

# JUST FOR TODAY

Official newsletter of Reiki Tradition Healing & Training Centre

靈氣 传统

# Welcome

*we're so happy you're here!*

Thank you for joining our list!  
 Here, you'll get quarterly updates, course info, announcements and all things Reiki.  
 We're thrilled to have you!



## *A bit about me.....* MARTIN THIRLWELL

My Reiki journey started some 40 years ago when I lived out in Goa, India. It was only when I returned back to the UK did my Reiki journey really start. In 2015 *Reiki Tradition* became the only Accredited training provider in the North West of England, accredited by the UK's leading organisation which has thousands of members worldwide covering hundreds of therapies; that organisation is the FHT (Federation of Holistic Therapists). Since then we have provided Accredited Reiki Courses frequently from our training rooms in Saddleworth, Oldham in Lancashire.

ACCREDITED, CERTIFIED & VERIFIED BY



## IN THIS ISSUE:

- Who we are
- Course Info
- Animal Reiki
- Standing up for Standards
- Easy Pay Options

Plus features and more...

# Welcome to JUST FOR TODAY

Issue 1

## In this Issue

### Features



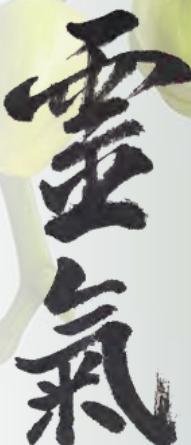
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#### 11. Course info



#### 38. Standards

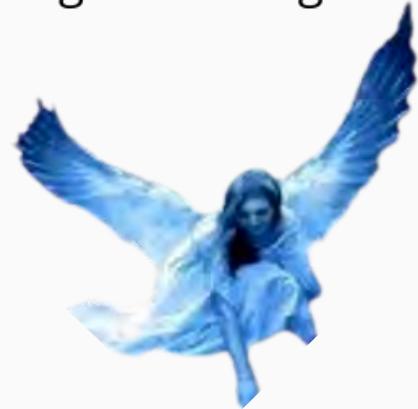


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# 靈氣 傳統

## Reiki Tradition

Healing & Training Centre



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I'LL TAKE  
YOU DIRECT TO  
THE WEBSITE

### FOLLOW US

You can find out more about Reiki Tradition and see what we've been up to via our social media pages:



[www.facebook.com/reikitradition](https://www.facebook.com/reikitradition)



[www.instagram.com/reikitradition/](https://www.instagram.com/reikitradition/)

# Foreward.....

MARTIN R THIRLWELL  
MFHT, MCHP, CNHC REGISTERED  
OWNER REIKI TRADITION

靈氣 伝統

Hi Everyone,

It gives me great pleasure to bring you our quarterly newsletter from Reiki Tradition School of Reiki 'Just for Today'.

This has been some time in the making from an additional idea to actually putting something into print, and a big thank you my friend and assistant Alisa Brook our Editor for making this idea into reality.

The aim of our quarterly newsletter is to bring you up to date news on all topics of Reiki; Upcoming Courses and Events plus much more. This newsletter is for you, and we would love your feedback.... if there's something you'd like to see published then please give us a call.

Martin

# Welcome.....

ALISA BROOK  
EDITOR

Hello, and a very warm welcome

As we step into Spring we see nature around us unfold and reawaken, and it seems more than apt that our first issue of 'Just for Today' should be born.

Martin has put countless hours gathering together News, Updates, Stories, Course Info and interesting reads for you in this first bumper edition of 'Just for Today'. You can also learn in this edition the benefits of attending 'in-person' classes which far outweigh the many on-line courses.... Reiki is not something that can be learnt on-line as you will see. Along with attending class based courses with us, you have the added value of attending FREE Reiki Shares, FREE Top-up Attunements and Martin just at the end of the phone if you need advice or help on any course you attend.... Martin becomes not just your teacher, but your friend as well. As you will learn, we're A small Reiki School with a BIG heart.

So, why not make a cuppa, sit back and we hope you enjoy the first 'Just for Today'.

Sending Love and Light, *Alisa*

## NEWSLETTER SIGN-UP

If you know anyone interested in receiving our FREE Newsletter direct to their in-box, sign up here

ALL LINKS WILL TAKE YOU DIRECT TO OUR WEBSITE FOR SIGN-UP

[www.reikitradition.me.uk](http://www.reikitradition.me.uk)



SUBSCRIBE

CLICK HERE



Scroll to the bottom of our home page to sign-up

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# Who we are and what we do.....



We are a **Healing and Training Centre and School of Reiki** based in the picturesque village of Springhead, Oldham in Lancashire....  
**where you become a Happier Healthier You**

**Reiki Tradition School of Reiki** has over 40 years' experience specialising and solely working in the **Usui Shiki Ryoho System of Natural Healing**. We are committed to preserving and conserving Reiki in its traditional form and entirety.



Our Reiki Level 1 (1st Degree) will introduce you to and explain the history of Reiki



**Reiki Tradition School of Reiki** are the leading and original **FIRST Accredited Reiki Training Provider and School of Reiki** in the North-West of England since 2015.

We value the importance of teaching to high standards and sharing the infinite knowledge of the **Usui Shiki Ryoho System of Natural Healing** to all.

## ACCREDITED, CERTIFIED & VERIFIED



Martin holds **AET Level 3 Award in Teaching and Education; the highest standard**.

Our teaching is **fully inclusive**, meaning we can also teach **disabled children and adults with special needs**.

Martin also holds an **Accredited Distinction in Regression and Psychoanalysis**.

You can see why students' attend our courses from all over the UK

Rest assured, when selecting **Reiki Tradition School of Reiki** as your Reiki Training Provider, you will be receiving the very best training within the Reiki Industry.



# Meet the team....

At **Reiki Tradition School of Reiki** we have a great team of passionate and dedicated Assistants from every level of Reiki. In this section you get to meet them and it's my absolute pleasure to introduce them

***We're always keen for new Assistant's to join the team***

***If you would like to join our team to assist on courses, please give us a call***



## REIKI MASTER & REIKI TRADITION OWNER

Reiki has evolved so much over the past few years with its introduction into mainstream NHS Integrated Healthcare. My commitment to Reiki, and Assisting all students is specialising in Integrated Healthcare assisting students to achieve their goals and dreams to work with Reiki in Statutory Settings.

I personally have an alliance with many Hospitals from Sheffield to North Wales and as far up as Lancaster, Kendal and Barrow in Furness. Working and teaching Midwives at 'Safe Active Birth'. This sees Mums-to-be, unborn and newly born babies receiving Reiki. We also work with bereavement with parents and families with the loss of babies with Reiki.

Further to my own commitment I work with the Amputee Day Care Clinic at NHS Oldham. Wellness Days with Reiki at the Pioneer Surgical Day Care Ward at NHS Rochdale, treating Doctors, Nurses, support staff and ambulance crew. This work is slowly moving to Patients.

My work also sees me having an Alliance 'out of borough' with Hospitals, Care homes and Hospices; training staff to the Core Curriculum Standards and achieving an Accredited Qualification in Reiki.

I also work with PossAbilities in Heywood. PossAbilities is a social enterprise organisation that supports vulnerable people so that they can live the life they choose. Mostly they support people with learning disabilities and young people leaving care with dementia.

I also have an Alliance with many Hospices and Care Homes again I train the current practitioners in these establishments to work in a standard to an Accredited Qualification level. All staff are taught to the Core Curriculum safeguarding the general public. Bringing awareness of Step up for Standards is taught frequently.

WE ARE ALL A SOUL DIVINE BEING IN A PHYSICAL BODY HAVING A HUMAN EXPERIENCE

WE ARE DESIGNED TO SPEAK TO SPIRIT

We have just forgotten how, through the burdens of life that have slowly impacted on us from being born

We need to shift the switch back on, open the channels again & communicate

LET'S LIFT THE VEIL THAT SEPERATES OUR TWO WORLDS

# Meet the team....

## Our Assistants

*We couldn't do this without you, thank you*



## Reiki Masters



*Lynne*

I'm a 11th generation Reiki Master and a student of Reiki Tradition.

I love to assist on as many courses as I can as each experience is a wonderful experience. Each course is different and in them you meet so many amazing people and make wonderful connections.

It's an honour and very special to me to be part of the Reiki Tradition team and to be able to share our knowledge and share each wonderful experience and of course the energy with the students. Namaste



*Sharon*

I have been assisting Martin on the Reiki courses since 2016.

I volunteer at Springhill Hospice which I love; I work with the Dementia Group and also on the inpatient ward.... it's very rewarding.



*Janis*

Six years ago I became a member of the Reiki Tradition family.

Since childhood, I have been drawn towards Spirituality and Holistic Therapies, with Reiki being the missing piece of my jigsaw.

I have a passion for learning, travelling and exploring ways to express my creativity.

We are all on a journey and it is an honour to share the love, light and healing. Namaste 🙏

# Reiki Masters



*Lynette*

I started my Reiki journey 4 years ago with Reiki Tradition.

My passion has always been animals. They make me smile every day.

I run the Pawsome World of Reiki with Martin .

I love my Reiki journey so far and can't wait to see what else is coming my way ❤️🐾



*Harjinder*

I'm a Reiki Master taught by the best.

I love to support the team and assist in teaching others in the traditional authentic Reiki way!!



*Steven*

I have completed Reiki 1, 2 and Masters.

I have been working as a practitioner in Leeds and assisting at Reiki Tradition for the last 2 years.

It's been a fantastic journey and I love to see how Reiki really helps others.



*Alyson*

Having completed my entire Reiki journey with Reiki Tradition, I use Reiki on myself, people, plants and animals.

Am loving my Reiki life!

