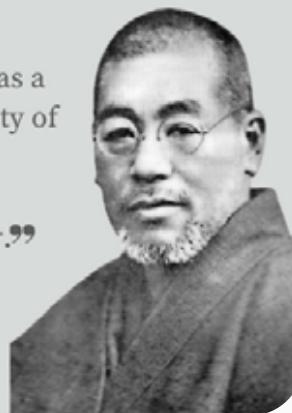
# LINEAGE TRACING SYSTEM

Brought to you by Reiki Tradition, School of Reiki

“ The seeker of knowledge also has a responsibility to respect the purity of the lineage,

There is no weakened Master.”

靈氣 伝統

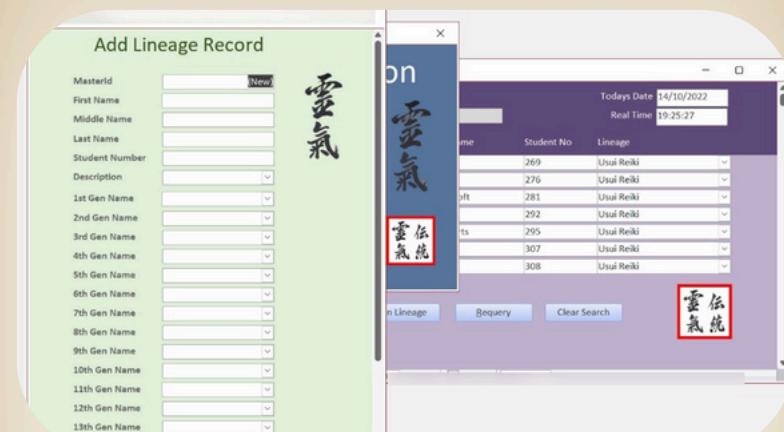


Reiki Tradition  
School of Reiki

## LINEAGE TRACING SYSTEM

With Thousands of Masters, covering multiple Reiki Systems, inclusive of both Western and Eastern. Detailing over 15 generations.

ADD YOUR REIKI LINEAGE  
TO OUR DATABASE



Follow the link to our website or click above

[www.reikitradition.me.uk/lineage](http://www.reikitradition.me.uk/lineage)



SEE ISSUE 2 OF 'JUST FOR TODAY'  
FOR FULL ARTICLE

# FLEXIBLE LEARNING

WHERE YOU LEARN AT YOUR OWN PACE

## REIKI LEVEL 1 & 2

ACCREDITED or NON-ACCREDITED

ATTENDING EVERY OTHER TUESDAY  
7PM TO 9PM

FOR FULL COURSE INFO GO TO  
[www.reikitradition.me.uk](http://www.reikitradition.me.uk)

 **REIKI TRADITION**  
School of Reiki

We value the importance of teaching to high standards & sharing the infinite knowledge of the  
Usui Shiki Ryoho System of Natural Healing

from  
**£10**  
PER WEEK

NON-ACCREDITED

AVAILABLE  
NOW

NEW

Certified &  
Verified by



**Have you ever wanted to learn Reiki?**

Maybe you have prior commitments like work or even finances and couldn't attend our weekend courses.

Well, here is a unique affordable way for you to become a Reiki Practitioner.... and yes, we offer both **Accredited** and **Non-Accredited** qualifications.

The weekly course is run from our tranquil, beautiful and relaxing Therapy Rooms based in the picturesque village of Springhead, Oldham in Lancashire, from 7pm till 9pm, then every Tuesday evening thereafter at ONLY £10 per class.

Once students qualify, you will be presented with the course certificate and CPD certificate.

You will also be given the opportunity to become members of our own Accreditors.

FURTHER INFORMATION CONTACT MARTIN



07966 149 365



[info@reiki-tradition.me.uk](mailto:info@reiki-tradition.me.uk)

# REIJU

## Universal Enlightenment.... the Reiki Attunement



The word 'Reiju' has been carefully selected to bring together two Japanese Kanji characters;

**'Rei'** meaning '**Universal**', and  
**'Ju'** meaning  
**Enlightenment/Empowerment**

So one who is receiving a Reiki Attunement 'Reiju' is actually receiving Enlightenment/Empowerment; the attunement process also starts the process of making one aware who they actually are: "A Soul Divine Being" in a physical body having a human experience.

The below statement is regarding a question in relation to Attunements, the question was about our 'Crown Chakra' and why it is closed; why it doesn't stay closed forever, and how it is that someone giving an Attunement can open the Crown Chakra. In Western Reiki we relate to the Crown Chakra. But in Eastern Reiki terminology we relate more to "Energy Pipe". So, throughout this statement, Crown Chakra and Energy Pipe are one and the same thing.

**Reiju is original Eastern terminology for Attunement, and simply means Universal Enlightenment / Empowerment**

First of all, the wording "open the Crown Chakra" is a misleading description and creates a big misunderstanding in Western Reiki influence and teachings.

To be clear, that we are NOT opening up the crown chakra, nor the energy network! Everyone is born with an energy network and the crown chakra (Energy Pipe) is already open! We are not creating something new where nothing exists by doing an attunement. We are born with our energy network open... let's call it an energy pipe (Eastern Terminology).

Everyone should be able to do Reiki from birth, though, as our life goes on, we create strain on our hearts and bodies, and the (Crown Chakra, Energy Pipe,) starts to be polluted or narrowed. It's just like our blood vessels. Thus, if you don't do anything to maintain it, there will be some difference between maintained and non-maintained energy pipes.

The Attunement (Reiju) is a ritual to let Reiki flow through and clean the energy pipe. Just like pouring a large amount of water through a drainpipe to clean it; by doing so, Reiki starts to flow better.

Reiki flows through our physical body and brings this cleansing effect directly, but also, any anger and worries will be diminished by Reiki which helps to maintain the quality of our soul. This also helps to clean the energy pipe, indirectly. This pipe will not close up completely, although, it can get polluted and narrowed if your heart is in a negative condition, storing anger and worries, physically unhealthy, etc.



If you can use Reiki on a daily basis, the pipe will stay open wider. Thus, I would highly suggest you use Reiki every day to maintain the quality of your “Energy Pipe”.

If you can use Reiki every day, less or more, the energy pipe will maintain itself each time.

It would be a big influence if one would be given a brand-new energy pipe through attunement, (Reiju) after living with absolutely no energy pipe. It would be as shocking as being given an extra finger or making a hole in the middle of your palm; something that would never happen.

If that were the case, perhaps complications like side effects or losing your balance would occur.

However, attunements do not work like that. It is not unusual to hear the comment right after an attunement, “I don’t really feel any difference.” Because there is already an energy pipe and the attunement worked to improve the existing function better, comments like “I didn’t feel anything after attunements” simply confirm the fact that an attunement doesn’t provide something brand-new to our body”.

## OUR STANDARDS MATTER



**MORE INFO**   
on page 39



DON'T SIT ON YOUR HANDS,  
USE THEM TO HELP OTHERS

# COURSE INFO

Reiki Level 1 (1st Degree)



## Reiki 1st Degree

HELD OVER 2 CONSECUTIVE DAYS

Start 10am | Finish 5.45pm  
45 minute lunch break

11th & 12th January

8th & 9th February

5th & 6th July

9th & 10th August

20th & 21st September

£95

LIKE for LIKE



GUARANTEED



### COURSE HIGHLIGHTS

- Duration time of course 15 hours
- Introduction to and history of Reiki
- 4 Attunements to activate the Reiki energy
- Understanding the Spiritual side of Reiki
- Introduction to the Chakra system
- Reiki Precepts (Gokai)
- Basic anatomy
- How to perform a treatment
- Couch and Chair positions
- Hands-on practice
- Self-healing techniques
- The intent to heal and activating the Reiki energy
- The Hidden Elements
- Further ways to use Reiki

### PREREQUISITES

- None

### COMPLIES TO STANDARDS

- Core Curriculum (CC)
- Qualifications Credit Framework (QCF)
- National Occupational Standards (NOS)
- Code of Conduct set out by the FHT
- The Complementary and Natural Healthcare Council (CNHC)

Further information available on our website

<https://www.reikitradition.me.uk/1st-degree-course>

CLICK ME



# COURSE INFO

Reiki Level 2 (2nd Degree)

## Reiki 2nd Degree

HELD OVER 2 CONSECUTIVE DAYS

Start 10am | Finish 5.45pm

45 minute lunch break

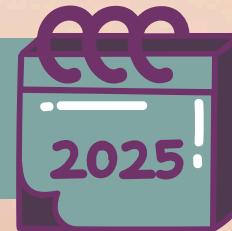
15th & 16th March

10th & 11th May

6th & 9th September

4th & 5th October

8th & 9th November



£200

LIKE for LIKE



GUARANTEED



## COURSE HIGHLIGHTS

- Time duration of course 15 hours
- 4 Attunements
- The passing and memorising of 3 Reiki Symbols
- The technique and practice of Distance Healing
- Learning the Hidden Elements
- Professional Working Standards
- Keeping Records and GDPR
- Working in clinical environments

