FHT
ACCREDITED QUALIFICATION

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Disclaimer

Reiki

- Is a natural method of energy balancing for the purpose of stress reduction and relaxation. It can involve "the laying on of hands" although this is not required for Reiki to be effective.
- While it can be used entirely on its own, it is not meant as a substitute for medical, or psychological, diagnosis and treatment
- Practitioners do not diagnose conditions, nor do they perform medical treatment, prescribe substances, or interfere with the treatment of a licensed medical professional, unless they have received training in such a licensed professional practice that supports this. (This type of skill is not a part of a normal certified Reiki training program).
- Should not compete with medical doctors and their treatments
- Can be used together with any other form of medical, natural or alternative therapy in order to compliment it.

Note: It is recommended you see a licensed physician or licensed health care professional for any physical or psychological ailment you may have.

Client Information Form

Name:	DOB:
Email:	
Address:	
Phone Number:	
Are you currently under the care of your family physician or specialist? **Yes** [ ] **No** [ ]	
If yes, please elaborate:	
Are you currently taking any medications? **Yes** [ ] **No** [ ]	

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If yes, please elaborate:
Are you currently receiving other treatments? **Yes** [ ] **No** [ ]
If yes, please elaborate:
Do you, or have you suffered from seizures of any sort? **Yes** [ ] **No** [ ]
If yes, please elaborate:
Are you comfortable with being touched during the Reiki session or would you prefer not to be touched? Touching as described by therapist. **Yes** [ ] **No** [ ]
In the interest we may have to contact any Family Member / Next to Kin
Name 1: Name 2:
Contact Telephone Number 1: Contact Telephone Number 2:
Other Details if any:
GDPR General Data Protection Regulation. Can you kindly give us your Authority to keep your data on our system. No Details are given to third parties. **Yes** [ ] **No** [ ]

Distant Absent Healing

If you request our free service of Distant Absent Healing to be sent to yourself only, (client not present) we need your authorisation are you happy for this treatment to be sent when requested

Yes [ ] **No** [ ]

Signed: **Date:**

Print Name:

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Client Information After Care

Each person is a unique individual, therefore reactions to a Reiki treatment may vary from person to person. Below are a few responses that may occur following treatments:-

- The physical condition if any may worsen at any time up to approximately 24 hours.
- The client may feel tired or lethargic following the therapy.
- The client may feel full of energy or elated following the therapy.
- Dizziness, lightheaded.
- Constipation or diarrhea.
- Increased urination or bowel movements.
- Crying for no reason

These are a few reactions which may occur, they are part and parcel of the body's healing process, and this may occur as the body releases toxins and re-balances the energy pathways.

Any side effects will usually diminish after 48 hours. However, to ease any side effects the following may help:

- Drink at least six to eight glasses of water per day to help flush toxins from your body.
- Increase rest time
- Avoid over consumption of stimulants such as coffee / tea / alcohols

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Treatment Log

Name:

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Comments:
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