# Reiki Practitioners



Alisa

I'm a Level 2 Practitioner, completing both Level 1 & 2, Pawsome, Awareness & Regression and Awareness & Development with Reiki Tradition; all helping on my spiritual development and chosen path of healing. My Level 3 Master's is scheduled with with Martin for June 2024. I am grateful my path crossed with Martin's; I knew immediately he was the teacher for me.

I joined the Assistants Group as I believe in always trying to give more than you take; although with what Martin gives this is a hard one to achieve, so I hope what I am able to give goes someway to helping others.

My life has changed since my Reiki journey started, and the quote which always resonated with me, and how I can put into words how it has changed is from Mark Twain; "The two most important days in your life are the day you are born and the day you find out why".

I always knew my path was to help others, it wasn't until finding Reiki I realised this was the medium.



Piotr

I am a Reiki 2 Practitioner, Indian Head Massage Therapist, Reiki Tradition School of Reiki Assistant and Reiki Practitioner volunteering at a local NHS Hospital.

I am Interested in Reiki, Sound Healing, Crystals, Singing Bowls and Solfeggio frequency incorporation in energy treatments.



Amy

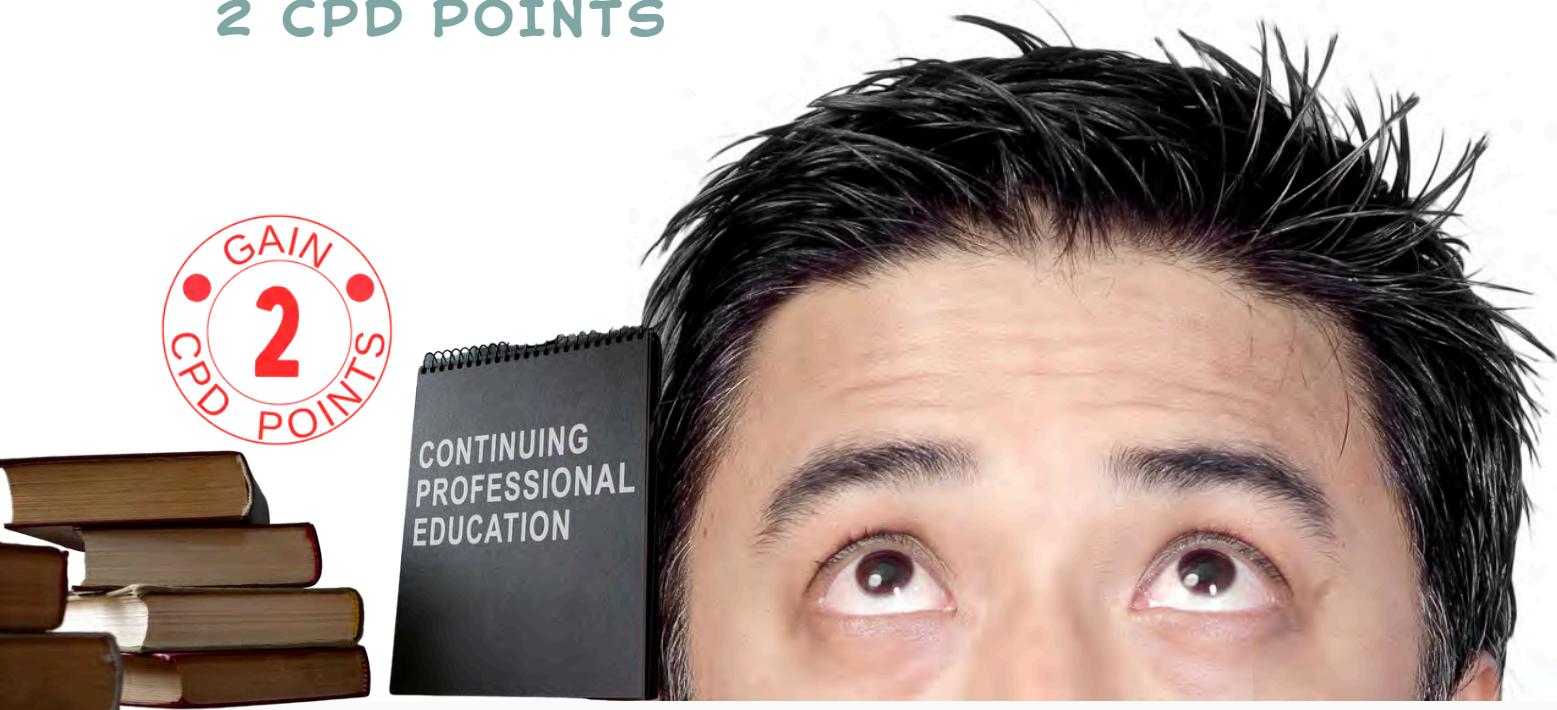
I'm an administrator within the NHS.

I have studied my Reiki Level 1 and 2 at Reiki Tradition and for the past five years I've taken a personal interest in holistic therapy.

I love to travel and practice Yoga and Tai-Chi.

# DID YOU KNOW

IF YOU ASSIST ON ANY OF  
OUR COURSES  
YOU GAIN  
2 CPD POINTS



*If you would like to  
join our team  
to assist on courses*

*please give us a call*

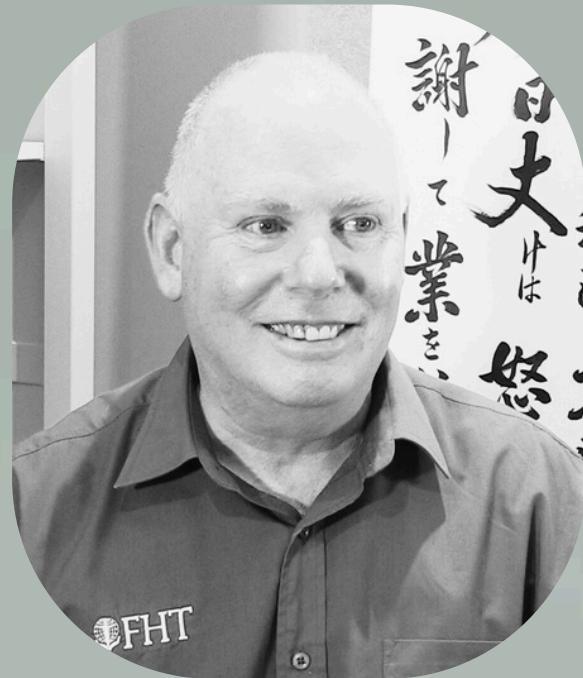
# YOUR TEACHER

Teacher Insights

## Martin Robert Thirlwell 10th Generation Reiki Master

### EXPERIENCE

- 40 years' experience in Reiki; solely in the traditional Usui Shiki Ryoho System of Natural Healing, (no other therapies taught)
- Speaker/Lecturer in Reiki supporting the Federation of Holistic Therapist (FHT)
- Co-ordinator for the FHT Manchester North Local Support Group
- Works with AGE UK Manchester Dementia clients providing Reiki
- Works supporting Oldham NHS Amputee Day Care Unit with Reiki
- Works supporting Reiki at all local Hospitals and Hospices in Oldham and surrounding areas, and training all current Reiki Practitioners to an Accredited Level to the Core Curriculum
- Works with Jane Tomlinson-Wightman Safe Active Birth Kendal. Teaching midwives to an Accredited Level to the Core Curriculum to allow them to work with Reiki in a NHS Environment
- Works with PossAbilities in Heywood. PossAbilities are a social enterprise organisation that supports vulnerable people so that they can live the life they choose



### QUALIFICATIONS

- FHT Accredited Reiki Level 1, 2 and 3 (Master Teacher)
- 10th Generation Reiki Master (Usui Shiki Ryoho System of Natural Healing)
- FHT Full Professional Member
- CNHC Accredited Registered
- CHP Full Member
- AET Level 3 in Teaching and Education (the highest standard); this also allows teaching disabled children and adults with special needs
- Accredited Distinction in Regression and Psychoanalysis

# COURSE INFO

Reiki Level 1 (1st Degree)

## Reiki 1st Degree

HELD OVER 2 CONSECUTIVE DAYS

Saturday & Sunday

Start 10am | Finish 5.45pm  
45 minute lunch break

6th & 7th July

10th & 11th August

21st & 22nd September

2024



£95  
LIKE for LIKE



### COURSE HIGHLIGHTS

- Duration time of course 15 hours
- Introduction to and history of Reiki
- 4 Attunements to activate the Reiki energy
- Understanding the Spiritual side of Reiki
- Introduction to the Chakra system
- Reiki Precepts (Gokai)
- Basic anatomy
- How to perform a Treatment
- Couch and Chair positions
- Hands on practice
- Self-healing techniques
- The intent to heal and activating the Reiki energy
- The Hidden Elements
- Further ways to use Reiki

### PREREQUISITES

- None

### COMPLIES TO STANDARDS

- Core Curriculum (CC)
- Ofqual Level Descriptor (8)
- Regulated Qualifications Framework (RQF)
- National Occupational Standards (NOS)
- Code of Conduct set out by the FHT
- The Complementary and Natural Healthcare Council (CNHC)
- Reiki Council (RC)
- Complementary Health Professionals (CHP)

Further information available on our website

<https://www.reikitradition.me.uk/1st-degree-course>



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# COURSE INFO

Reiki Level 2 (2nd Degree)

0%

INTEREST

EASY PAYMENT PLANS AVAILABLE

## Reiki 2nd Degree

HELD OVER 2 CONSECUTIVE DAYS

Saturday & Sunday

Start 10am | Finish 5.45pm  
45 minute lunch break

11th & 12th May  
7th & 8th September  
5th & 6th October  
9th & 10th November

2024



£200

LIKE for LIKE



GUARANTEED

## COURSE HIGHLIGHTS

- Time duration of course 15 hours
- 4 Attunements
- The passing and memorising of 3 Reiki Symbols
- The technique and practice of Distance Healing
- Learning the Hidden Elements
- Professional Working Standards
- Keeping Records and GDPR
- Working in clinical environments