## PREREQUISITES

- Reiki Level 1 (1st Degree)

## COMPLIES TO STANDARDS

- Core Curriculum (CC)
- Qualifications Credit Framework (QCF)
- National Occupational Standards (NOS)
- Code of Conduct set out by the FHT
- The Complementary and Natural Healthcare Council (CNHC)

Further information available on our website

<https://www.reikitradition.me.uk/2nd-degree-course>

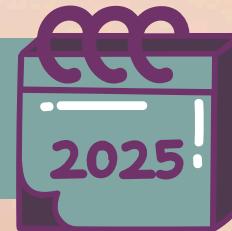
CLICK ME

SCAN  
ME



# COURSE INFO

Reiki Level 3 (3rd Degree) Master



## Reiki 3rd Degree

HELD OVER 6 EVENINGS

Monday

Start 7pm | Finish 9.15pm

2nd June

9th June

16th June

23rd June

Friday

27th June

Start 7pm | Finish 10.15pm

Saturday

Start 7pm | Finish 11.15pm

28th June

Monday

Start 7pm | Finish 9.15pm

6th October

13th October

20th October

27th October

Friday

31st October

Start 7pm | Finish 10.15pm

Saturday

Start 7pm | Finish 11.15pm

1st November

ONLY 2 COURSES PER YEAR  
LIMITED SPACES AVAILABLE

BOOK  
NOW

## COURSE HIGHLIGHTS

- A further 4 Attunements
- The passing of an additional 4th Symbol (Reiki Master)
- The passing of a 5th additional Attunement Symbol
- How to prepare and teach the Reiki Degrees
- How to pass Attunements

## PREREQUISITES

- Reiki Level 1 (1st Degree)
- Reiki Level 2 (2nd Degree)
- Full understanding & ability to draw fluently the Reiki 2nd Degree Symbols
- Full understanding & ability to recite the Usui Shiki Ryoho Reiki history

## COMPLIES TO STANDARDS

- Core Curriculum (CC)
- Qualifications Credit Framework (QCF)
- National Occupational Standards (NOS)
- Code of Conduct set out by the FHT
- The Complementary and Natural Healthcare Council (CNHC)



£380  
LIKE for LIKE



GUARANTEED

Further information available on our website

<https://www.reikitradition.me.uk/3rd-degree-master-course>

CLICK ME

SCAN  
ME



# COURSE INFO

Teach the Teacher

## Teach the Teacher

HELD OVER 2 CONSECUTIVE DAYS

Saturday & Sunday

Start 10am | Finish 5pm

DATES COMING SOON

Do you want to become properly Accredited, Certified and Verified to allow you to Teach Reiki; then this course is for you

PLEASE REGISTER  
YOUR INTEREST  
WITH MARTIN



### COURSE HIGHLIGHTS

- Fully understand the Core Curriculum
- National Occupational Standards
- Help and assist with all relevant paperwork
- Introduction to our own Accreditors
- You will then be Accredited in your own right, allowing you to teach your own students to an Accredited Qualification

### PREREQUISITES

- Reiki Level 1 (1st Degree)
- Reiki Level 2 (2nd Degree)
- Reiki Level 3 (Master/Teacher)

### COMPLIES TO STANDARDS

- Core Curriculum (CC)
- Ofqual Level Descriptor (8)
- Regulated Qualifications Framework (RQF)
- National Occupational Standards (NOS)
- Code of Conduct set out by the FHT
- The Complementary and Natural Healthcare Council (CNHC)
- Reiki Council (RC)
- Complementary Health Professionals (CHP)

YOU HEARD IT HERE FIRST!!  
Further information available on our website very soon

# SWITCHING TO ACCREDITED

## Changed your mind?

NO PROBLEM....

At Reiki Tradition School of Reiki  
we make it so easy for students to switch



No matter what stage the student is currently at we can change you over to Accredited

## PAYMENT PLANS

### How we can help

Here at Reiki Tradition School of Reiki, we like to help and assist potential students to gain the prestigious Reiki Accredited Qualification.

We understand that you may want and even require an Accredited Qualification to allow you to work professionally within Statutory Settings with Reiki, if either you work single-handedly or part of much larger multi-disciplinary teams in voluntary or paid positions within the NHS, Care Homes, Hospices or even veterinary surgeries working with animals.



[www.reikitradition.me.uk/accredited-students-payment-plan](http://www.reikitradition.me.uk/accredited-students-payment-plan)

Once the initial fixed deposit has been paid, we will supply all necessary paperwork to allow you to start with progressing with Case Studies.

0%

For further info on our  
EASY PAYMENT PLAN  
Click me OR Scan me  
I'll take you straight to our website



Students taking advantage of our 0% Easy Payment Plan, certification will be presented once the student has completed all course training hour, submitted all case studies and has paid in full

FOR FURTHER INFORMATION  
ON SWITCHING TO ACCREDITED OR OUR EASY PAYMENT PLAN  
SEE ISSUE 1 (SPRING 2024)  
OR CONTACT MARTIN ON 07966 149 365

# Thank You

FOR ALL YOUR KIND DONATIONS



This year you made a **HUGE** difference to our furry friends at BATTERSEA

We hope 2025 will do the same.... Thank You for donating



YOU'RE TOP DOG

Reiki Tradition

THANK YOU FOR RAISING AN INCREDIBLE  
£635.20

TO HELP BUILD A BETTER WORLD FOR THE DOGS AND  
CATS AT BATTERSEA, AND BEYOND

Battersea Dogs & Cats Home registered charity no. 206264



Reiki Tradition, School of Reiki  
The Three Rivers Project,  
276 Oldham Road  
Salford  
Lancashire  
M24 1SE  
24 September 2024  
Sponsorship Number: 2748899

Dear Reiki Tradition, School of Reiki

On behalf of the dogs and cats helped by Battersea, thank you so much for your kind donation of £635.20 raised by your course The Pawsome World of Reiki for Animals. Please no pass on our heartfelt thanks to everyone involved, we really appreciate your support!

I can assure you that this will make a huge difference here at Battersea and it is no exaggeration to say that it is only thanks to donations from supporters like you that we can be here for every dog and cat, wherever they are, for as long as they need. Battersea

It is only with your support that we can offer our love and expert care to dogs and cats here, as well as by rescue, rehoming and our rehoming at our centres. We share all the knowledge gathered through our work with other rescue organisations in the UK and around the world, we provide training advice, and we campaign for changes in law to improve the lives of animals everywhere.

Through your donation you have really done something special so, from the dogs and cats and all the staff and volunteers at Battersea, thank you so much again. Please feel free to keep in touch, we would love to support any future fundraising you are planning for Battersea. If you would like more information about how you can support dogs and cats, please email us at [doyourownfundraising@battersea.org.uk](mailto:doyourownfundraising@battersea.org.uk).

Very best wishes,

Jessica and Molly  
Battersea Fundraising Team

Please see our privacy policy for details of our privacy policy.



To whom it may concern,

This is to confirm that Reiki Tradition School of Reiki is fundraising for Battersea Dogs & Cats Home. We are delighted to have their support, and our sincere thanks go to everyone that assists them with their fundraising.

If you would like to contact Battersea regarding this collection, please contact us using the details below:

Reference number:  
Battersea Dogs and Cats Home  
4 Battersea Park Road,  
London  
SW8 4AA

[doyourownfundraising@battersea.org.uk](mailto:doyourownfundraising@battersea.org.uk)

Kind regards,

Jessica and Molly  
Do Your Own Fundraising Team

A member of the Association of Dogs and Cats Homes (ADCH) and the Pet Food Industry Federation (PFIF). Registered charity number 206264. © 2024 Battersea Dogs and Cats Home. All rights reserved.



**COURSE**  
info

**LEARN**



# PAWSOME WORLD OF REIKI

FOR ANIMALS



Accredited, Assessed,  
Certified & Verified by



## CPD ACCREDITED COURSE

The Pawsome World of Reiki for Animals

### THE POWER OF REIKI

Reiki helps with a number of things that our animals present to us



**Anxiety, Stress, Pain, Behavioural Issues;** The power of Reiki would help both owner and animal live in a more comfortable and calmer environment together. As a reiki practitioner you would be able to understand your animal's emotions and be able to help soothe those feelings.

'The Pawsome World of Reiki for Animals' is especially for animals and animal lovers and carers; whether that's at home or in a professional environment.

We will **talk and guide** you through Reiki healing and how to help your animal with any ailments present.

We will give you **guidance and knowledge** on reading an animal's body language and talk and demonstrate everything regarding Reiki for Animals.

So, whether you're a pet owner or a professional or wanting to work within the animal world, this course is for everyone to help animals live a **Happier, Healthier, Holistic Life.**

This course gives you the unique opportunity to practise on real animals with real ailments.

NEXT AVAILABILITY  
DATES COMING SOON



## NEXT AVAILABILITY

**Saturday & Sunday**  
**Start 10am | Finish 5pm**



**REGISTER NOW**

Register your interest now with Martin so you don't miss out

This CPD Accredited Course meets the Syllabus Standards of;



The National Occupational Standards (NOS)

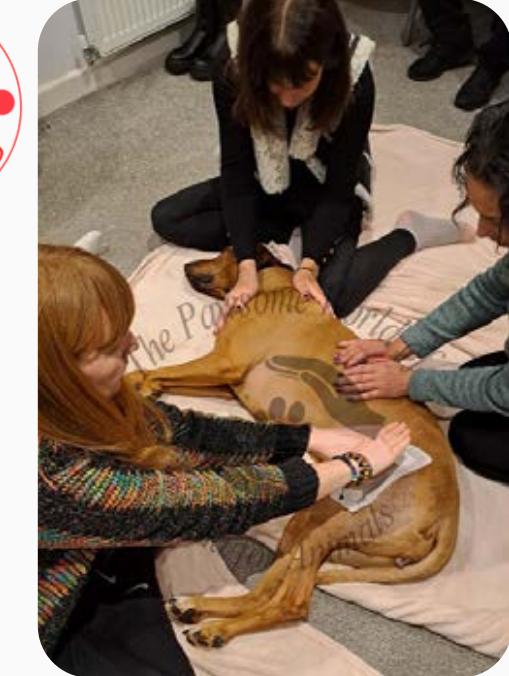
Lanact1 Lanact3  
Lanact2 HA7404



Complementary Health Professionals (CHP) Code of Conduct



Reiki Council  
Reiki for Animals (RC)



Day 2 our students practise what they've learnt on real life Case Study volunteers

**Please use the links below:**

To **ATTEND** this **FREE** Course and gain this **Accredited Qualification**, simply register your interest here:

<https://www.reikitradition.me.uk/register-your-interest-to-attend>

To read all about the Pawsome World of Reiki for Animals, the prerequisites and the course itinerary, please use the link below:

<https://www.reikitradition.me.uk/pawsome-world-of-reiki-for-animals>



This **FREE Course** is very popular, we kindly suggest registering interest ASAP for courses commencing **January 2025**



# UPCOMING EVENTS

## AWARENESS & DEVELOPMENT

THIS IS A VERY SPECIAL EVENT LIMITED TO 8 ATTENDEES



### NEXT AVAILABILITY

HELD OVER 12 CONSECUTIVE EVENINGS

**Friday 7th March 2025**

THEN EACH CONSECUTIVE FRIDAY FOR 12 WEEKS

Start 7pm | Finish 9.15pm

or

**Wednesday 10th September 2025**

THEN EACH CONSECUTIVE WEDNESDAY FOR 12 WEEKS

Start 7pm | Finish 9.15pm



SO, YOU MAY ASK;  
'WHAT WILL I LEARN'

Upon completion you will have the  
ABILITY, KNOWLEDGE & FULL  
UNDERSTANDING OF SPIRIT

Link to Spirit & give basic Readings & Messages

**£120**

ONLY £10 PER WEEK

All our Reiki Practitioners have a full understanding of Spirit & Guides  
this event will definitely help in your work, either working on humans or animals.

### EVENT INSIGHT

Our current Awareness & Development Group is a small of 6 students which has been running since mid February this year.... I can honestly say they're doing terrific within a period of only 6 weeks, (only around 12 hours). Students now fully understand the way Spirit communicate and are able to give and receive basic messages.

Last Friday evening the group met Zoe Gregory a personal friend and practitioner of Reiki Tradition School of Reiki. Zoe demonstrated her skills of Physic Writing.

This is a superb evening with lots of student participation. Zoe and myself will guide the Guides to enable the students to pick up the pen and start to write from Spirit vibes and start to write from spirit.

WE HAVE SUPERB RESULTS, SPIRIT ARE  
ALWAYS EAGER TO SHOW AND DEMONSTRATE  
THEIR SKILLS



This event is  
a must for  
anyone curious  
or just simply  
wanting to work  
with Spirit

UNDERSTAND  
HOW WE &  
SPIRIT  
COMMUNICATE



### HERE'S WHAT YOU'LL LEARN

SCROLL DOWN  
FOR MORE  
INFO

# ON THIS EVENT

We start at the very beginning

## AWARENESS

We then move on to

## DEVELOPMENT

- Become aware of Spirit for the very first time
- Basic signs & communications skills
- Fully understand when Spirit are communicating & how easily to pick-up on this new energy
- How to communicate back
- Understanding presence

- Development continues on from Awareness
- Develop your new-found skills of Awareness
- Development takes you into the area & field of Mediumship
- Makes the bond between physical & Spirit stronger

## SPIRIT USE A WHOLE RANGE OF ITEMS IN OUR PHYSICAL WORLD TO COMMUNICATE

Here we demonstrate these items to you, you then have the opportunity to have a go yourself

### UNDERSTANDING

- Opening Spiritual discussion
- Vibration, Frequency & Energy
- Our conscious mind
- Spirit; how we miss the signs & communication
- Gut feelings, colours, pictures or just a sense or feeling
- Auras;
  - Seeing each individual colour of our own & then looking & seeing other's Auras
- Spirit energy within our energy field
- How spirit communicate with us

### COMMUNICATING

- Feel & sense for the first time Spirit communication
- We start to build on this communication
- Communication Skills
- We let Spirit give us chosen objects, colours, fabrics etc
- We start linking to other attendees and giving basic messages
- Flower reading

### INTRODUCING

- Pendulums
- Tarot Cards
- Crystal Ball
- Psychic writing - WITH GUEST SPEAKER
- Psychic drawing
- Psychometry
- Configuration

ALL of this and much more including GUEST SPEAKER

WE ARE ALL A SOUL DIVINE BEING IN A PHYSICAL BODY HAVING A HUMAN EXPERIENCE

WE ARE DESIGNED TO SPEAK TO SPIRIT

We have just forgotten how, through the burdens of life that have slowly impacted on us from being born

We need to shift the switch back on, open the channels again & communicate

LET'S LIFT THE VEIL THAT SEPARATES OUR TWO WORLDS

# NEW FOR 2025

## ENERGY AWARENESS

### NEXT AVAILABILITY

**Sunday 26th January 2025**

**Start 10am | Finish 4pm**

**£60**

Reiki is more than hand positions, chakras etc.

It's being aware and working with Energy; working and being able to sense and feel the energy of the Client.

Although this is taught on our 1st Degree, students from a very early stage need to know and thoroughly understand how important it is to pick up, feel and work with this energy.

### ON THIS EVENT

- Insight into Byosen
- Insight into Balanced Healing
- Insight into the Spirit Body
- Feeling the Spirit Body
- Insight into energy flow
- Feeling the energy flow



Students are asked to wear short sleeved tops

Audience participation throughout

Students will come away with a full understanding and be able to use this technique on all your Reiki Treatments.

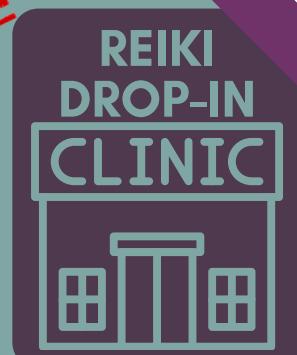
**LIMITED  
SPACES AVAILABLE  
BOOK NOW  
TO AVOID DISAPPOINTMENT**

For further  
information or  
assistance, please  
contact Martin



# NEW FOR 2025

## REIKI DROP-IN CLINIC



NEW

MORE  
INFO



COMING IN  
NEXT ISSUE



ARE YOU A COMPLIMENTARY THERAPIST?

We would love you to come along and join us...

GIVE US a talk and demonstration of your therapy; our members will love it!

INTERESTED?.....PLEASE CONTACT MARTIN ON 07966 149 365



SUPPORTED BY



FHT Local Support Groups provide a vibrant and supportive community for individuals who are passionate about therapies. These groups offer a fantastic opportunity to hear from exceptional speakers about the latest therapies and business ideas, participate in fun outings and social events, enjoy treatment swaps and share best practice with like-minded individuals. Joining a local group can provide a valuable hub for both personal and professional development, as well as helping to build lasting connections with others in the industry.