## PREREQUISITES

- Reiki Level 1 (1st Degree)

## COMPLIES TO STANDARDS

- Core Curriculum (CC)
- Ofqual Level Descriptor (8)
- Regulated Qualifications Framework (RQF)
- National Occupational Standards (NOS)
- Code of Conduct set out by the FHT
- The Complementary and Natural Healthcare Council (CNHC)
- Reiki Council (RC)
- Complementary Health Professionals (CHP)

Further information available on our website

<https://www.reikitradition.me.uk/2nd-degree-course>

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# COURSE INFO

Reiki Level 3 (3rd Degree) Master / Teacher

0%

INTEREST

EASY PAYMENT PLANS AVAILABLE

## Reiki 3rd Degree

HELD OVER 6 EVENINGS

Monday

Start 7pm | Finish 9.15pm

3rd June

10th June

17th June

24th June

Friday

Start 7pm | Finish 10.15pm

28th June

Saturday

Start 7pm | Finish 11.15pm

29th June

2024

## Reiki 3rd Degree

HELD OVER 6 EVENINGS

Monday

Start 7pm | Finish 9.15pm

7th October

14th October

21st October

28th October

Friday

Start 7pm | Finish 10.15pm

1st November

Saturday

Start 7pm | Finish 11.15pm

2nd November

2024

£380

LIKE for LIKE



GUARANTEED

## COURSE HIGHLIGHTS

- A further 4 Attunements
- The passing of an additional 4th Symbol (Reiki Master)
- The passing of a 5th additional Attunement Symbol
- How to prepare and teach the Reiki Degrees
- How to pass Attunements

## PREREQUISITES

- Reiki Level 1 (1st Degree)
- Reiki Level 2 (2nd Degree)
- Full understanding & ability to draw fluently the Reiki 2nd Degree Symbols
- Full understanding & ability to recite the Usui Shiki Ryoho Reiki history

## COMPLIES TO STANDARDS

- Core Curriculum (CC)
- Ofqual Level Descriptor (8)
- Regulated Qualifications Framework (RQF)
- National Occupational Standards (NOS)
- Code of Conduct set out by the FHT
- The Complementary and Natural Healthcare Council (CNHC)
- Reiki Council (RC)
- Complementary Health Professionals (CHP)

Further information available on our website

<https://www.reikitradition.me.uk/3rd-degree-master-course>

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# COURSE INFO

Reiki Accredited Qualification

## Reiki Accredited Qualification

SEE COURSE HIGHLIGHTS  
BELOW FOR ATTENDANCE  
REQUIREMENTS & DATES  
FOR REIKI 1 & 2 COURSES  
ABOVE



£700

LIKE for LIKE



### COURSE HIGHLIGHTS

- Accredited Qualification
- Minimum 9 months to completion
- Diploma Certification
- Academic Degree in Reiki
- Students need to meet requirements of 65 hours of training inclusive of:
  - attending our Reiki 1st Degree course (15 hours)
  - attending our Reiki 2nd Degree course (15 hours)
  - attending a Reiki Practitioners Skilled workshop (7 hours)
  - attending 4 Development days totalling 28 hours
  - 75 Reiki Treatments on others
  - 100 Treatments on self or received Reiki
  - 5 practical observations

### PREREQUISITES

- None

### COMPLIES TO STANDARDS

- Core Curriculum (CC)
- Ofqual Level Descriptor (8)
- Regulated Qualifications Framework (RQF)
- National Occupational Standards (NOS)
- Federation of Holistic Therapist (FHT)
- Code of Conduct set out by the FHT
- Complementary and Natural Healthcare Council (CNHC)
- Reiki Council (RC)
- Complementary Health Professionals (CHP)



Further information available on our website

<https://www.reikitradition.me.uk/2024-reiki-practitioner-courses>

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# Very soon... this could be you



Photos courtesy of some of our amazing course attendees 2023



When you teach from the Heart,  
you reach the Soul of the Student

# COURSE INFO

## Reiki Practitioner Development Day



### DEVELOPMENT DAY 1

#### HEALING WITH CHAKRAS

Sunday 16th June 2024

Start 10am | Finish 5pm (7 Hours)

**BOOK  
NOW**

TO AVOID  
DISAPPOINTMENT



Students attending our Reiki Practitioner Accredited Qualification Course are required to attend all 4 Development days, totalling 28 working hours of practical learning. Each of our Development days will follow a different theme and will cover all aspects of working with Reiki in specialised areas. The price of Development Days is already included in your overall course cost.

This first Development Day is specialised in **Healing with Chakras**.

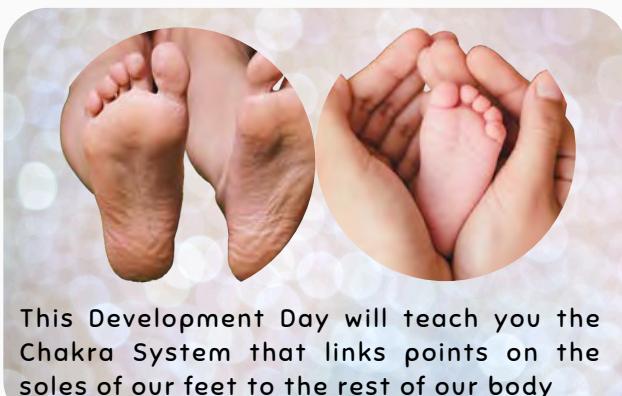
Picture working in a Hospital Statutory Setting especially within ICU. Picture all the machines, cables, wires and tubing linking the patient to life saving and changing equipment.

In these settings and circumstances it's impossible to work at the side of the client; we have to change the way we work with Reiki in these demanding situations.

Simply removing the end of the bed we clearly have access to the soles and toes of the feet.



In fact almost everything we do in a naturally healing treatment we can do from the soles of the feet.



This Development Day will teach you the Chakra System that links points on the soles of our feet to the rest of our body

Reflexologists have been working on these Meridian Lines and points for centuries, we now involve this in Reiki.

Anyone can attend our Development Days, however, our Reiki Practitioner Development Days are compulsory, and are free to attend to all our Accredited Qualification Reiki Practitioner Students enrolled on courses from 1st January 2021.

**Continued over...**

For anyone wanting to attend these Development Days who are not Accredited Students then a small door entrance fee of £20 is required.

- Development Days are open to all Reiki Students for further learning
- Students attending our Accredited Reiki Practitioner Course need to attend all 4 Development Days
- Each Development Day will follow a different theme which will be announced nearer the time
- This may also include a work placement at a local Hospice / Hospital

## COMPLIES TO STANDARDS

- Core Curriculum (CC)
- Qualifications Credit Framework (QCF)
- National Occupational Standards (NOS)
- Code of Conduct set out by the FHT
- Complementary & Natural Healthcare Council (CNHC)
- Complementary Health Professionals (CHP)
- Reiki Council (RC)



**Enroll  
Now  
WITH MARTIN**

[Email: info@reikitradition.me.uk](mailto:info@reikitradition.me.uk)

**Office: 0161 627 5413**

**Mobile: 07966 149 365**

# COURSE INFO

Teach the Teacher



## COURSE HIGHLIGHTS

- Fully understand the Core Curriculum
- National Occupational Standards
- Help and assist with all relevant paperwork
- Introduction to our own Accreditors
- You will then be Accredited in your own right, allowing you to teach your own students to an Accredited Qualification

## PREREQUISITES

- Reiki Level 1 (1st Degree)
- Reiki Level 2 (2nd Degree)
- Reiki Level 3 (Master/Teacher)

## COMPLIES TO STANDARDS

- Core Curriculum (CC)
- Ofqual Level Descriptor (8)
- Regulated Qualifications Framework (RQF)
- National Occupational Standards (NOS)
- Code of Conduct set out by the FHT
- The Complementary and Natural Healthcare Council (CNHC)
- Reiki Council (RC)
- Complementary Health Professionals (CHP)



YOU HEARD IT HERE FIRST!!  
Further information available on our website very soon

# PAWSOME WORLD OF REIKI

## FOR ANIMALS



### We're a Nation of Animal Lovers

Statistics show that 62% of UK households have a pet, 34% of these households own a dog.... that's a massive **10 million people in the UK**

In 2022 after supporting the FHT Virtual Conference and submitting our yearly video 'Reiki the Pawsome World of Reiki; benefits for pets in the home and in a professional environment'. It was mentioned by an Assistant and Student of Reiki Tradition Lynnette Jackson that we should consider starting to run an Animal Reiki Course.

This was a fantastic idea, and very early in the stages of its design we soon spoke about trying to have this course Accredited, which would enable us to present Accredited Certificates upon completion.

We approached the CHP (Complementary Health Professionals) for accreditation which is the legislative body of all of our courses; as they are members of the

UK Reiki Council and a verifying organisation for the CNHC (Complementary & Natural Healthcare Council), this is the UK's voluntary self-regulatory body and hold the Reiki Register.

Living or Working with Animals is a blessing and a pleasure, imagine if you could strengthen that bond through Reiki

They were able to work with us to get us on their accredited training provider listing, which in turn enabled us to be a **VERIFIED REIKI SCHOOL** on the Reiki Council and we were able to register with the CNHC.

On top of this, the CHP were delighted to also **ACCREDIT** our **Pawsome World of Reiki for Animals Course** for us, working in-line with work already in progress on the Reiki Council.

**This Course has been independently Accredited, Assessed, Certified and Verified by:**



Progressing to get everything together for the start of our brand new **ACCREDITED** Short Course which commenced in September 2023 we came up with the name, '**The Pawsome World of Reiki for Animals**'.

Students now get to work on real animals with real illnesses.

Animal Reiki is growing in popularity. There are specialist animal Reiki providers such as Equine Reiki.