# UPCOMING EVENTS

HEAR it here FIRST

BEAT YOUR EGO



**Two Events Yearly**  
**Wednesday Evening**  
**Start 7pm | Finish 9pm**

## ON THIS EVENT

Learn how to manage & work with ego, clear your mind of busy random thoughts, working with clear minds is essential when working with spirit & energy



## AWARENESS & REGRESSION



**Two Events Yearly**  
**Two Consecutive Friday Evenings**  
**Start 7pm | Finish 9pm**

## ON THIS EVENT

On the first session we learn how to become Aware of Spirit, the second we take you back to a past life you once lived



## FHT LOCAL SUPPORT GROUP



The purpose behind the LSG is to arrange four meetings a year, when we invite professional speakers to come along talk & also demonstrate their therapy, skill, hobby in fact anything that will be interesting for others to learn from

**Door Entrance Fee:**

**FHT Members\* £8**

**Non-Members £10**

**Students\* £5**

\*please bring membership/student card



**MANCHESTER NORTH**  
**Local Support Group**

**Start 7pm | Finish 9pm**

## ON THESE EVENTS

**WE bring you Expert Speakers** demonstrating an array of therapies all with audience participation. These are great evenings for you to come along to meet like-minded people & a chance to network



## Recent events include:

- Basic First Aid & CPR with *FREE 12 month certificate incl.*
- Sign Language
- Beginners Pendulum Dowsing
- Beginners Reiki
- Yoga
- Crystal Healing
- Reiki for Animals
- Indian Head Massage
- Cupping
- Reflexology



## INTERESTED

in any of our upcoming events

Simply register your interest here and we'll be in touch very soon



Email: [info@reikitradition.me.uk](mailto:info@reikitradition.me.uk)



HAVE A LOCAL  
SUPPORT GROUP  
MEETING ON US!



\*FIRST 6 EMAILS RECEIVED WILL RECEIVE 1 FREE VOUCHER



This voucher entitles you to free attendance\* at our Manchester North Local Support Group. Meetings offer you the opportunity to:

- Hear from expert speakers about the latest therapies and treatments
- Earn CPD points
- Take part in social events, local therapy workshops, fairs and events
- Enjoy treatment swaps and sharing best practice
- Feel a part of a large therapy community and have fun

You don't have to be an FHT member to attend, so feel free to bring a friend!

\*TERMS & CONDITIONS APPLY: 1 EMAIL PER PERSON

**A small door #entry fee is usually required so why not grab a FREE voucher and have one on us!**

**FOR OUR NEXT FHT EVENTS**  
*go to our Facebook page*



FHT Manchester North  
*Local Support Group*



CLICK ANY IMAGE OR TYPE  
[www.facebook.com/fhtmanchesternorth](http://www.facebook.com/fhtmanchesternorth)  
INTO YOUR BROWSER

**#Door Entrance Fee:**  
FHT Members\* £8  
Non-Members £10  
Students\* £5

\*please bring membership/student card

or you can EMAIL  
[info@reikitradition.me.uk](mailto:info@reikitradition.me.uk)

# ADDED VALUE

THE EXTRAS COMPLETELY FREE OF CHARGE WHICH THE ON-LINE COURSES DON'T GIVE YOU

**FREE!**

## REIKI SHARES

### What is it?

Reiki Shares are a great opportunity to practise your Reiki, become more confident, meet and network with like-minded people.



### Who is it for?

YOU!!..... whether you're a Reiki 1, 2, 3 (Master) or considering attending any of our Reiki courses, come along.... come along have a go, ask as many questions as you like; it's a great experience.

### NEXT AVAILABILITY

Start 1pm | Finish 4pm  
Sunday.... DATES TBA



## TOP-UP ATTUNEMENTS

### What is it?

Feeling you are getting run down, tired, lethargic, Need a boost?.... then come along for a Top-up Attunement



### Who is it for?

Reiki 1, 2, 3 Reiki Tradition Course attendees

### NEXT AVAILABILITY

Start 1pm | Finish 4pm  
Sunday.... DATES TBA



## DID YOU KNOW?

**FREE**

USE OF OUR REIKI HEALING ROOM  
FOR REIKI TRADITION STUDENTS CASE STUDIES

FOR more info call Martin  
07966 149 365



24 HOURS PER DAY  
7 DAYS PER WEEK  
365 DAYS PER YEAR



# FEATURED STUDENT

It's our aim each quarter to feature a Selected Student, for their outstanding work, dedication and passion towards Reiki

**Julie Chisholm**



Julie first came through the doors at Reiki Tradition in April 2017 to attend her Reiki 1st Degree course. Some years later in October 2023 Julie completed her Reiki 3rd Degree Master/Teacher Course. Julie has a passion for animals; especially horses, it's always lovely reading Julie's stories and seeing her pictures working with horses

## ***Here's a bit about Julie in her words***

Hello, I'm Julie and Reiki changed my life!

Having completed Reiki level 1 with Martin at Reiki Tradition I then went on over the past 8 years to level 2 and now master/teacher practitioner.

I have my own therapy room, and I love this wonderful healing commodity and what it brings to my life and that of my clients in mind, body and spirit .

This has led me to my true passion and calling ...my love of horses. I have never owned nor had riding lessons but always had an affinity with horses from being a young child.

A friend has 2 horses Bobby and George and has kindly let me do some Reiki healing for them. She was blown away by what she witnessed; her horses standing still with eyes closed, yawning and their heads lowering to the ground in total relaxation!

This to me is pure bliss to feel the energy of these magnificent animals. I now go there regularly, and they come to me across the field when I call them because they know they are having something wonderful done for them.....what a blessing to do this for them.



# REIKI INSIGHT

## Heikin Joka Balanced Cleansing



Reiki treatments boost the cleansing process as it activates the immune system; the body's self-cleansing function, leading to faster and more effective cleansing without side effects. **Actually, this is part of the healing and not a side effect.** Toxins are hidden deep in the muscles and Reiki brings them to the surface to be removed, so it is a necessary process. It is important to tell recipients of your Reiki that these things might happen, and that they are positive signs, so they don't need to worry unnecessarily.

Here is an example; if you have ever suffered from a painful right shoulder and after receiving a Reiki treatment it begins to feel better, you may then feel pain in your left shoulder. It seems the pain has moved from the right to left; but this is not the case. During the natural cleansing process your body accumulates toxins to be ejected from your physical system, as mentioned above, when this process takes place, toxins are not collected in only one area, your body system tries to balance the toxins to help the cleansing process. This is called **Heikin Joka** or balanced cleansing.

Reiki treatment does not just heal pains or superficial symptoms, it tackles the roots and origin of the sickness, here we explain more...



This means that toxins were present on **both** sides of the left and right shoulders. There was simply a little more toxin on the right side; and so the pain in the left shoulder was not so apparent.

Once the pain on the right side has eased, then the pain on the left side is more noticeable.

This occurs in all areas of the body, and it is therefore important to give **Reiki to both sides equally** and to explain to receivers that the process of healing or cleansing will be a gradual one.

In Issue 4 we will explain further about balanced cleansing and **Byosen**.

**Coming in Issue 4**  
**'How Byosen spreads in the body'**

# Touch 瞳氣

The Reiki Association Community Magazine

## Working in Statutory Healthcare Settings with Reiki

by Martin Thirlwell Mfht Mchp CNHC Reg

I was recently honoured to write for The Reiki Association in their Touch Magazine. Here's the full article, any questions as always, please feel free to contact me. *Martin x*

I am a 10th Generation Reiki Master of the Usui Shiki Ryoho and over 40 years' experience working solely with Reiki. In 2015 I was the first accredited Reiki training provider in the Northwest of England, accredited by the Federation of Holistic Therapists (FHT). I work from my lovely, beautiful, relaxing and tranquil 'Therapy Rooms' based in the picturesque village of Springhead, Oldham in Lancashire; 'Where you become a Happier Healthier you'.

I have an alliance working with many hospitals and hospices covering an area from Sheffield to North Wales and as far up as Lancaster, Kendal and Barrow-in-Furness, Cumbria, and working with midwives from Safe Active Birth, an overall area covering more than 450 miles.

I was first introduced to working with a local hospice in 2015. This particular hospice had a day care, wards and also home visits for patients not able to attend the hospice. I was asked to attend the hospice with a view of teaching the management team the standards of the Core Curriculum (CC) and National Occupational Standards (NOS) required for Reiki Practitioners to work in hospice settings. It was also discussed at this meeting how Reiki Practitioners working to such standards can work independently or part of teams. It was then my job to train and teach a number of Reiki practitioners to the standards of the CC and NOS and to then work within the hospice. This had a ripple effect and soon after I noticed other hospices and hospitals were contacting me. Nurses also started attending courses and would then implement this into wellness days offering Reiki treatments to fellow nurses, doctors, ambulance crew and later this expanded to patients.

My work with Reiki sees me specialising professionally with, and not just limited to; cancer and dementia patients, amputees, phantom chronic pain and sciatica patients, unborn babies, mums-to-be, newly born and

bereavement of babies and not forgetting also animals. One subject that is special to our hearts here at Reiki Tradition School of Reiki are, 'Reiki Babies'; parents who cannot conceive naturally, who have undergone fertility without success and who then decide to take the complementary route and start to learn and understand the process of Reiki, can and often become parents to Reiki Babies. As of 2024 Reiki Tradition School of Reiki have helped hundreds of parents conceive Reiki Babies.

When I first discovered Reiki in Goa, India I knew at that early time, over 40 years ago, I would be training/teaching Reiki. I was also inspired at the early stage that my work would include hospital and hospice statutory settings. This inspiration was well before I knew what Reiki actually was and certainly before I ever attended my First Degree course in Reiki. Throughout my training of Reiki, this knowing and feeling to work within healthcare became much stronger.

What I really resonated with was a presentation by our then Prince of Wales; Prince Charles. In February 1996, HRH Prince Charles proposed the Integrated Medicine initiative to encourage orthodox and complementary healthcare to work together within the NHS for the benefit of the British public. For this to happen, complementary therapies were required to be self-regulated and to develop robust systems to ensure high standards of practice and levels of care, to bring them in line with other healthcare professionals who are also expected to hold nationally recognised qualifications.<sup>1</sup> The regulation of complementary therapies is about ensuring the professionalism and minimum standard of training and knowledge of a complementary therapist, and therefore ensuring safety and reassurance for members of the public seeking complementary therapies. General Medical Council (GMC) Guidance confirms that Doctors are able to refer clients to practitioners on accredited registers. One of the main regulators of complementary

therapies in the UK is the Complementary and Natural Healthcare Council (CNHC). In order to be eligible to join a regulator such as the CNHC, Reiki students need to complete Reiki training which meets the standards of the new core curriculum.

The House of Lords Science and Technology Committee report on complementary therapies in 2000 advised that voluntary self-regulation be introduced for complementary therapies. As a result of this, 12 different therapy groups were invited by the then Prince of Wales Foundation of Integrated Health (PWFH), to be involved with the consultation and process towards voluntary self-regulation. This went through a 'Federal Working Group' and culminated in the introduction of the CNHC as one regularity body, although others have subsequently been formed.

We specialise in integrating Reiki with healthcare, teaching and training Reiki students on how to obtain the necessary Reiki qualifications to expand their work in normal public practice to working within professional statutory settings such as NHS hospitals, hospices and care homes. Many practitioners, after attending and completing Reiki Second Degree, want to offer Reiki in healthcare settings, either as volunteers or in paid positions, working single-handedly or part of much larger multidisciplinary teams within hospices and hospitals. Practitioners also feel they want to give more to life changing situations. Many students attending non-accredited Reiki Courses later change to an accredited qualification.

We support students by supplementing the additional training needs such as modules safeguarding the general public, how to fill in client/patient sheets usually known as 'SOAP'

(Subjective, Objective, Assessment Plan), how to work efficiently and safely in areas of life-saving machinery and Health and safety cross contamination.

Reiki practitioners may not be familiar with the standards expected of them to become professional practitioners within healthcare settings, including ongoing development required.

Treating clients with Reiki alongside integrated medical teams requires different skills to those used in individual or self-practice. Reiki practitioners need targeted education and preparation for what can be complex situations.

The prerequisites required to work in statutory settings in the UK are:

- Certification in Usui Reiki II or Master level
  - Reiki Lineage to 1st Generation Usui Mikao Sensei
  - A minimum of two years as a professional Reiki practitioner
  - Anatomy, Physiology and Pathology (ITEC Level 3) \*
  - Professional Reiki course (Reiki Tradition School of Reiki accredited) \*
  - Complementary National Healthcare Council (CNHC) registration \*
- \* Or equivalent if available

The difference between informal, public practice and professional practice is often not well understood, and often practitioners think the standard Reiki qualification after completing a Reiki course is adequate to work within healthcare; this simply is not true. In the UK, the NOS and the CC define what is expected of practitioners and provide a clear pathway from public to professional practice.



The Core Curriculum outlines what the course will help students achieve:

*"Establish levels of practice, learning and professionalism which will educate Reiki students to work as professional practitioners in all settings i.e. private practice, in organisations and care homes including NHS establishments".*

(From Section 1 paragraph (ii), 'Overall Aims of the Course')

I am so pleased that the UK is recognised globally as leading the way, with accredited registers supported and accountable to and by Government.

The CNHC operates the main accredited Register. Practitioners requiring to work within statutory healthcare settings are required to register with the CNHC. All this has been achieved by all Reiki societies, Organisations and federation groups working collectively together.

The NHS is now opening the doors more to include Complementary and Alternative Medicine (CAM). Working in statutory healthcare settings is rewarding for any Reiki practitioner. I have always envisaged working professionally in an NHS Statutory Setting and I believe we should have an accredited register and a governing body for Reiki that oversees all Reiki practitioners registering to work. All Reiki practitioners being checked for correct verification and certified and accredited to the CC & NOS Standards not only protects the public and patients in healthcare settings but also protects and upholds the integrity and tradition of Reiki. ■

1 [www.giancarloserra.org/professional-reiki-practice-and-the-law](http://www.giancarloserra.org/professional-reiki-practice-and-the-law)

2 Reiki-core-curriculum.pdf



1 Zanes Reiki boys

2 Age UK Urmston Dementia Hub ready to start our daily Treatments

3 Safe Active Birth Kendal. Ready to start our days work

4 Midwives of Safe Active Birth Kendal all Reiki Practitioners



OUR FREE LIBRARY IS FOR THE USE OF ANY REIKI TRADITION SCHOOL OF REIKI STUDENT & IS BUILT ON AN ELEMENT OF TRUST THAT ANY ITEM LOANED WILL BE RETURNED

# thanks for your support

My heartfelt thanks for voting for me for the FHT Excellence Award this year. I was nominated for the FHT Local Group Co-Ordinator.... I achieved 'Runner-Up', here's a copy of the certificate which I will cherish. Thanks again guys, it is very much appreciated.

Thank  
you Martin x



Martin R Thirlwell has been the FHT Manchester North Local Support Group Coordinator since 2013.

It's our aim to run 4 meetings per year, each meeting will be on a different topic with a professional inspirational speaker demonstrating new techniques and therapies to you.

All our meetings have lots of audience participation. This is a great unique way to come along meet like-minded people and a chance to network.

You can read all about us on our Facebook page or contact Martin if you require any further assistance.

We look forward to meeting you.

**FHT Manchester North  
Local Support Group**



CLICK ANY IMAGE OR TYPE  
[www.facebook.com/fhtmanchesternorth](https://www.facebook.com/fhtmanchesternorth)  
INTO YOUR BROWSER

**F**



A graphic for 'UPCOMING EVENTS'. It features a megaphone on the left with the text 'UPCOMING EVENTS' inside a white cloud. To the right is the text 'Coming Soon' in a large, white, cursive font. In the bottom right corner is a small calendar icon with the text '2025 DATES COMING SOON'.

# CUSTOMER FEEDBACK YOUR OPINION MATTERS



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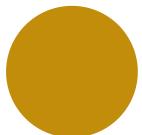
WE VALUE YOUR FEEDBACK, IT MATTERS TO US BECAUSE WE CARE.  
HERE, ARE JUST A FEW COMMENTS

## THE REAL DEAL OF REIKI ...

I did levels 1, 2 and 3rd master degree with this fantastic genuine company. Martin was always going above and beyond for his students and is always available once you have completed your courses if you need to ask him anything. I've known Martin and Reiki Tradition since 2017 and can honestly say it has changed my life for the better. You won't find a more kind genuine knowledgeable Master than Martin Thirlwell I'm proud to say.

Julie Chisholm

*Date of experience: 3rd September 2024*



## MARTIN IS AN AMAZING TEACHER

Martin is an amazing teacher, so caring and compassionate, just a beautiful soul. I cannot recommend him and his assistants enough, they were all amazing. I did my level 2 reiki over the weekend and just know it's gonna be life changing for me . Thank you so much 😊 🙏 🙏

*Date of experience: 17th March 2024*

## REIKI TRADITION : BEST REIKI SCHOOL EVER!

Basically, Martin is the best reiki teacher I have ever met. Very professional, knowledgeable and intelligent. The reiki course gives more than just attunements and the practice of reiki - it gives you a solid foundation to build upon for your reiki career. The teacher only focuses on reiki and that's how you know someone is dedicated to their art. If I could give more than 5 stars I would. The school even offers a full accreditation option for those wanting employment in (for example) the NHS. Thanks for an amazing reiki 2 course Martin and to your lovely assistants. Can't wait to do the level 3!