**Continued over...**

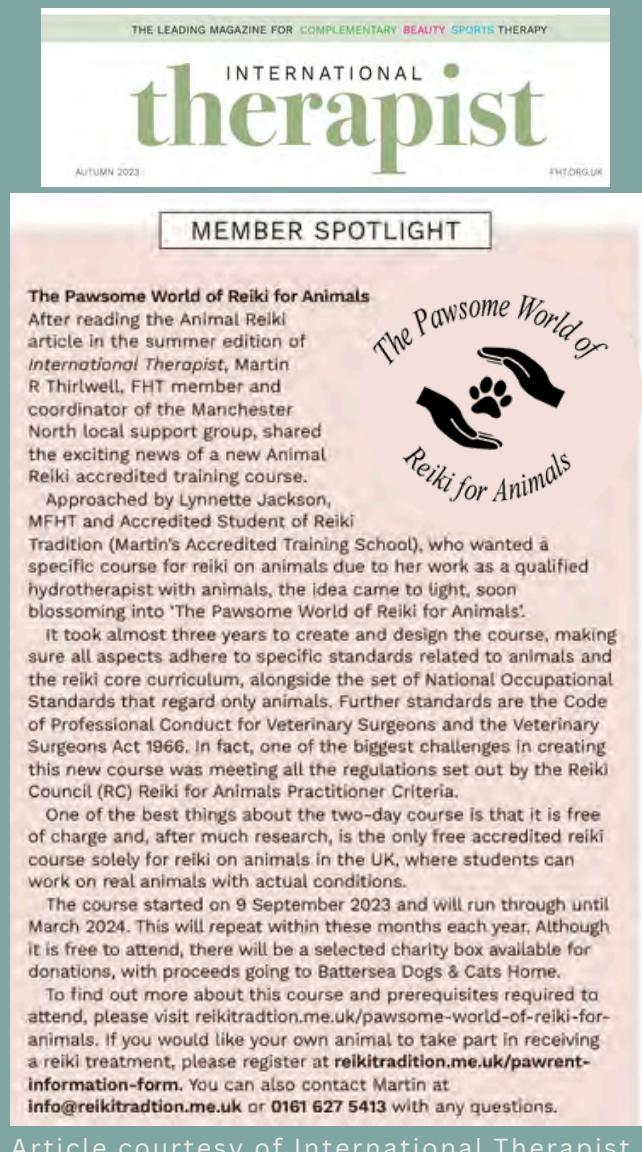
**The Pawsome World of Reiki for Animals is the only Accredited Animal Reiki Training provider in the UK and Ireland offering courses FREE of Charge.**

The law relating to animals is more restrictive than laws relating to working with humans.

**Our Pawsome World of Reiki for Animals** courses run for a duration of 16 hours 10am till 6pm usually on a Saturday and Sunday, from September through to February each year. **One course each month; so a total of 6 courses.**

**We do not run the course during the Summer months (March to August) as we don't want animals who come in as Case Study examples travelling in hot cars in the heat of the Summer months.**

## We even made it in the PRESS



THE LEADING MAGAZINE FOR COMPLEMENTARY BEAUTY SPORTS THERAPY

INTERNATIONAL  
**therapist**

AUTUMN 2023

MEMBER SPOTLIGHT

The Pawsome World of Reiki for Animals

After reading the Animal Reiki article in the summer edition of *International Therapist*, Martin R Thirlwell, FHT member and coordinator of the Manchester North local support group, shared the exciting news of a new Animal Reiki accredited training course.

Approached by Lynnette Jackson, MFHT and Accredited Student of Reiki Tradition (Martin's Accredited Training School), who wanted a specific course for reiki on animals due to her work as a qualified hydrotherapist with animals, the idea came to light, soon blossoming into 'The Pawsome World of Reiki for Animals'.

It took almost three years to create and design the course, making sure all aspects adhere to specific standards related to animals and the reiki core curriculum, alongside the set of National Occupational Standards that regard only animals. Further standards are the Code of Professional Conduct for Veterinary Surgeons and the Veterinary Surgeons Act 1966. In fact, one of the biggest challenges in creating this new course was meeting all the regulations set out by the Reiki Council (RC) Reiki for Animals Practitioner Criteria.

One of the best things about the two-day course is that it is free of charge and, after much research, is the only free accredited reiki course solely for reiki on animals in the UK, where students can work on real animals with actual conditions.

The course started on 9 September 2023 and will run through until March 2024. This will repeat within these months each year. Although it is free to attend, there will be a selected charity box available for donations, with proceeds going to Battersea Dogs & Cats Home.

To find out more about this course and prerequisites required to attend, please visit [reikitradition.me.uk/pawsome-world-of-reiki-for-animals](http://reikitradition.me.uk/pawsome-world-of-reiki-for-animals). If you would like your own animal to take part in receiving a reiki treatment, please register at [reikitradition.me.uk/pawrent-information-form](http://reikitradition.me.uk/pawrent-information-form). You can also contact Martin at [info@reikitradition.me.uk](mailto:info@reikitradition.me.uk) or 0161 627 5413 with any questions.

Article courtesy of International Therapist

## CPD ACCREDITED COURSE

The Pawsome World of Reiki for Animals

This CPD Accredited Course meets the Syllabus Standards of;



**The National Occupational Standards (NOS)**

**Lantra1 Lantra3**

**Lantra2 LanaC10**



**Complementary Health Professionals (CHP) Code of Conduct**



**Reiki Council  
Reiki for Animals (RC)**

Rest assured when attending our **CPD Accredited Qualification courses**, you are receiving the very best training in the Reiki industry



**Continued over...**

# COURSE INFO

## The Pawsome World of Reiki for Animals



### *The Pawsome World of Reiki for Animals*

HELD OVER 2 CONSECUTIVE DAYS

Saturday & Sunday

Start 10am | Finish 6pm

45 minute lunch break

14th & 15th September  
12th & 13th October  
16th & 17th November  
14th & 15th December

2024

### *The Pawsome World of Reiki for Animals*

HELD OVER 2 CONSECUTIVE DAYS

Saturday & Sunday

Start 10am | Finish 6pm

45 minute lunch break

4th & 5th January  
1st & 2nd February

2025

£0  
FREE



## PREREQUISITES

Usui Shiki Ryoho system of natural healing & lineage to 1st generation

- Reiki 1, 2 (min. 6 months), Reiki 3 (min. 12 months)
- Attunements received must be in person
- Fluent in the drawing and understanding of the Reiki Symbols (Applies only to Reiki 2 & 3)

## COMPLIES TO STANDARDS

- Core Curriculum (CC)
- National Occupational Standards (NOS)
- Reiki Council (RC) Reiki for Animals
- Complementary Health Professionals (CHP)
- Lantra1
- Lantra 2
- Lantra 3
- LanaC10



Accredited, Assessed,  
Certified & Verified by



Continued over...

# COURSE HIGHLIGHTS

- Apply non-invasive techniques to 3 different animals; Cat, Dog & Horse
- Explain how Reiki can complement & support conventional veterinary care
- Take the case in line with the Veterinary Surgeons Act 1966 & all health and safety legislation relating to animal welfare. This includes red flag issues, informed consent, GDPR & confidentiality
- Knowledge and understanding of essential details from the Veterinary Surgeons Act 1966 with related guidance from the Royal College of Veterinary Surgeons (RCVS) Code of Professional Practice, called “Sessions of animals by unqualified persons”.
- Understand a complementary therapist cannot make a diagnosis or give advice on medication
- Know when to call a veterinary surgeon
- How to approach animals in a confident manner and put the animal at ease to establish trust
- Create & adapt the right environment for working on animals
- Understand how to allow the animal to lead the session & know when to end the session
- Assist with post-operative & pre-operative sessions
- Have awareness of the basic skeletal, muscle & organ structures & locations of a Cat, Dog and Horse
- Have awareness and locate the chakra positions on a Cat, Dog and Horse.
- Work effectively with nothing but their hands
- Be able to adapt the environment for effective Reiki session
- Be able to accurately record sessions, reflect on session and give appropriate aftercare advice, to include 5 welfare needs of the animal
- Offer distant/absent healing techniques
- How to work in animal rescue centres
- Understand obligations in reporting animal abuse or neglect in accordance with the Animal Welfare Act 2006
- Understand insurance requirements for working with animals
- Understanding Codes of Ethics and the importance of belonging to a professional association
- Market yourself staying within legal requirements
- Maintain professional boundaries
- Understand the need for continuing professional development

Full information available on our website

<https://www.reikitradition.me.uk/pawsome-world-of-reiki-for-animals>

CLICK ME

SCAN  
ME



REGISTER your interest to attend

<https://www.reikitradition.me.uk/register-your-interest-to-attend>

CLICK ME

SCAN  
ME



Continued over...

## Understanding Animals

A working guide for Reiki Practitioners



To obtain your copy click [here](#)

Essential information for anyone who works with animals



A Reiki Council publication

Students/Practitioners attending our "Pawsome World of Reiki for Animals" course will be guided on the Reiki Council-Reiki for animals book, "Understanding Animals: A Working Guide for Reiki Practitioners". This book focuses specifically on cats, dogs, horses, donkeys and mules in relation to basic anatomy, physiology and behaviour.

It includes information relating to health and safety, animal welfare and UK legislation which is also relevant to a wide range of other species.

Developed to support Reiki Practitioners for Animals to meet the criteria of the Reiki Council, it is a valuable reference resource based on key aspects of UK National Occupational Standards.

Those learning Reiki for Animals will find it invaluable.

The publication provides helpful information for anyone working with animals.

FREE



This **FREE Course** is very popular, we kindly suggest registering ASAP for courses commencing **September 2024 until February 2025**

## GIVING BACK

The Pawsome World of Reiki for Animals

Here at Reiki Tradition we like to Give Back, we support the local community and people in need of Reiki Therapy in Hospitals, Care Homes and Hospices, and we believe it is equally important with our animal kingdom.

Although The Pawsome World of Reiki for Animals is a **FREE** to attend course, we raise funds for Battersea and a donation however much for attending the course is very much appreciated.



The decision to support Battersea is one that was based on their work throughout the UK and abroad.

While Battersea always focus on caring for animals at their three centres, helping animals beyond their gates is an important part of their mission to be there for every dog and cat. Battersea was founded over 160 years ago, and in that time they've learnt a lot. Now, they want to do more for animals by sharing their knowledge, expertise and resources through their Academy programmes, grants and animal partnerships.

To learn more about Battersea and their incredible work click the Battersea Logo above.

# SWITCHING TO ACCREDITED



## Changed your mind?

NO PROBLEM.... READ ON

**At Reiki Tradition School of Reiki we make it so easy for students to switch**

We fully understand as students' progress on their Reiki journey they develop, blossom and bloom. Doors start to open and opportunities begin to arise.

All our courses are taught to the **Core Curriculum and National Occupational Standards**.

Basically the **Core Curriculum** is a set of standards that a student is required to meet for Accreditation.

The **National Occupational Standards** are a set of Standards we at Reiki Tradition School of Reiki must abide to and this sets the itinerary of which we have to follow in regards of delivering courses to students Core Curriculum and National Occupational Standards work hand in hand together.



**Continued over...**

We often get asked if we run two courses  
Accredited and Non-Accredited?



THE simple answer is 'NO'

This is because all courses are run to the **Core Curriculum** so are exactly the same. However, if you choose **Accredited** you must complete;

**65 Hours Classroom based training, and 175 Hours of Documented Case Studies**

So basically the training for Reiki 1 and Reiki 2 are exactly the same, the only difference between Accredited and Non-Accredited is that upon completion of the classroom based training on the Sunday (the second day of the course) the Non-Accredited students will receive a Certificate of Attendance within 48 hours.

Whereas the Accredited Students will need to continue, pursue and submit the Case studies as shown on page 13.

**But, when we take a closer look the Non-Accredited Students are receiving the same knowledge and understanding as their counterpart Accredited Students on exactly the same course.**

**If a student initially attended a Non-Accredited Course there is no problem at all with then switching to the Accredited Qualification; it's as easy as that.**

No matter what stage the student is currently at we can change you over to Accredited

Let's take a look at two examples....

Continued over...

## EXAMPLE 1

**The student has completed our Reiki 1 (1st Degree Course) as a Non-Accredited Student**

The cost of Reiki 1 was **£95**

The price for our Accredited Qualification is **£700**

**All we do is simply deduct the £95 from £700 leaving a balance of £605 to be paid**

Students are then required to pay our **Fixed Deposit amount of £140** leaving a **balance of £465** which can be paid either straight away or take advantage of our 0% Easy Payment Plan

**Monthly payment from as little as £38.75 over a 12 month period**

## EXAMPLE 2

**The student has completed our Reiki 1 (1st Degree Course and Reiki 2 (2nd Degree Course) as a Non-Accredited Student**

The cost of Reiki 1 was **£95**

The cost of Reiki 2 was **£200**

The price for our Accredited Qualification is **£700**

**All we do is simply deduct the £95 and the £200 from £700 leaving a balance of £405 to be paid**

Students are then required to pay our **Fixed Deposit amount of £140** leaving a **balance of £265** which can be paid either straight away or take advantage of our 0% Easy Payment Plan

**Monthly payment from as little as £22.08 over 12 month period**

Once the initial fixed deposit has been paid we will supply all necessary paperwork to allow you to start with progressing with Case Studies

**0%**

**For further info on our  
EASY PAYMENT PLAN  
Click me OR Scan me**

I'll take you straight to our website



Students taking advantage of our 0% Easy Payment Plan, certification will be presented once the student has completed all course training hour, submitted all case studies and has paid in full

# PAYMENT PLANS

How we can help



Here at Reiki Tradition School of Reiki, we like to help and assist potential students to gain the prestigious Reiki Accredited Qualification.

We understand that you may want and even require an Accredited Qualification to allow you to work professionally within Statutory Settings with Reiki, if either you work single handily or part of much larger multi-disciplinary teams in voluntary or paid positions within the NHS, Care Homes, Hospices or even veterinary surgeries working with animals.



When you teach from the Heart,  
you reach the Soul of the Student

We also understand that the overall cost of gaining an Accredited Qualification can be out of the reach financially, difficult and almost impossible for many, yet so many potential students require the Accredited Qualification.

So, early in December 2023 we came up with a plan to make things a little easier financially.

**On the next page are the 3 options available.**

There is also an easy to use calculator on our website which works out automatically the monthly payment depending on how many months you wish to spread the balance over.

**Continued over...**

[www.reikitradition.me.uk/accredited-students-payment-plan](http://www.reikitradition.me.uk/accredited-students-payment-plan)



## HERE'S the 3 options for the 0% APR Easy Payment Plans

### Accredited Qualification

This plan is available for any new student requiring the Accredited Reiki Qualification  
Here's how it works

- A fixed deposit amount is payable at time of booking
- Students then select between 2-12 monthly repayments on the balance outstanding
- Students then need to complete
  - 65 hours classroom training
  - 175 home study work (case studies)

THIS CAN BE PURCHASED FOR £47 PER MONTH CHOOSING 12-MONTH REPAYMENT PLAN

### Reiki 1

#### 1st Degree Non-Accredited



#### Reiki Accredited Qualification

For all our Reiki 1st Degree Non-Accredited students, we have a plan for you to upgrade to our Accredited Reiki Qualification

#### Here's how it works

- We deduct the price you have already paid when attending your Reiki 1st Degree Course
- A fixed deposit amount is payable at time of booking
- Students then select between 2-12 monthly repayments on the balance outstanding
- Students then need to complete
  - 65 hours classroom training
  - 175 home study work (case studies)

THIS CAN BE PURCHASED FOR £38.75 PER MONTH CHOOSING THE 12 MONTH REPAYMENT PLAN

### Reiki 2

#### 2nd Degree Non-Accredited



#### Reiki Accredited Qualification

For all our Reiki 2nd Degree Non-Accredited students, we have a plan for you to upgrade to our Accredited Reiki Qualification

#### Here's how it works

- We deduct the price you have already paid when attending your Reiki 1st & 2nd Degree Courses
- A fixed deposit amount is payable at time of booking
- Students then select between 2-12 monthly repayments on the balance outstanding
- Students then need to complete
  - 65 hours classroom training
  - 175 home study work (case studies)

THIS CAN BE PURCHASED FOR £22.08 PER MONTH CHOOSING THE 12 MONTH REPAYMENT PLAN

1st & 2nd Degree students 'Do not Worry' you are not required to re-sit your training.

1st degree students you will be asked to complete 2nd Degree which forms part of the Core Curriculum (65 hours classroom based training). All costs have been accounted in the relevant plans. No further money to pay.

# UPCOMING EVENTS

... and some are

FREE

## AWARENESS & DEVELOPMENT

THIS IS A VERY SPECIAL EVENT LIMITED TO 8 ATTENDEES

**NEXT AVAILABILITY**  
HELD OVER 12 CONSECUTIVE EVENINGS

**Wednesday 11th September**

THEN EACH CONSECUTIVE WEDNESDAY FOR 12 WEEKS

Start 7pm | Finish 9.15pm



**BOOK NOW**

TO AVOID DISAPPOINTMENT



SO, YOU MAY ASK;  
'WHAT WILL I LEARN'

Upon completion you will have the  
ABILITY, KNOWLEDGE & FULL  
UNDERSTANDING OF SPIRIT

[Link to Spirit & give basic Readings & Messages](#)

**£120**

ONLY £10 PER WEEK

All our Reiki Practitioners have a full understanding of Spirit & Guides  
this event will definitely help in your work, either working on humans or Animals

### EVENT INSIGHT

Our current Awareness & Development Group is a small of 6 students which has been running since mid February this year.... I can honestly say they're doing terrific within a period of only 6 weeks, (only around 12 hours). Students now fully understand the way Spirit communicate and are able to give and receive basic messages.

Last Friday evening the group met Zoe Gregory a personal friend and practitioner of Reiki Tradition School of Reiki. Zoe demonstrated her skills of Physic Writing.

This is a superb evening with lots of student participation. Zoe and myself will guide the Guides to enable the students to pick up the pen and start to write from Spirit vibes and start to write from spirit.

WE HAVE SUPERB RESULTS, SPIRIT ARE  
ALWAYS EAGER TO SHOW AND DEMONSTRATE  
THEIR SKILLS



This event is  
a must for  
anyone curious  
or just simply  
wanting to work  
with Spirit

UNDERSTAND  
HOW WE &  
SPIRIT  
COMMUNICATE



### HERE'S WHAT YOU'LL LEARN

SCROLL DOWN  
FOR MORE  
INFO

# ON THIS EVENT

We start at the very beginning

## AWARENESS

We then move on to

## DEVELOPMENT

- Become aware of Spirit for the very first time
- Basic signs & communications skills
- Fully understand when Spirit are communicating & how easily to pick-up on this new energy
- How to communicate back
- Understanding presence

- Development continues on from Awareness
- Develop your new found skills of Awareness
- Development takes you into the area & field of Mediumship
- Makes the bond between physical & Spirit stronger

## SPIRIT USE A WHOLE RANGE OF ITEMS IN OUR PHYSICAL WORLD TO COMMUNICATE

Here we demonstrate these items to you, you then have the opportunity to have a go yourself

### UNDERSTANDING

- Opening Spiritual discussion
- Vibration, Frequency & Energy
- Our conscious mind
- Spirit; how we miss the signs & communication
- Gut feelings, Colours, Pictures or just a sense or feeling
- Auras;
  - Seeing each individual colour of our own & then looking & seeing other's Auras
- Spirit energy within our energy field
- How spirit communicate with us

### COMMUNICATING

- Feel & sense for the first time Spirit communication
- We start to build on this communication
- Communication Skills
- We let Spirit give us chosen objects, colours, fabrics etc
- We start linking to other attendees and giving basic messages
- Flower reading

### INTRODUCING

- Pendulums
- Tarot Cards
- Crystal Ball
- Physic writing – WITH GUEST SPEAKER
- Physic drawing
- Psychometry
- Transconfiguration

ALL of this and much more including GUEST SPEAKERS



REFER A FRIEND!