Lisa

*Date of experience: 11th May 2024*



## AMAZING EXPERIENCE



I did my Reiki level 1 last year at Reiki Tradition and have just completed my level 2. I can honestly say that the whole experience has been life changing. If you are considering embarking on your Reiki Journey (and you absolutely should!) there is only one place to go and I cannot recommend Martin enough. A big shout out to Lynnette, Sharon and Chris who give up their weekends to assist on these courses - purely because they are just really good people. I cannot wait to get going and I am excited to see where this takes me.

*Date of experience: 16 March 2024*

## WONDERFUL WEEKEND LEARNING REIKI 1

Martin was a wonderful teacher, not only knowledgeable but calm, gentle and patient with our many questions! I was so relaxed and comfortable throughout and usually I don't like being inside for so long yet I was just fascinated by the history of Reiki and the healing stories! We went away with a great informative booklet and plenty of printed sheets, 4 CDs as well as crystals, candles, incense. I cannot wait to start self-reiki and looking forward to what it leads to.

*Date of experience: 11 February 2023*



### Reiki Tradition School of Reiki

Reviews 187 • Excellent



4.9 ①

 VERIFIED COMPANY

<https://uk.trustpilot.com/review/www.reikitradition.me.uk>

## Find a company you can trust

Real reviews by real people.

Reiki Tradition School of Reiki



FREE

FOR  
STUDENTS  
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THE THERAPY ROOMS

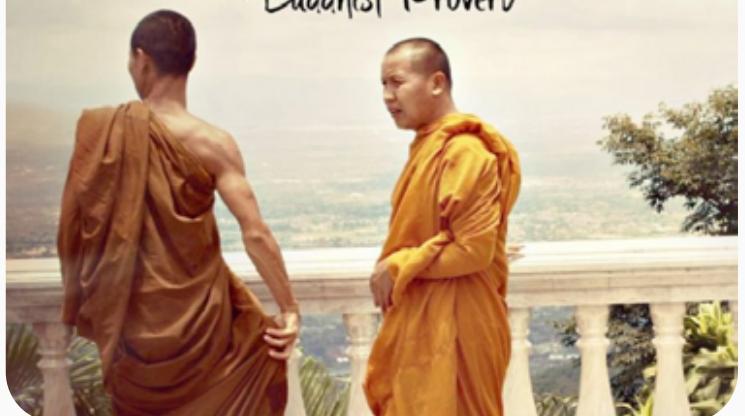


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THAT ANY ITEM  
LOANED WILL BE  
RETURNED

Reiki Tradition  
SCHOOL OF REIKI  
[www.reikitradition.me.uk](http://www.reikitradition.me.uk)  
FOR more info call Martin 07966 149 365

When the student is ready,  
the teacher will appear.

-Buddhist Proverb



**Reiki Tradition**  
School of Reiki

- Specialise & solely working in the; ***Usui Shiki Ryoho System of Natural Healing***
- Committed to preserving & conserving Reiki in its traditional form & entirety
- Over 40 years' experience

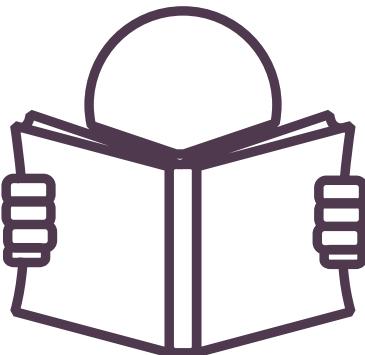
We value the importance of teaching to high standards and sharing the infinite knowledge of the ***Usui Shiki Ryoho System of Natural Healing*** to all

Mikao Usui

靈氣

# OUR CURRENT READS

The more that you read, the more things you will know  
The more that you learn, the more places you will go



Here we bring you the book we are currently reading which we have found inspiring and a useful addition to our own library and continued learning. If you would like to recommend a book to share with readers for the same reasons, please drop us a line with the title and author and what you've found useful within the book

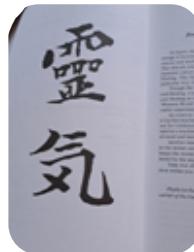


**Martin Robert Thirlwell**  
10th Generation Reiki Master  
Reiki Tradition Owner

## Living Reiki: Takatata's Teachings Stories from the Life of Hawayo Takata as told to Fran Brown



I've had this book for quite a number of years, sadly it's not the book I thought it was.... although it's a good read, I have often been asked my views on this book. Fran born in 1924 was the 7th Master initiated by Mrs Hawayo Takata Sensei in January 1979. Fran transitioned 12.04.2009



It's sad that a few items in this book are not politically correct. When we look at the Rei-Ki symbol from this book; this is the westernised version of the symbol and for those Masters of Reiki Tradition School of Reiki will immediately tell the difference. Also, when we see the Reiki Principles being used in this book again they are not politically correct, these are westernised.

It makes you wonder why such a drastic change, surely Mrs Takata Sensei would have been teaching the Eastern original system as handed to her by her Master Chujiro Hayashi Sensei. As we know the students of Mikao Usui Sensei created the memorial stone where both the Rei-ki symbol and Principles are clearly written upon in the correct manner.

I'm of the understanding this book has passed through a 3rd Party on its creation. But the parts of the book that are correct make a good read. I'll leave this up to you.

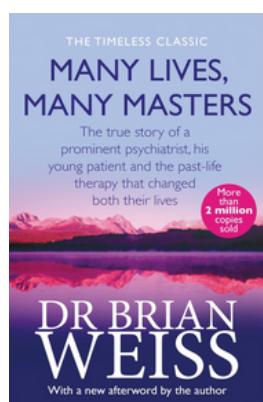
For further reading of Fran Brown go to [www.reikifranbrown.com](http://www.reikifranbrown.com) (Reiki Centre for Healing Arts)



**Alisa Brook**  
11th Generation Reiki Master  
Editor: Just For Today

## Many Lives, Many Masters Dr Brian Weiss

One of my favourite reads from Martin's 'Suggested Reading' list, and I must admit after this book I went onto read more titles by Dr Weiss... all equally as good. However, for now this book is a page turner, one you can't put down. Dr Weiss (psychiatrist) tells of his work with one patient. If you're sceptical of 'life after death'; you certainly won't be after you've read this book.



# STANDARDS

Rest assured when selecting Reiki Tradition School of Reiki as your training provider you are receiving the very best within the Reiki Industry



*Reiki Tradition*  
*Stand up for Standards*

All our courses are run to the Syllabus Standards of;



Core Curriculum



National Occupational Standards

**We're an Accredited Training Provider  
Certified and Verified  
by leading organisations**



Federation of Holistic Therapies (FHT)



Complementary Health Professionals (CHP)



Complementary & Natural Healthcare Council (CNHC)



Reiki Council (RC)

**Rest assured, when booking a Course or Event with Reiki Tradition School of Reiki any data collected or stored on our database is safe & secure**



Information Commissioner's Office  
CLICK LOGO TO VIEW OUR  
REGISTRATION CERTIFICATE

We are a **Secure Data Controller**, registered on the **ICO Data Controller Register**. Storing and keeping **your** details secure is our **priority**, we never share your data with any third party.

We only use our own in-house server, which is encrypted and password protected. We do not use cloud base systems. You can be assured your details are safe and secure.

**We're the Training Provider with the Highest of Standards**

# MEMBERSHIP

Students can register with CNHC via Reiki Tradition School of Reiki

As Reiki is now evolving and becoming more known in mainstream medicine; people are discovering the possibilities and healing results around Reiki, especially within Hospitals, Hospices, Care Homes etc, within Statutory Settings alongside orthodox medicine, the more the standards are rising to work within these specialised Statutory Settings, then the standards 'Protecting the General Public' and protecting Public Health, are also evolving.

After our own research, Reiki Tradition School of Reiki, seem to be the only Accredited Reiki Training Provider specialising in Integrated Healthcare, equipped to work with our students to help them gain the necessary qualifications to work within these specialised settings.

We are seeing more and more so-called Accredited Reiki Training providers offering Accreditation, yet such providers, the Accreditation isn't worth the paper it's written on, everything we come across is fabricated.



**CNHC**

Complementary & Natural  
Healthcare Council

I'm continually asked by our own Accreditors, what do I expect of Reiki for the future?, and what I would like to see of Reiki moving forward? I 'Stand up for Standards' and I support 'public health' and I would like to see Reiki governed and all practitioners registered on an Accredited Register which links to the Core Curriculum.

Social Prescribing (which we covered in Issue 2), GP referral system encourages practitioners to be Accredited.

The General Medical Council has now amended its referral guidelines to include Accredited Registers.

GPs like to refer to practitioners on the CNHC Register the main governing council. This Register is approved as an Accredited Register by the Professional Standards Authority for Health and Social Care.

Reiki Tradition School of Reiki, now encourage all our Accredited Students to Register with the CNHC.

This can be a very difficult and challenging experience done alone. However, at Reiki Tradition School of Reiki, we make the registration and membership process easy, our Accreditors are looking forward to registering you. The cost is under £150; for further information please contact me.

**FURTHER INFORMATION  
CONTACT MARTIN**



07966 149 365



[info@reiki-tradition.me.uk](mailto:info@reiki-tradition.me.uk)

# GIVING BACK

## Our volunteer work



Reiki Tradition School of Reiki have many alliances with hospitals, hospices and care homes throughout the UK. Here we are able to volunteer Reiki Treatments to sick and very poorly people

Our feature hospital this issue is **Kendal Safe Active Birth**



**Zoe, Jane and Sharon**

Around December 2019 I was contacted by Jane Tomlinson-Wightman from Kendal regarding Jane attending our Accredited Reiki Qualification Course.

On the 18th January 2020 Jane attended her 1st Degree Course at Reiki Tradition, School of Reiki.

It came about after asking students at the introduction that Jane was the lead midwife at the "Safe Active Birth" at the University Hospitals of Morecambe Bay NHS Foundation Trust (UHMBT).

It was also mentioned Safe Active Birth have over 150 midwives working in an area covering, Lancaster, Kendal and as far up as Barrow-in-Furness.

These included:

- Royal Lancaster Infirmary
- South Lakes Birth Centre
- Westmorland General Hospital, Kendal

Jane attended our Reiki 2nd Degree course and became a Reiki Practitioner on 5th June 2021.

Jane approached me during her 1st degree training to ask if I would be interested in being the lead training provider to teach Reiki to a number of Midwives from Safe Active Birth, I replied with a big resounding "YES".

And so it was arranged. I attend NHS Helme Chase Maternity unit at Westmorland General Hospital, Kendal on 14th July 2022; with a view of giving a talk on Reiki to potential midwives requiring to attend our Accredited Reiki Qualification Course. What a great opportunity to pass on the infinite knowledge of what Reiki can do and assist with mums-to-be, unborn and newly-born babies and the bereavement around babies.

Both myself and 2 students attended with me, Sharon Whately and Zoe Gregory.

After the talk, we arranged a number of short Reiki treatments for staff and mums-to-be. **What a fantastic demonstration!**

Everyone enjoyed the treatments; especially the unborn babies by showing us how they could follow the energy by pressing their little hands upwards from within mum's belly! An extraordinary and magical moment for mums to see and witness.



In November 2021 we invited eight midwives from Safe Active Birth to attend the Therapy Rooms to start their Accredited Qualification in Reiki; this will then be used as part of complimentary therapies being offered at Safe Active Birth.

Our work with Safe Active Birth is ongoing and we are constantly in touch with a number of midwives.

Jane Tomlinson-Wightman retired from her role as lead midwife early 2024. She is now pursuing her own business in Complementary Therapies; offering a large range of treatments.

**To join us or if you require any further information, please do not hesitate to contact Martin who will only be too pleased to offer assistance.**



Reiki Tradition continue to work with Safe Active Birth, Helme Chase Midwife-led Unit; based at the Westmorland General Hospital (WGH) in Kendal. A midwife-led unit means there are no doctors present. Reiki Tradition are proud to offer an 'on-call service' should they require our presence.

Women can give birth at Helme Chase 24 hours a day, seven days a week, supported by a midwife.

If pregnant ladies are assessed as having an uncomplicated pregnancy, i.e. unlikely to develop any complications during pregnancy, whilst giving birth, or after baby is born, ladies can choose to give birth at Helme Chase if they want to.

If at any point during the pregnancy and labour there are any concerns, then ladies will be transferred to one of their consultant-led units at either the Royal Lancaster Infirmary or Furness General Hospital.

# Special Request

Volunteers  
needed  
Please



WE need 3 pregnant ladies of different trimesters to take part in a special Reiki Development Day

These ladies will be receiving short Reiki Treatments by a number of our Accredited Students

If you know

a pregnant lady that is willing to come along to the Therapy Rooms based in Springhead, Oldham for half a day please contact Martin on 07966 149 365



THIS IS A VERY IMPORTANT PART  
OF OUR ACCREDITED STUDENTS  
LEARNING DEVELOPMENT

thank you

# FEATURE

## Akiane.... Prince of Peace



**This is a story of a remarkable talented little girl Akiane, and a painting she managed to portray and capture of Jesus, at the age of 8, the painting was named “Prince of Peace”**

“

*Receive life like a gift and release it like a present*

*Akiane age 8*

”

From the age of four, Akiane's recurrent visionary inspiration was to depict a profound role model of humanity.

And when a mysterious carpenter knocked on her front door one day, Akiane knew right away, it was time to paint the story of hope...

At the age of eight in 2002 Akiane completed her visionary artwork “Prince of Peace”, but, during her first exhibitions virtually no one recognised the significance of her artistic interpretation of Jesus. In fact, almost everyone who viewed the portrait ruthlessly condemned it. Some suggested even burning it.

Akiane's family shipped the original to one art agent for an exhibition, but the agent stole the original and held it ransom.

After a miraculous chain of events and gruelling negotiations, the painting was eventually returned, but it was shipped recklessly.

When the bent crate was opened, Akiane's original was covered in sawdust, just like sawdust after the crucifixion on a tree.

Akiane spent days carefully removing the sawdust specs with different tools, but many specs had become permanently embedded in the paint, a symbolic reminder of the scars of the crucifixion.

After a binding nine-year long contract with the agent was ended in court, Prince of Peace inadvertently fell into the hands of yet another agent and was mistakenly sold; instead of being displayed in a new exhibition as had been agreed upon.

So, Akiane and her family had to face yet another legal battle of separation.

For years the new owner kept Akiane's original under a staircase, hidden out of sight, in the dark.

The owner met an untimely death and 'Prince of Peace' became an unwanted burden for the family. It therefore was locked away from public eye at an obscure storage site.

Unfortunately, the owner's family did not want to reveal the painting or sell it to anyone, and year after year, Akiane's Jesus continued to be silenced trapped in a "tomb".

Over the years, Akiane painted different periods in Jesus's life, but her grief over the loss of her beloved portrait never lessened.

Fortunately, one transparency had been saved to make prints, and over time, Akiane's most controversial image became the most cherished and collected of all her artwork.

It also became one of the most recognised faces of Jesus in the world. After her travelling and working in 30 countries something remarkable happened... for the first time in 16 years, Akiane's painting of Jesus became available for acquisition.

Sight unseen, Akiane's original 'Prince of Peace' was immediately purchased by one of the world's most distinguished and esteemed families for \$850,000 USD. Now for the first time the art collectors are about to see the original portrait of Jesus...

Akiane is about to see Prince of Peace painting, that Akiane hasn't seen since she was nine years old.

She was asked "Did you ever think you would see it again?" her answer "No" she thought it was never ever possible. Prince of Peace will finally see the light. Akiane is overwhelmed... seeing the painting after 16 years.

Akiane was asked "What was in your heart and mind when you were painting the eyes?" I wanted specifically, for Him to look at the person. And I think the reason...why I wanted to do the eyes this way, was because I wanted Him to speak to the person. Whoever is looking at him... almost like a personal conversation, an intimate conversation that only the person looking at Him can understand.

The sawdust and the thief's fingerprints are still there.. forever embedded in the dried-up oil paint, and so are Akiane's childhood signature brushstrokes and her hidden paint marks.

The original was lovingly packed and flown in the most majestic and royal way possible in this world. The eight-year-olds interpretation of Jesus and the message of real love and peace were finally resurrected.

Akiane feels that God has chosen the most noble family in the world to free this one-of-a-kind painting.

The new family view themselves as stewards for the original. They feel it is their mission to protect this masterpiece for generations to come, so it can touch millions of more lives with its story. Their main desire is for Prince of Peace to be seen by millions of people around the world.. Akiane's portrait of Jesus is a Gift to the world it was painted for Peace, Love and Hope.

Here are two short videos about Akiane.