## YOU RECEIVE



Refer a Friend to attend any course and receive £10 when deposit paid

# UPCOMING EVENTS

HEAR it here FIRST

## BEAT YOUR EGO



Two Events Yearly  
Wednesday Evening  
Start 7pm | Finish 9pm

### ON THIS EVENT

Learn how to manage and work with ego, clear your mind of busy random thoughts, working with clear minds is essential when working with spirit and energy

## AWARENESS & REGRESSION



Two Events Yearly  
Two Consecutive Friday Evenings  
Start 7pm | Finish 9pm

### ON THIS EVENT

On the first session we learn how to become Aware of Spirit, the second we take you back to a past life you once lived

## SPECIAL EVENTS



### DOOR ENTRANCE FEE:

FHT Members £8 (please bring membership card)

Non-Members £10

Students £5 (please bring student card)



MANCHESTER NORTH  
Local Support Group  
Start 7pm | Finish 9pm

### ON THESE EVENTS

WE bring you Expert Speakers demonstrating an array of therapies all with audience participation. These are great evenings for you to come along to meet like minded people and a chance to network



# NEXT *Special* EVENT

## BASIC FIRST AID & CPR



**MANCHESTER NORTH**  
Local Support Group

Monday 27th May 2024  
Start 7pm | Finish 9pm

### Venue

The Therapy Rooms, 176 Oldham Road, Springhead, Oldham, Lancs, OL4 5SJ

### ON THIS EVENT

We welcome back Jane on her fourth visit to the **The Therapy Rooms** speaking at our FHT Local Support Group.

Jane will be teaching us **Basic First Aid & CPR**.

**An evening GUARANTEED not to be missed.**

You will be presented with a **FREE 12 months First Aid Certificate** at the end of the evening, along with a **CPD Certificate of attendance**.

**This Event is open to everyone not just FHT Members.**

**If you would like to attend please contact Martin ASAP**

# BOOK NOW

Mobile: 07966 149 365  
Office: 0161 627 5413

Email: [contact@therapyrooms saddleworth.co.uk](mailto:contact@therapyrooms saddleworth.co.uk)



# NEXT *Special* EVENT

## Beginners Pendulum Dowsing



**MANCHESTER NORTH**  
Local Support Group

Monday 29th July 2024

Start 7pm | Finish 9pm

### Venue

The Therapy Rooms, 176 Oldham Road, Springhead, Oldham, Lancs, OL4 5SJ

### ON THIS EVENT

Martin our very own FHT Manchester North Local Support Group Co-ordinator will be demonstrating basic pendulum dowsing at **The Therapy Rooms**.

Plenty of pendulums will be available on the evening and a great opportunity to learn the basics of this fascinating ancient art covering the history of Dowsing and the tools used.

**The evening incorporates audience participation.... a superb evening for you to come along and have a go.**

Meet like-minded people and a chance to network.

**This Event is open to everyone not just FHT Members.**

**If you would like to attend please contact Martin ASAP**

# BOOK NOW

Mobile: 07966 149 365

Office: 0161 627 5413

Email: [contact@therapyroomsaddleworth.co.uk](mailto:contact@therapyroomsaddleworth.co.uk)



WITH  
Martin  
Thirlwell  
Mfht | Mchp



# NEXT *Special* EVENT

## Animal Healing



### MANCHESTER NORTH Local Support Group

Monday 23rd September 2024  
Start 7pm | Finish 9pm



Email: [contact@therapyroomsaddleworth.co.uk](mailto:contact@therapyroomsaddleworth.co.uk)

**BOOK  
NOW**

Mobile: 07966 149 365  
Office: 0161 627 5413

WITH  
Lynnette  
Jackson



#### Venue

**The Therapy Rooms, 176 Oldham Road, Springhead, Oldham, Lancs, OL4 5SJ**

#### ON THIS EVENT

Our very own Lynnette Jackson from The Pawsome World of Reiki for Animals joins us this evening to demonstrate Animal Healing; an insight into Reiki with Animals.

Lynnette professionally works with animals as a Canine Hydro-therapist and also in a veterinary clinic. Lynnette is also 11th Generation Reiki Master.

We are a nation of animal lovers and don't want to see our animals suffering; this evening is designed to give you the tools to assist and help with ailments that your pet may have, such as stress, anxiety, pain or general wellbeing .

It must be mentioned that healing on animals is a complementary therapy and compliments any holistic care and also veterinary care your animal may be receiving and that should continue and not be withdrawn.

**This Event is open to everyone not just FHT Members.**

**If you would like to attend please contact Martin ASAP**

# ADDED VALUE

THE EXTRAS COMPLETELY FREE OF CHARGE WHICH THE ON-LINE COURSES DON'T GIVE YOU

## REIKI SHARES

### What is it?

Reiki Shares are a great opportunity to practice your Reiki, become more confident, meet and network with like-minded people.

### Who is it for?

YOU!!..... whether you're a Reiki 1, 2, 3 (Master) or considering attending any of our Reiki Courses come along..... come along have a go, ask as many questions as you like; it's a great experience.

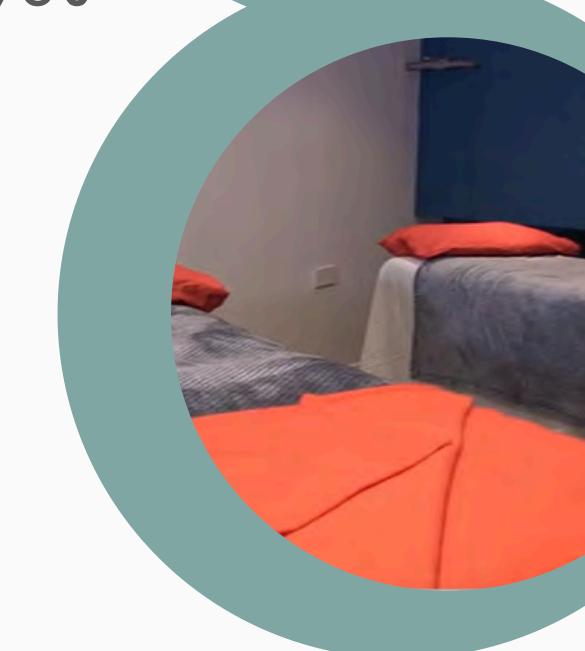
### When is it?

#### NEXT AVAILABILITY

Start 1pm | Finish 4pm

Sunday 25th August

Sunday 22nd December



We look forward to meeting you

# MORE ADDED VALUE

AND AGAIN .....THE EXTRAS COMPLETELY FREE OF CHARGE WHICH THE ON-LINE COURSES DON'T GIVE YOU

## TOP-UP ATTUNEMENTS

### What is it?

Feeling you are getting run down, tired, lethargic, Need a boost?.... then come along for a Top-up Attunement

### Who is it for?

Reiki 1, 2, 3 (Master) Reiki Tradition Course attendees

### When is it?

#### NEXT AVAILABILITY

Start 1pm | Finish 4pm

Sunday 23rd June

Sunday 24th November

This event is very popular, waiting is guaranteed, please arrive anytime between 1pm and 4pm



# FEATURED STUDENT

It's our aim each quarter to feature a Selected Student, for their outstanding work, dedication and passion towards Reiki



Piotr Kieruzel

**Reiki Tradition School of Reiki** have had an alliance with the **NHS Dialysis Renal Unit in Oldham** for quite some time now.

This is quite a difficult Statutory setting for a Complementary Therapist to work in; a lot of red-tape, meetings with NHS Trustees / Management, Induction Days, Interviews and not forgetting ALL requirements of NHS Registrations.

The indepth interview can take many weeks to pass through each section, however, it is important as it all refers to "Protecting the General Public".

This quarter our **Featured Student** goes to **Piotr Kieruzel**. Piotr has been working extremely hard meeting all demands and attending all meetings submitting all paperwork asked of him from the Dialysis Renal Unit.

Earlier this year on 15th January, Piotr was invited for an interview as a Reiki Therapist and on Monday 15th March Piotr started as a **Complementary Reiki Therapist** working with Reiki on Dialysis Patients in the NHS.

**What an achievement** not just for **Reiki Tradition School of Reiki**, but a massive congratulations to Piotr. **You are going to do fantastic.**

Students who go on to work within Statutory Settings are presented with our **Reiki Tradition School of Reiki** Polo Shirt Uniform to wear, which Piotr wears here.

Well done Piotr, an incredible achievement, we're all enormously proud of you, 



When you teach from the Heart,  
you reach the Soul of the Student

# STANDARDS

Rest assured when selecting Reiki Tradition School of Reiki as your training provider you are receiving the very best within the Reiki Industry



*Reiki Tradition*  
*Stand up for Standards*

All our courses are run to the Syllabus Standards of;



Core Curriculum



National Occupational Standards

**We're an Accredited Training Provider  
Certified and Verified  
by leading organisations**



Federation of  
Holistic Therapies  
(FHT)



Complementary  
Health  
Professionals  
(CHP)



Complementary &  
Natural Healthcare  
Council  
(CNHC)



Reiki Council  
(RC)

**Rest assured, when booking a Course or Event with Reiki Tradition School of Reiki any data collected or stored on our database is safe & secure**



Information Commissioner's Office  
CLICK LOGO TO VIEW OUR  
REGISTRATION CERTIFICATE

We are a **Secure Data Controller**, registered on the **ICO Data Controller Register**. Storing and keeping **your** details secure is our **priority**, we never share your data with any third party.