*The first is a televised news programme detailing the history of Akiane and the Prince of Peace.*



*The second is a video taken at the time Akiane was reunited for the first time in 16 years, with her cherished portrait of Jesus.*

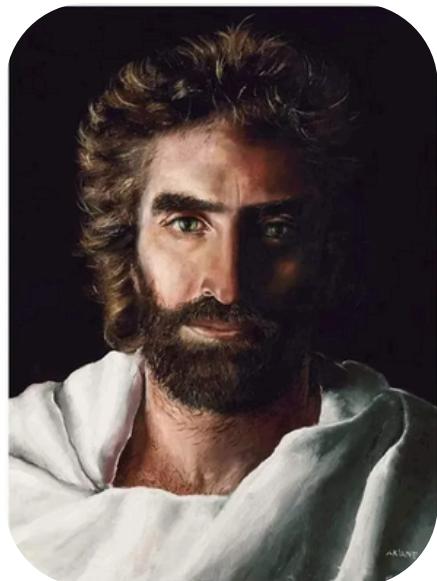
*To watch click the above photos*

## We frequently have for sale large copies on canvas of Prince of Peace

These original prints complement any Reiki Practitioner's Healing Room and are available to purchase from our Student Shop



[www.reikitradition.me.uk/product-page/jc-akiana-print](http://www.reikitradition.me.uk/product-page/jc-akiana-print)



**Shop Online** £20

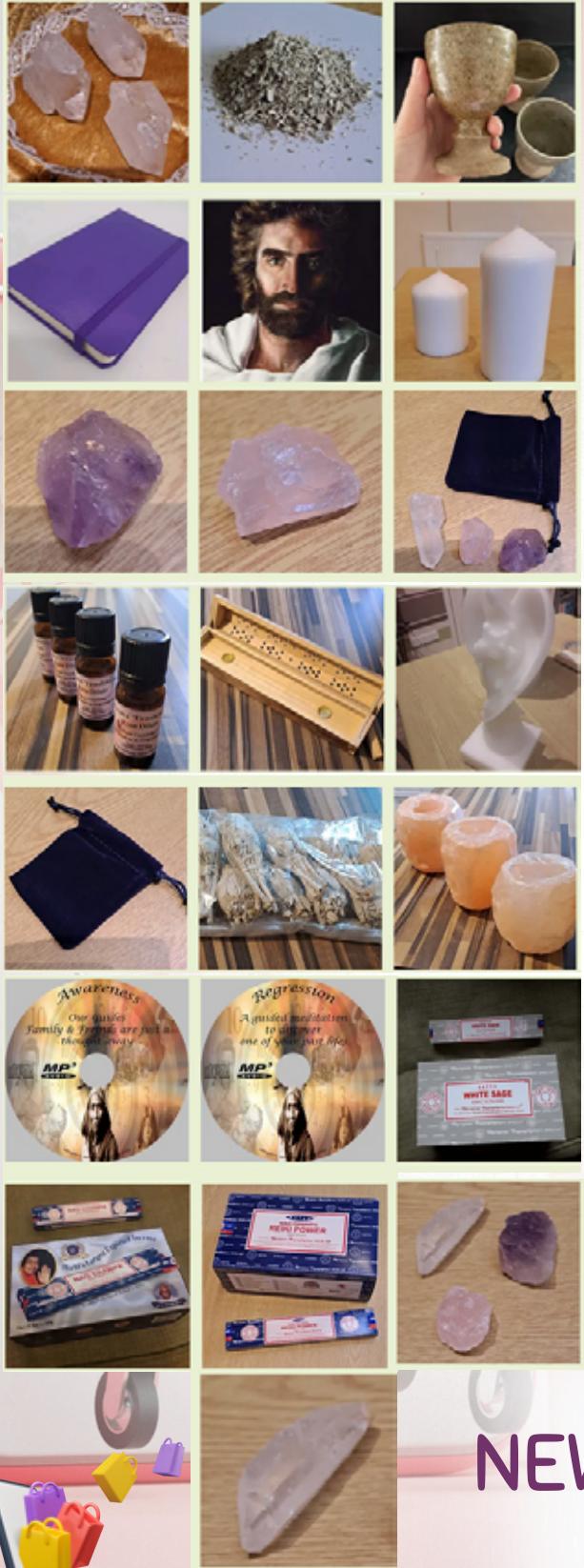
**Special Offer**  
STUDENTS ONLY

NEW



# ONLINE SHOPPING HAS ARRIVED AT Reiki Tradition

Shop  
LOCAL



ONLY AVAILABLE TO  
REIKI TRADITION  
STUDENTS

CLICK ANY IMAGE OR TYPE  
[www.reikitradition.me.uk/students-shop](http://www.reikitradition.me.uk/students-shop)  
INTO YOUR BROWSER

BUY NOW

Happy 😊  
SHOPPING

NEW ITEMS WILL BE ADDED  
AS STOCK ARRIVES



# COMPETITION TIME

## JUST FOR TODAY PUZZLE



Enter our competition for your chance to WIN!

First one to email us the correct solution BEFORE Sunday 5th January 2025 will win a FULL BOX of Nag Champa incense... that's 12 packs in the box worth £15!!



## REIKI-RELATED JIGSAW



TO ACCESS

[www.reikitradition.me.uk/monthly-puzzle](http://www.reikitradition.me.uk/monthly-puzzle)

or CLICK the picture to go straight to the puzzle....you'll still need the PASSKEY below

PASSKEY

Puzzle2024

Once you've completed the jigsaw.....  
SCREENSHOT it and attach the photo in an email to;

EMAIL YOUR ENTRY TO  
[info@reikitradition.me.uk](mailto:info@reikitradition.me.uk)

WINNER WILL BE PUBLISHED IN NEXT ISSUE.... GOOD LUCK FOLKS!!

Please note, Terms and Conditions apply  
Entries only open to those subscribed to our Newsletter

CLOSING DATE  
Sunday  
05/01/2025

# Our Assistants

*We couldn't do this without you, thank you*

## Reiki Master



Alisa



Alyson



Hajvinder



Janis



Lynne



Lynnette



Piotr



Sharon



Steven



Zane

## Reiki Practitioners



Angela



Jackie



Julie

## DID YOU KNOW?



IF YOU ASSIST ON ANY OF  
OUR COURSES YOU GAIN  
**1 CPD POINT FOR EACH HOUR**

FOR EXAMPLE  
IF YOU ASSIST FOR  
1 FULL DAY OF 8 HOURS  
YOU GAIN



**IF YOU'RE A  
REIKI 1 TO 3 STUDENT**

*We'd love you to join us  
to register your interest  
please give us a call  
Martin - 07966 149 365*

CONTINUING  
PROFESSIONAL  
EDUCATION





# SCHEDULE

Thank you to all Assistants for volunteering your time on the 2025 course dates below.

Please contact Lynnette if you are able to assist on any of the blank dates marked with a \*

*thank you*

## Course Assistants 2025

DAYS	DATE	1	2	3	STANDBY
Saturday	11/01/25	AB	SW	HK	AAB
Sunday	12/01/25	AB	PK	HK	AAB
Saturday	08/02/25	ZB	JS	HJ	SW
Sunday	09/02/25	ZB	JS	HJ	SW
Saturday	15/03/25	SW	LJ	JG	AAB
Sunday	16/03/25	SW	LJ	JG	AAB
Saturday	10/05/25	SCD	JM	*	AB
Sunday	11/05/25	SCD	JM	*	AB
Monday	23/06/25	SW	SCD	AB	PK
Friday	27/06/25	SW	SCD	AB	PK
Saturday	28/06/25	SW	SCD	AB	AAB
Saturday	05/07/25	LJ	JM	AB	JG
Sunday	06/07/25	LJ	JM	AB	JG
Saturday	09/08/25	AB	ZB	JG	*
Sunday	10/08/25	AB	ZB	JG	*
Saturday	06/09/25	SW	AM	JM	LJ
Sunday	07/09/25	AM	LJ	JM	SW
Saturday	20/09/25	SW	AM	ZB	LJ
Sunday	21/09/25	SW	AM	ZB	LJ
Saturday	04/10/25	SW	AB	JS	JG
Sunday	05/10/25	SW	AB	JS	JG
Monday	27/10/25	SW	SCD	PK	AAB
Friday	31/10/25	SW	SCD	PK	AAB
Saturday	03/11/25	SW	SCD	AB	AAB
Saturday	08/11/25	SW	LJ	AM	JM
Sunday	09/11/25	SW	LJ	AM	JM

COLOUR KEY = REIKI 1 REIKI 2 REIKI 3 GREEN New Assistant

# THANK YOU

for joining us on issue three of  
**JUST FOR TODAY**

Our Quarterly News from Reiki Tradition Healing & Training Centre  
REIKI NEWS... more than just a Newsletter

靈氣 伝統

we'd love to see you again

## NEXT ISSUE: Winter

Issue No.4 what's coming up....

Features include



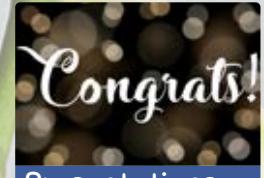
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What you did



Pawsome Story



Presentations



Giving Back

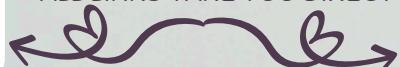
Plus much, much more...



SCAN ME

## SIGN-UP here

ALL LINKS TAKE YOU DIRECT TO OUR WEBSITE



[www.reikitradition.me.uk](http://www.reikitradition.me.uk)



CLICK ME

This newsletter is for you, and we'd love your feedback....  
like to see something published?.... then please give us a call