We only use our own in-house server, which is encrypted and password protected. We do not use cloud base systems. You can be assured your details are safe and secure.

**We're the Training Provider with the Highest of Standards**

# CORE CURRICULUM

What is it and what does it mean?



Dr Michael Dixon and the Integrated Medicine Alliance meet with the then HRH The Prince of Wales (now King Charles III) at Clarence House

**One thing we specialise in at Reiki Tradition School of Reiki is the Core Curriculum. Let's take a look how Integrated Healthcare started.**

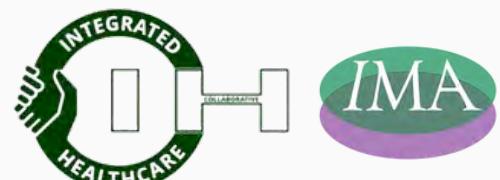
**The Prince's Foundation for Integrated Health was a charity founded by the then Prince Charles in 1993 to promote Complementary and Alternative Medicine (CAM). The Prince lobbied for its inclusion in the National Health Service (NHS).**

In 1996 the foundation launched the Integrated Medicine Initiative (IMA) to research and develop CAM treatments.

The foundation closed in 2010, and The Integrated Medicine Alliance (IMA) was started February 2019. King Charles III is the Patron for the IMA.

The IMA is a group of organisations that have been brought together for the purpose of encouraging and optimising the best use of complementary therapies alongside conventional healthcare for the benefit of all.

The idea for this group was conceived by Dr Michael Dixon of the College of Medicine in discussion with colleagues associated with the College. The initial meeting to convene the group was held in February 2019.

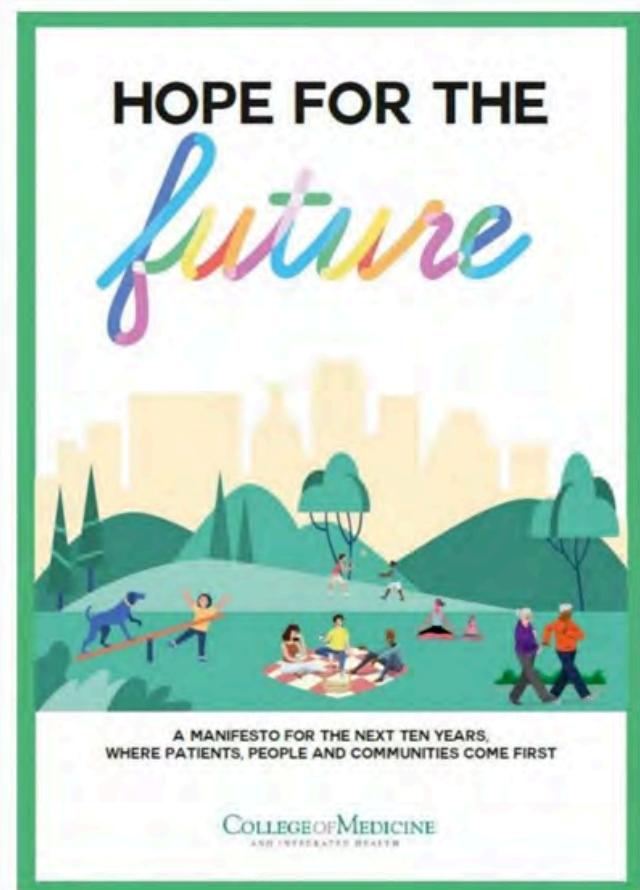


**COLLEGE OF MEDICINE**  
AND INTEGRATED HEALTH

Reiki Tradition School of Reiki are full members of the IMA and College of Medicine we also work with the FHT with all aspects of Reiki.

**Continued over...**

The IMA have a 10 year Manifesto regarding Integrated Healthcare called, 'Hope for the Future'.



**The CNHC write the Core Curriculum for Reiki. This is something we adhere to at Reiki Tradition School of Reiki for all our Accredited Students.**

Reiki Tradition School of Reiki are listed on this Accredited Register and are also listed on the CNHC Website as an Accredited Reiki Training Provider.



The Complementary and Natural Healthcare Council (CNHC) was formed by the UK Government via the IMA to safeguard the general public. The CNHC operate the Accredited Register accountable to parliament for Safeguarding the general public with regards to alternative medicine practitioners.

It's essential that any Reiki Practitioner requiring to work within Statutory Settings is the norm that all Statutory Settings require and ask for. This comes back to "Safeguarding the General Public", Standing up for Standards.

**Below we explain what the Core Curriculum states;**



**Continued over...**

## The Core Curriculum states;

### 65 HOURS OF CLASSROOM BASED TRAINING

Therefore, this means any on-line course is not relevant

|                      |          |
|----------------------|----------|
| Reiki 1 (1st Degree) | 15 hours |
| Reiki 2 (2nd Degree) | 15 hours |
| Development Day 1    | 7 hours  |
| Development Day 2    | 7 hours  |
| Development Day 3    | 7 hours  |
| Development Day 4    | 7 hours  |
| Workshop Day 1       | 7 hours  |



**TOTAL = 65 HOURS  
TRAINING**

### 175 ONE HOUR DOCUMENTED CASE STUDIES

100 x One hour SELF-HEALING or RECEIVED TREATMENTS  
THIS MUST INCLUDE;

|                                                                                      |          |
|--------------------------------------------------------------------------------------|----------|
| Reiki 1 (1st Degree)                                                                 | 30       |
| Reiki 2 (2nd Degree)                                                                 | 70       |
| 4 People receive 10 one hour treatments each                                         | 40 hours |
| 35 Other People receive 1 one hour treatment each<br>NB: 5 OF THESE MUST BE OBSERVED | 35 hours |



**TOTAL = 175 DOCUMENTED  
1 HOUR TREATMENTS**

**Reiki Tradition School of Reiki  
are here to help and assist all  
our students to become  
Certified and Verified by the  
CNHC.**

**To take advantage of this or  
for more information please  
contact Martin.**

# INTEGRATED HEALTHCARE

What this means



**More and more Hospitals, Hospices, Care Homes and even Veterinary Surgeries, Animal Shelters and Homes are becoming more aware of the Syllabus Standards for Integrated HealthCare.**

**Reiki Tradition School of Reiki** under the Guidance of the CNHC visit many Hospitals and Hospices speaking regarding the Standards required and awareness when working with Complementary Therapists within Statutory Settings **“Standing up for Standards”**.

I have to emphasise, it's sad and a reality just how many do not know the Standards required. It's almost like a ripple effect as one hospice knows the Standards required then others soon follow.

It's been a difficult few years work, but we are getting there. Soon all Hospitals, Hospices, Care Homes etc will be working to the new Standards.

If you require any materials, posters, handouts etc for your business to explain the CNHC Standards then please let me know. Perhaps you need a inspirational speaker; again please let me know. We are here at Reiki Tradition School of Reiki to work with you.

**Reiki Tradition School of Reiki** only specialise and work with Reiki, so this is the **only** complementary therapy I can speak about.

**Basically Integrated Healthcare require any Reiki Practitioner requiring to work within Statutory Settings to have the following:**

## BEEN

- Taught to the Core Curriculum

## COMPLETED

- 65 hours training
- 175 case studies

## REGISTERED

- On the CNHC Accredited Register
- A full member of one of the verification organisations of the CNHC

**Reiki Tradition School of Reiki** can help and assist any student to become registered with the CNHC.

This is a very difficult task as you just cannot become a member of the CNHC, there is a special route Students need to take, we work with verifying organisations and assist our own students to get this prestigious registration.

**Please contact Martin if you require any further information**

# FHT

Federation of Holistic Therapists



# FHT

COMPLEMENTARY • BEAUTY • SPORTS



Belonging to the FHT and being listed on their Register helps to demonstrate our professionalism. The FHT promote best practice to the world, as well as the therapies.

Martin Thirlwell, owner of **Reiki Tradition School of Reiki** has been the **FHT Manchester North Local Support Group (LSG) Co-ordinator** since 2015.

The purpose behind the LSG is to arrange four meetings a year, when we invite professional speakers to come along and talk and also demonstrate their therapy, skill, hobby in fact anything that will be interesting for others to learn from.

All our LSG Meetings have audience participation. It's a fantastic way to be introduced to new therapies new skills, meet like minded people and a chance to network and promote any ideas you may have.

#### **A few meetings we have run include:**

- Basic First Aid and CPR  
(*FREE 12 months certificate is included*)
- Basic Sign Language
- Pendulum Dowsing for beginners
- Reiki for beginners
- Yoga
- Crystal Healing
- Reiki for Animals
- Indian Head Massage
- Cupping
- Reflexology

Each year the FHT celebrates its members through the **FHT Excellence Awards**.

These awards offer all FHT members a chance to be noticed for their hard work in the therapy community, recognising and celebrating the incredible work each carry out in their practices, as well as those who share a passion for training and education.

It's never been more important to showcase our work and show the many ways professional therapists can make a real difference to the health and wellbeing of others.



2022 saw  
Martin in the  
Final and  
eventual  
runner -up

#### **LET'S MAKE 2024 AN INCREDIBLE ONE**

# NOMINATE

To nominate Martin, simply visit

[fht.org.uk/awards](http://fht.org.uk/awards)

and follow the on-screen instructions

Entries are open to all FHT members and accredited course providers

Entries open Wednesday 1st May and close on Friday 30th June 2024

# CPD

Continuing Professional Development



For the FHT, Continuing Professional Development (CPD) is an essential part of good professional practice as well as a fundamental principle of professional ethics.

For the public, service users and employers, CPD provides the reassurance that as individuals, and as a profession, FHT Members are committed to upholding standards.

FHT Members and Fellows are expected to complete a minimum of 10 CPD points per membership year.

Different societies / organisations can ask for Points or the equivalent in Hours.

## CPD for Therapists and Reiki Practitioners

All registered Therapists and Reiki Practitioners under the Federation of Holistic Therapists (FHT) are required to keep their skills and knowledge up to date through Continuing Professional Development (CPD).

This development can be in the form of work-based learning, formal & educational activities and self-directed activities. Basically anything that can help advance a Therapist or Reiki Practitioner's professional development and improve their knowledge.

All FHT registered Therapists / Practitioners are required to complete a minimum of 10 points per registration year.

For example, if you registered on the 1st September 2023 then you have an obligation to complete your 10 points by 1st September 2024.

LEARN MORE  
ON THE FHT  
WEBSITE HERE



All our courses and events  
count towards CPD Points

Since many Therapists/ Practitioners work on their own, studying with groups and other Therapists/Practitioners allows you to exchange information and knowledge about the profession.

There is no better place to do this than with our hands-on Dissection Classes and Events that take place regularly at The Therapy Rooms

Continued over...

# Why should Therapists and Reiki Practitioners Undertake CPD?



Apart from being required by most regulators to undertake a certain amount of CPD every year, there's also plenty of other benefits for both your patient and you...

## PATIENT BENEFITS

- ✓ Improvement in the quality of care provided to patients
- ✓ Reassurance that the therapist / practitioner is up to date with new techniques
- ✓ Improved patient confidence in the therapist's abilities

## YOUR BENEFITS

- ✓ An opportunity to improve your medical knowledge and career
- ✓ Improved relationship with professional groups and other therapists / practitioners
- ✓ A great way to make new contacts and friends, and a chance to network
- ✓ Greater awareness of developments in the field of medicine & Reiki Therapy

HERE at Reiki Tradition School of Reiki you would gain the following CPD Points:

- Reiki 1st Degree Course.... GAIN 12 CPD POINTS
- Reiki 2nd Degree Course.... GAIN 29 CPD POINTS
- Reiki 3rd Degree Course.... GAIN 29 CPD POINTS
- Reiki Accredited Qualification Course.... GAIN 940 CPD POINTS
- Assistants assisting on any course.... GAIN 2 CPD POINTS
- FHT Manchester North Local Support Group Attendees.... GAIN 2 CPD POINTS

# CNHC MEMBERSHIP

What is it?



As we now know from reading the above section 'Core Curriculum' the **CNHC was set up by Parliament** to produce a set of standards that will protect the general public working within Statutory Settings.

The CNHC also have an Accredited Register



The **Complementary and Natural Healthcare Council** (CNHC) is a regulatory body in the United Kingdom which provides a voluntary register of **complementary**, rather than alternative medicine therapists.

The key purpose of CNHC is to act in the public interest and enable proper public accountability of the complementary therapists that it registers.

The CNHC was founded in 2008 with government funding and support, and became fully operational in early 2009.

In 2013 it was approved as the holder of an '**Accredited Voluntary Register**' by the **Professional Standards Authority for Health and Social Care** (PSA).



## The NEED for Regulation



In November 2000, the **House of Lords Select Committee** on Science and Technology reported on complementary and alternative medicine and considered the public health policy needs and **NHS** provision of these treatments.



Continued over...

In one of its many areas of consideration, the report considered the needs to provide public protection by regulating practitioners. It noted that those practices that could injure patients were either already statutorily regulated chiropractic and osteopathy or were soon to be herbalism and acupuncture.

The remaining largely placebo based therapies and those without a sound evidence base for their efficacy and robust regulatory systems e.g. reiki, massage therapy, aromatherapy, yoga and homeopathy, suffered from having a large number of fragmented registration bodies with considerable diversity of standards.

**The House of Lords** found this unacceptable and that "in the best interests of their patients such therapies must each strive to unite under a single voluntary regulatory body".

The House of Lords described the necessary features of an effective voluntary self-regulatory body.

These included having a register of members, educational standards, a code of ethics and practice, a public complaints mechanism, and the capacity to represent the whole profession.

## The FEDERAL WORKING GROUP

Following publication of the report, the **Department of Health** (DH) asked **The Prince's Foundation for Integrated Health** (FIH), (a not for



profit organisation founded by The Prince of Wales), to facilitate the development of a federal 'umbrella' regulator for these therapies. The Foundation, which is now defunct, promoted the inclusion of non-evidence based alternative therapies into public healthcare in the UK. The process was funded by a DH grant of £900,000 over a three-year period from 2005 to 2008.

On behalf of the FIH, Professor Dame Joan Higgins was asked to Chair a **Federal Working Group** which was to look into setting up what was to become the **Complementary and Natural Healthcare Council**.

**Therapies who participated in the Working Group were Alexander Technique, Aromatherapy, Bowen Technique, Cranial Therapy, Homeopathy, Massage Therapy, Naturopathy, Nutritional Therapy, Reflexology, Reiki, Shiatsu and Yoga Therapy.**

**Other eligible therapists were aromatherapists, reflexologists and reiki practitioners, although these practices were not represented.**

If you are considering working with **Reiki** in a **Statutory Setting**, then it is **advisable** and **compulsory** to be listed on the **CNHC Accredited Register**.

**Continued over...**

## HOW we can help

Reiki Tradition School of Reiki can assist in this prestigious listing.

Please note you can't just be a member of the CNHC, strict verification is in place which can only be carried out by one of the CNHC verification governing bodies.

**Reiki Tradition** are part of one of these governing bodies to help and assist **our Reiki Students** to become **recognised by the CNHC** to then have the assurance of the CNHC Registration to allow them to work within **Statutory Settings** either single handedly or part of much larger Multidisciplinary teams.

If you require any further information, please do not hesitate to contact Martin, he will pleased to offer assistance to get you Registered



## NEWSLETTER

### SIGN-UP here

If you know anyone interested in receiving our FREE Newsletter direct to their in-box, sign up here

[www.reikitradition.me.uk](http://www.reikitradition.me.uk)



SCAN ME  
CLICK ME  
ALL WILL TAKE YOU DIRECT TO OUR WEBSITE



CLICK HERE

Scroll to the bottom of our home page to sign-up

# ROOM HIRE

Here at The Healing & Training Centre in our beautiful Saddleworth

**DID  
YOU  
KNOW?**

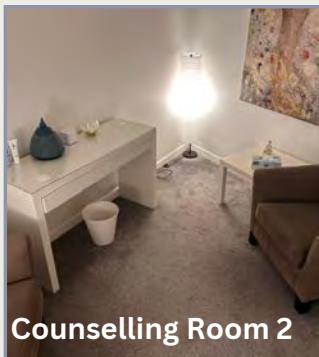
FOR  
RENT



**YOU can hire our rooms**



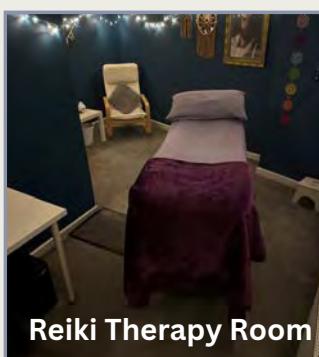
Counselling Room 1



Counselling Room 2



Training Room



Reiki Therapy Room

**Rooms available**

**365 Days a year**

**24 Hours a day**

**2 Counselling Rooms**

**1 Reiki Therapy Room**

**1 Training Room (max 12 people)**

FOR more info call Martin

**07966 149 365**

## NEXT ISSUE: Summer 2024

**SIGN-UP here**

[www.reikitradition.me.uk](http://www.reikitradition.me.uk)

**CLICK ME**



SCAN ME



ALL LINKS TAKE YOU DIRECT TO OUR WEBSITE



# COMPETITION TIME

## JUST FOR TODAY PUZZLE



How good is your Reiki knowledge?

If you fancy your chances, enter our competition over the page for the opportunity to WIN!

First one to email us the correct solution BEFORE Sunday 30th June 2024 will win a FULL BOX of Nag Champa incense... that's 12 packs in the box!!

WINNER WILL BE PUBLISHED IN NEXT ISSUE ALONG WITH ANSWERS.... GOOD LUCK FOLKS!!



EMAIL THE COMPLETED CROSSWORD TO  
[info@reikitradition.me.uk](mailto:info@reikitradition.me.uk)

CLOSING DATE  
Sunday  
30th June 2024



**across:**

- 2: You can use this in a Reiki Treatment
- 7: This is a statutory setting
- 9: What does a student need to gain to work within Statutory Settings
- 11: Who is first generation
- 14: How many attunements does a student receive attending a Reiki Course
- 15: This lady is third generation
- 16: What is significance of Rei
- 17: Cleaning away negative energy indoors
- 19: What is life force energy
- 20: These people are always around us

**down:**

- 1: How many days is a first degree Reiki course run over
- 3: The Country of origin for Mrs Takata
- 4: What is the reason behind being registered on an Accredited Register
- 5: You could possibly use this in a Reiki Treatment
- 6: Where did Usui Sensei receive his empowerment enlightenment
- 8: We say this at the beginning of every Reiki Treatment
- 10: What is the country of origin for Reiki
- 12: This person is second generation
- 13: What is the significance of Ki
- 18: I feel ungrounded
- 19: What is the fragrance of oil we use at Reiki Tradition School of Reiki

# THANK YOU

for joining us on the first issue of

# JUST FOR TODAY

Official newsletter of Reiki Tradition Healing & Training Centre

靈氣 傳統

We'd love to see you again

**NEXT ISSUE: Summer 2024**

Issue No.2 what's coming up....

Features include  
Your FHT Membership  
Battersea Donations  
PossAbilities  
Our volunteer work  
Dr Lang  
Social Prescribing  
Plus much, much more...

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This newsletter is for you, and we'd love your feedback....  
like to see something published?.... then please give us a call